

OUTDOOR CLUB of
SOUTH JERSEY

TREKKER 2005

Somewhere between Spring and Fall...

Summer

Is the best season of them all!



**FUN IN THE SUN
INSIDE ...**

Celebrating 39 Years of Outdoor Experiences!





Outdoor Club of South Jersey

AIMS AND OBJECTIVES

The Outdoor Club of South Jersey, Inc., is an organization dedicated to providing opportunities for extending the individual's knowledge, appreciation and enjoyment of his or her environment through experiences in outdoor activities.

The Club offers a twelve month program of activities designed for all ages and levels of ability and interest, and as is feasible with available leadership. The Club is open to all persons regardless of age or place of residence.

BOARD OF TRUSTEES

Officers

Dennis McKane, *President*

Kathleen Pearce, *Vice President*

Toni Novak, *Treasurer*

Janet Horton, *Recording Secretary*

Jean Stelmaszyk, *Membership Secretary*

ACTIVITY CHAIRPERSONS

Crysti Jackson, *Chair*, Backpacking, 856-629-0414

Alan Horowitz, *Chair*, Bicycling, 856-235-1804

Frank Pearce, *Chair*, Canoeing, 856-767-2780

Eileen Grevé, *Chair*, X-C Skiing/Snowshoeing, 609-267-3598

Pat Burton, *Chair*, Camping, 856-767-8064

Bill Poulson, *Chair*, Hiking, 856-983-7609

Joseph N. Trujillo, *Coordinator*, Activities Committees, 856-468-4849

TRUSTEES AT LARGE

John Bauer, 609-877-7018

Millicent Moore, 856-468-9709

Leona Fluck, 609-259-3734

Walt Stelmaszyk, 856-429-9089

Annaliese Gakeler, 609-387-4248

Peggy Marter, 609-877-7847

Tony Marchionne, 856-869-0473

Christine Denneker, 856-461-5379

Linda Sauerwein, 856-854-8749

SPECIAL ADVISORS

Dennis Hull, *Trail Maintenance*, 609-804-0025

Phil Iapalucci, *Advisor*, 856-234-5298

Pat Kalinowski, *Publicity*, 856-547-7057

Kathleen Pearce, *OCSJ Historian*, 856-767-2780

The officers and members of the Board of Trustees actively seek and welcome your comments, suggestions or recommendations towards the fulfillment of our aims and objectives. Our progress and success are dependent upon the quality and effectiveness of our leadership. Your participation in activities, committees, or in programs and projects is solicited.

When you have questions, need further clarification, or require additional details, you are welcome to call the pertinent committee chairman.

MEETINGS

Club members are invited to attend the monthly meetings. The Board of Trustees meets each month. See schedule for locations. After the business session, some meetings will feature a program presented by the various activities. Everyone is welcome! Come out and support your representatives.

COMING EVENTS

CAMPING / CANOEING/HIKING IN NEW HAMPSHIRE. July 1-4

NEW YORK CITY BUS TRIP. September 17. A great annual trip where you can plan your own itinerary, visit the Italian festival, visit Liberty Island, walk around town, whatever you want. NYC is loaded with things to do and see. Join us!

VA & MD KAYAK COLUMBUS DAY WEEKEND. We paddle the Pocomoke River in MD down to Snow Hill, about 10 miles We also paddle the local bays around Chincoteague and Assateague or another tidal river in MD or VA. Trip is flexible and adjusted to match the paddler's skills and interests. There's camping in the Pocomoke Forest and on Chincoteague. Rentals may be available. John 856-691-3047 Taxman56@aol.com please put OCSJ in all e-mail headers.

HIKING, EXPLORING LONDONDERRY, VT COLUMBUS WEEKEND – Stay 3 nights at Morningstar Chalet in southern Vermont. 5 _ hr drive. Hike in the Green Mountains, or bike, or canoe. Should be good leaf color. Approximately \$25 pp per night, depending on number of sign-ups. Eileen G. 609 267-3598.

HALLOWEEN CANOE AND CAMP. October TBA. An OCSJ annual event that has never failed to draw a great and jovial crowd of devils and ghouls. Backpackers welcome if they dare. Camping spaces are limited. Call early to reserve your spot. Small fee for campsites. Call for details. Leaders: Priscilla H., 609-953-8064 and Art M., 215-788-7451, 8-10 p.m.

OCTOBER IS PINELANDS MONTH. A month long celebration of the Pinelands with all kinds of activities on-going. Cranberry harvest fairs, festivals, wagon and walking tours, nature walks, hikes. Pinelands month opening celebration is held at Whitesbog Village. The Pinelands Preservation Alliance (PPA) is in need of volunteers to staff information booths, lead nature walks, lead hikes, or just help out. To get on the volunteer list or find out more information call 609-859-8860. E-mail: ppa@pinelandsalliance.org Web: www.pinelandsalliance.org

ADULT CPR AND AED: November 5, 10:00 A.M., 2-hour class limited to ten people \$10.00 per person club members only. For more information contact Cindy Nimz, 856-415-2018.

NEWS AND NOTES

NEW BOARD OF TRUSTEES CLUB POLICY MANDATES THAT PERSONAL FLOATATION DEVICES (PFD'S) MUST BE WORN ON ALL WATER ACTIVITIES — CANOEING, KAYAKING, TUBING, ETC. Life jackets must be Coast Guard approved and of the appropriate size. Wear your PFD. They float, you don't.

ADOPT-A-SECTION OF TRAIL NEWS. The group that adopted the Harrisville Pond trail recently performed their spring brushing and trimming. Trail cleanup "foreman" Floss Schmitt made sure Bill Schmitt, Norm Lucas, Herb Rosenbluth Heinz Knaupp, Sal Tucci, Bill Poulson did not tarry on the job! Rosemarie Mason continues trimming east along the BATONA Trail from Rt. 679 to Martha Bridge. New members Bob Bloomer and Maryellen Masticova are re-painting blazes and brushing the section from Bass River to Martha. They adopted this section shortly after joining the club. Craig Noack continues to maintain the BT from the Batsto Fire Tower to Washington Road. Phil Iapalucci is maintaining the Tylertown section. Can't thank these volunteer club members enough for all their time and effort. Many, many thanks. Didn't hear from Paul Serdiuk and the Social Group on the status of their section. We presume they are working on it?

STATE RECOGNIZES OCSJ VOLUNTEERS.

NJ Department of Environmental Protection, Division of Parks and Forestry Volunteer Recognition Awards Ceremony, April 16, 2005, at McGuire Air Force Base. honored Outdoor Club volunteers for their contributions to Forests and Parks in 2004.

**ORGANIZATION
OUTDOOR CLUB OF SOUTH JERSEY**



INDIVIDUALS

WHARTON STATE FOREST

GEORGE FLUCK LEONA FLUCK
FRANK PEARCE CATHY PEARCE
BILL SCHMITT FLO SCHMITT
PHIL IAPALUCCI

BASS RIVER STATE FOREST

CHARLES LAWLESS JOSEPH TRUJILLO

PARVIN STATE PARK

CHARLES COOKE CYNTHIA COOKE



HIKING



A Message from the Activity Chair

As usual, our Summer schedule is not as full as the rest of the year. But we have by no means "closed shop", so make sure you check it out. And remember to check the Hot Line and OCSJ website Hiking section (under "Hiking Updates") for cancellations, changes, or additional hikes that might be added...Hope everyone has a wonderful summer!

Bill Poulson
wpoul@comcast.net
856-983-7609

VOLUNTEER OPPORTUNITIES

The Club offers all members an opportunity to be a part of, or to create their own outdoor experiences or activity. All activities are led by volunteer members. *NO volunteers, NO activities. It's that simple!*

You can make a difference. Your volunteer involvement in Club activities is unique and special contributions that play a valuable role in **YOUR** Club. Talk to your Activity Committee Chair about what you can volunteer to do to improve **YOUR CLUB!**



CANOEING/KAYAKING



A message from the Canoe/Kayak Activity Chair

We are offering all members, novice to the more advanced opportunities to improve their skills. More rentals will be available which will permit greater participation. We are very fortunate in the many locations we have to paddle and the volunteers that have offered their time. Come and enjoy the fastest growing outdoor activity.

Paddling can be fun but be prepared. Please leave sufficient driving time to safely arrive. Wear the appropriate clothing and have a water-protected dry change of clothes with you. **CLUB POLICY NOW REQUIRES THAT PFD'S MUST BE WORN.** A flashlight is required for evening trips. A whistle is required for Delaware River trips and recommended for all trips and painter lines are a good idea. A helmet for whitewater may also be a good investment. You must assess the suitability and condition of your equipment and if a trip is within your abilities. Water levels, weather, and leader availability may cause trip cancellations or changes including additions. Please check the telephone hotline. If you have E-mail, get added to the Paddling E-mail list by contacting Frank Pearce at hornet71@verizon.net. Leaders have final say on trip participation involving safety concerns. Everyone must sign in for liability reasons and **LEADER'S MUST SUBMIT (MAIL, FAX) SIGN-IN SHEETS TO THE CANOE/KAYAK CHAIR ASAP – NO EXCEPTIONS,** also if a trip is cancelled please notify the chair. Need a form or address etc. please contact me.

See You on the Water!!
 Frank Pearce
 Hornet71@verizon.net
 856-767-2780 before 8 p.m.



CANOERS!

TAKE THESE TIPS FOR A GOOD TRIP

- * Beginners should take a short trip.
- * Beginners should not take young children first time out.
- * Always wear tennis shoes for wading.
- * Bring along a dry change of clothing.
- * Carry food, clothing in watertight container.
- * Use litterbags. Leave only tracks behind!
- * Wear your life jacket at all times.
- * Allow time for swimming, picnicking, resting.
- * Keep off private property.
- * Show respect to others on the river.
- * Do not drink in excess.
- * Enjoy wildflowers and wildlife. Leave them behind!

ENJOY YOURSELVES ON OUR GREAT RIVER TRAILS!



A Message From The X-C Skiing/Snowshoeing Chair

While you're sipping iced tea on the patio this summer you might want to plan ahead for the ski season. Leaders need to gauge interest in a trip, or to send in deposits. Please contact the leader for details on the following trips. Beginners please take note of lessons and learn to ski trips. Eileen Greve, 609-267-3598. egreve@prodigy.net



SEPTEMBER 26

Monday - 7:00 p.m.

SKIERS MEETING AT THE MT. LAUREL PUBLIC LIBRARY.

(100 Walt Whitman Av., Mt. Laurel) Learn about the trips with latest updates. Meet the leaders. Chance for sign-ups. Directions, call Eileen Greve 609-267-3598.

NOVEMBER 7

Monday - 7:00 p.m.

SKIERS MEETING AT THE MT. LAUREL PUBLIC LIBRARY. (100 Walt Whitman Av., Mt. Laurel) Learn about the trips with latest updates. Meet the leaders. Chance for sign-ups. Directions, call Eileen Greve 609-267-3598.

OCTOBER 2

7:00-9:00 p.m.

INDOOR LESSONS – Learn the basics, technique, and equipment selection, develop confidence. Dan M. (Certified professionski instructor) 215-630-7478. DNMLogistics@MSN.COM

OCTOBER 30

7:00-9:00 p.m.

INDOOR LESSONS – Learn the basics, technique, and equipment selection, develop confidence. Dan M. (Certified profession ski instructor). 215-630-7478. DNMLogistics@MSN.COM

DECEMBER 4

3:00-5:00 p.m.

INDOOR LESSONS – Learn the basics, technique, and equipment selection, develop confidence. Dan M. (Certified profession ski instructor) 215-630-7478. DNMLogistics@MSN.COM

DECEMBER 27 – JANUARY 1

CRAFTSBURY, VT – Our 9th year at this famous ski center. New leader – Fran Horn 856 786-0048 franhorn@aol.com

DECEMBER 30 – JANUARY 2

PULASKI, NY – Snow belt region. Ski at touring centers or backcountry. Eileen G., 609 267-3598 egreve@prodigy.net

JANUARY 6 – 8

PROSPECT MTN, BENNINGTON, VT – Suitable for all skill levels. Includes free lessons for beginners. Dan M. 215 630-7478. DNMLogistics@MSN.com

JANUARY 8 – 15

PINESTEAD FARM LODGE, FRANCONIA, NH – Eileen G. 609 267-3598 egreve@prodigy.net

JANUARY 10 – 13

ZEALAND HUT, NH – backpack by skis or snowshoe to rustic AMC hut in Presidentials. Can combine with trip above. Norm C., 215 836-2718 nnn1@comcast.net

JANUARY 13 – 16

TRAIL'S END LODGE, KEENE VALLEY, NY – Popular annual trip. Charlie P. 609 567-0221 Chalphy@comcast.net

JANUARY 15-20

COMMODORE INN, STOWE, VT – Good skiing, price. Eileen G., 609-267-3598
egreve@prodigy.net

JANUARY 20-22

“A TASTE OF EUROPE” AT MOHONK, NEW PALTZ, NY – Adirondack luxury, 4 hour drive. Dan M., 215-630-7478 DNMLogistics@MSN.com

JANUARY 25-28

New Trip! BLACKWATER FALLS LODGE, DAVIS, WV – Canaan Valley.
John & Ann P. PALAITIS@comcast.net

JANUARY 27- FEBRUARY 3

MORNINGSTAR CHALET, LONDONDERRY, VT – economical. Eileen G.,
609-267-3598. egreve@prodigy.net

FEBRUARY 3-5

MERCK FOREST CABIN, NEAR MANCHESTER, VT – for the Adventurous.
Dennis and Fran McKane, 856-547-1617. Dennisfran@att.net

FEBRUARY 3-6

COLONIAL HOUSE, WESTON, VT – An old favorite. Manny and Judy Ayala.
267-468-0697 judykmanya@cs.com

FEBRUARY 5-10

SWISS INN, LONDONDERRY, VT – Stay 2 to 5 nts. Can link with trips above.
Charlie P., 609-567-0221 chalphy@comcast.net

FEBRUARY 10-13

LAKE PLACID AREA, NY – economical. Eileen G. 609-267-3598.
Egreve@prodigy.net

FEBRUARY 13-17

GARNET HILL LODGE, NORTH CREEK, NY - can link with Lake Placid, above.
Eileen G. 609-267-3598.

FEBRUARY 19-24

VAL DAVID, LAURENTIANS, CANADA – good bargain. Dan D., 856 235-4548
& Pat K. 856-547-7057.

FEBRUARY 25-28

MT. ORFORD, LAURENTIANS, CANADA – outstanding facility. Can link to Val David. Option for 3 xtra days, or transfer to Quebec for 3 days. Call for details.
Dan M., 215-630-7478 DNMLogistics@MSN.com

MARCH 3-6

COLONIAL HOUSE, WESTON VT. Fran H., 856 786-0048 franhorn@aol.com

MARCH 9-14

New Trip! PEMBROOK, NH – private home, sleeps 14, economical. Pat C.,
609-877-5872.



BICYCLING

A Message From the Bicycling Activity Chair

The cycling activity does most of its communicating via the web page (ocsj.org). All Class A, B, D, ATB and most C rides are listed only on the web page. I encourage you to check the ride listings often, as rides are added/changed during the month. We now have a new topica mailing list for OCSJ members only - ocsj-rides@topica.com. This new list can be used by members to list new, late breaking rides and/or ride changes in their entirety without any approval by the Activity Chair. If you are interested in joining, please send me your name and email address.

Don't forget the MS150 City to Shore Bike Tour on September 24/25. Come join Team OCSJ and help us retain our award for Largest Cycling Team. Contact me for details.



Alan Horowitz
basket@uscom.com
856-235-1804

SCHEDULE SUBMISSION DEADLINES

MONTHLY LISTINGS: up to the 15th of the prior month.

TREKKER: Winter - October 15; Spring - January 15; Summer - April 15; Fall - July 15.

A Rides	Tony Marchionne	856-869-0473
B Rides	Alan Horowitz	856-235-1804
C Rides	Claire Farnham	856-672-0204
D Rides	Bob Harris	609-859-8857
D Rides	Maggie Heinman	609-518-8906
ATB Rides	Jim McCabe	856-797-2365
Tandem Rides	Burt Nussbaum	856-667-8757
Ride Librarian	Jim Bodnar	609-654-1507
Touring	Don Villanova	856-235-2457

RIDE CLASSIFICATIONS

RIDE CLASS Avg.* Cruise**

Class A+:	23	22 to 26	For very experienced riders. No obligation to wait for stragglers or breakdowns as long as cue sheets or directions are provided. Be prepared for longer distances. Paceline with rotating leaders likely.
Class A:	21	20 to 22	Similar to A+.
Class B+:	19	18 to 20	For the above average rider. Should be capable of riding long distances with some stops. No obligation to wait for stragglers or breakdowns as long as cue sheets or directions are provided.
Class B:	17	16 to 18	Similar to Class B+.
Class C+:	15	14 to 16	For the average rider. Rest stops about every 20 miles. No obligation to wait for stragglers or breakdowns as long as cue sheets or directions are provided.
Class C:	13	12 to 14	For the average rider. Shorter distance with frequent rest stops. The group shall wait for stragglers and breakdowns. Cue sheets are not mandatory.
Class D:	11	12 or less	For the SLOWER or SOCIAL rider. Frequent stops by leader or upon request of rider(s). Cue sheets are not mandatory.

*Average speed is while bike is moving. **Cruising speed is the speed cyclist should be able to maintain on a flat terrain with little wind. Speed will vary with grade and wind.

PARTICIPATION NOTICE

The Outdoor Club, its officers and leaders, shall not be liable for any injuries, illness, loss or damage to any person or property, as a result of participation in any Club outing. Each participant assumes all risk and liability connected therewith. All persons, MEMBERS AND NON-MEMBERS ALIKE, are to sign with the leader at each activity.

WALKING DISTANCE AND TIMES



Time	Easy Pace	Moderate Pace	Fast Pace
1 hour	2 ¹ / ₂ mph	3 mph	4 mph

Backpack Trip Rating System



- 1. NOVICE**
5 or less trips - mild weather, relatively flat terrain.
- 2. INTERMEDIATE**
5 or more trips - mild weather, moderate climbs - up to 8 mile trips.
- 3. ADVANCED**
10 or more trips - three season, except winter. Strenuous climbs over difficult terrain - upgraded equipment.
- 4. EXPERT**
Leadership experience or comparable ability - all seasons - good physical condition - completely equipped for all terrain and weather.

TRAIL SAFETY

When you go out on the trail, no matter what your interest, always be prepared for an emergency. Here are some common tips.

- Before you leave on a trip, always check your equipment to make sure everything is in working order.
- Bring sufficient water to maintain energy and prevent dehydration.
- Wear proper fitting clothing and footwear. To prevent Lyme disease, wear long sleeved shirt tucked into your pants and tuck your pant legs into your socks.
- Sunscreen and insect repellent are also advisable.
- Wear a helmet for mountain biking and cycling.
- Canoeists must wear floatation devices.
- Do not wander off marked trails, it's easy to get lost that way.
- Go with a friend. If you get injured and you are by yourself in the woods or in a canoe, you may not see other people to help you and every minute is critical to getting help for survival.

HIKING GUIDE

1. Hikers must bring sufficient water or other liquids.
2. Hikers may bring snacks or a meal on any hike. You will not be reminded in the schedule listing to do so.
3. Bring insect repellent to use, if needed. Products containing DEET are more effective than others.
4. Pace is only listed if it is slower than moderate (under 2.5 mph) or faster than moderate (3.5 mph).
5. Hike distances are in miles, and may optionally be followed by hike duration in hours.
6. The following codes are used to show unusual features of a hike:

BW - Bushwhacking	WF - Wet feet possible	NS - No stops
NP - No pets	NC - No children	FS - Few stops
7. If the meeting place is one of the standard places shown below, no directions will appear in the hike listing:

Atsion - Meet in field on east side of Rt. 206 just north of Wharton State Forest Office.

Batsto - Meet at Batsto village parking, off Rt. 542, between Hammonton and Green Bank.

Bullock - Meet on north side of road in Bullock. Turn east from Rt. 72 at railroad bridge 6.5 miles southeast of Rt. 70/72 intersection. Continue 3.3 miles to tee intersection. Turn right, then immediately left, and park.

Carranza - Meet at Carranza Memorial parking, 6.7 miles SE of Tabernacle on Carranza Road.

Cemetery - Meet at cemetery on Rt. 563, 0.6 miles south of Rt. 532 in Chatsworth.

D & R Parking - a mile N of Lambertville on Rt. 29, just before the Rt. 202 Bridge. Turn left and drive to the parking.

Evans - Meet just to the north of Evans Bridge (on east side of Rt. 563), 0.7 miles south of the Rt. 563/Rt. 679 split (about 10 miles south of Chatsworth).

Friendship - Meet at Friendship ruins on Carranza Road, 10 miles SE of Tabernacle.

Harrisville - Meet at Harrisville Pond, on Rt. 679, 1.5 miles south of Rt. 563, between Chatsworth and New Gretna.

Jackson - Meet just north of small bridge on Rt. 534 (Jackson Road), 1.7 miles northeast of Atco Raceway.

Kingston - Meet at Kingston Lock parking, off Rt. 27. Take I-295N / 95S to Exit 8 (Princeton Pike, Rt. 583) to Rt. 27 in Princeton. Follow Rt. 27, 3.3 miles to Kingston Lock parking on right.

Byrne office - Meet at Byrne (Lebanon) forest office. Turn east off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Forest office is on the left.

Pakim Pond - Meet at Pakim Pond parking, Byrne S.F. Turn off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Pakim Pond is 2.7 miles beyond the Forest Office.

Byrne campsites - Meet at Byrne (Lebanon) campsite. Turn off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Campsite parking is 3.5 miles beyond the Forest Office.

Oswego - Meet at Oswego Lake parking, 3.1 miles northeast of Rt. 563 from Jenkins. (Turnoff is 8.4 miles south of Rt. 532 in Chatsworth, between Pine Barrens Canoes and Mick's Canoes).

Skit - Meet at the Skit Branch bridge, 5.2 miles SE of Tabernacle on Carranza Road.

Wells Mills - Meet at Wells Mills Park, off Rt. 532 (which is 16 miles southeast of the Rt. 70/72 intersection), 3.6 miles northeast of Rt. 72.

Whitesbog - Meet at Whitesbog village parking. Go east on Rt. 70 6.9 miles from Rt. 70/72 intersection. Make a sharp left on Lakehurst Road, go 1.3 miles, turn right for the village.



JULY

All of our dreams come true,
if we have the courage
to pursue them!



RESERVATIONS AND DEADLINES

Act now. Make your reservations as soon as possible. Spaces usually are limited. Don't miss out by waiting to long.

CAMPING / CANOEING/HIKING IN NEW HAMPSHIRE. July 1-4.

GUIDED KAYAK ECO-TOUR. July 10

TOUR OF THE BATTLESHIP NEW JERSEY. July 10.

SOCIAL MOONLIGHT KAYAK TRIP. July 22.

FAMILY CAMPING AT GETTYSBURG. July 23-24.

CAMPING/CANOE/KAYAK FOUL RIFT ON THE DELAWARE. July 26-28.

SOCIAL TUBE FLOAT TRIP. August 14

LABOR DAY WEEKEND IN JIM THORPE, PA. Septembe 3-5.

TUCKERTON CREEK KAYAK TRIP. September 10.

SOCIAL MOONLIGHT KAYAK TRIP. September 16.

SPEND THE NIGHT ON THE BATTLESHIP NEW JERSEY. September 16-17.

BUS TRIP NEW YORK CITY. September 17.

SOCIAL INTRODUCTION TO CAMPING, MAP READING, AND SURVIVAL

TECHNIQUES. See September 24.

SANDY HOOK FISH AND HIKE. September 25.

**CHECK OCSJ WEBSITE (ocsj.org) OR HOTLINE 856-427-7777,
FOR UP-TO-DATE WEEKDAY OR WEEKEND ACTIVITIES/RIDES LISTINGS.
ALL BICYCLE RIDES ARE ON THE WEB SITE. ADDED OR CANCELED
ACTIVITIES WILL BE ON LINE ALSO. CHECK THEM OUT!**

RECURRING ACTIVITIES

MONDAYS

10:30 a.m.



CLASS C+/B. MILD DAY MONDAY RIDE. 35-50 miles. 14-17 mph cruising pace. A leisurely ride with a lunch break. Play hooky and help me find out who has the best pizza in South Jersey. Meet at Lumberton Municipal Bldg. Municipal Drive between Rte. 541 and Eayerstown Road. Leader: Jimmy M., 609-518-0744.

MONDAYS

6:00 p.m.

CLASS B+/A. JUSTIN'S MONDAY NIGHT TRAINING RIDE. 28 miles. 20-21 mph cruising pace. Two short sprint sections and one longer (2-3 mile) paceline stretch (25 mph+). Great ride for B/B+ riders looking to move up to A. Nobody gets dropped, rain will cancel. Meet at Lenape H.S., Church and Hartford Roads, Medford. Leader: Justin W., 856-778-0722.

TUESDAYS

6:00 p.m.

CLASS C. KOLMAN'S TUESDAY NIGHT RIDE. 22-25 miles. 12-14 mph cruising pace. C pace will be held. Breakaways for faster riders. Meet at Lenape H.S., Church and Hartford Roads, Medford. Leader: Kolman K., 856-787-9677, kkleinbord@comcast.net.

TUESDAYS


6:00 p.m.

CLASS B. CRITTER and DOLLY'S EVENING RIDE. 30 miles. 16-19 mph cruising pace. THE PACE WILL BE MAINTAINED. Breakaways. No one gets dropped. Rain cancels. Meet at Lenape H.S., Church and Hartford Roads, Medford. Leader: Critter. 609-410-2365, basket@uscom.com and dbm@dbernard.net, 856-797-7332.


WEDNESDAYS
6:00 p.m. **CLASS C+. CRITTER' and DEBI'S C+ RIDE.** 20-25 miles. 14-17 mph cruising pace. *This REALLY is a C+ ride. Come on C/C+ riders!!!! THE PACE WILL BE HELD.* Meet at Lenape H.S., Church and Hartford Roads, Medford. Leader: Critter, 609-410-2365, Debi, 609-267-5347, trailweasel@comcast.net.

THURSDAYS
6:00 p.m. **CLASS C. KOLMAN'S THURSDAY NIGHT RIDE.** 22-25 miles. 12-14 mph cruising pace. *C pace will be held. Breakaways for faster riders. Meet at Lenape H.S., Church and Hartford Roads, Medford. Leader: Kolman K., 856-787-9677, kkleinbord@comcast.net.*

FRIDAYS
9:00 a.m. **CLASS C. FRIDAY MORNING RIDE.** 30 miles. *Come out and ride some of the original OCSJ routes (originally developed by Ruth Huking and Les Williams). This is a social ride. Please call if the weather is questionable. Meet at St. Peter's Church, Hartford Rd. and Taunton Blvd., Medford. Leader: Fran H., 856-786-0048, franhorn@aol.com.*

JULY 1
Friday
7:00 p.m.  **FRIDAY NITE FITNESS HIKE.** 8-10 miles, fast pace. The ongoing, every Friday night, all year round, Friday night fitness hike; where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 MPH, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, shoes or sneakers (sneakers are adequate in dry conditions). Socks are also important foot gear, synthetics and wool being better at preventing blisters (avoid cotton socks). The first Friday of each month there is a dessert/dinner stop after the hike at a local restaurant. Meet at Brendan Byrne State Forest, Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

JULY 1-4
Fri.-Mon. **CAMPING / CANOEING/HIKING IN NEW HAMPSHIRE –OCSJ'S ANNUAL TRIP TO WHITE MOUNTAINS.** Come earlier or stay later. We stay at Pine Knoll Camping, a private campground. Water and electricity at each site. RV's or tents. Hikers welcome. We do day trips from our campsites. For details call leader. Leader: Art M., 215-788-7451, after 8:30 p.m.

JULY 2
Saturday
10:00 a.m.  **PADDLE THE MULLICA RIVER.** Meet at Atsion Park Office. Paddle from 206 then thru "Lilly pad City" ending at Pleasant Mills takeout. PFD's must be worn. No rentals. Leader: Vicki S. 856-256-9568 or ravingwriter@netzero.com

JULY 3
Sunday
9:00 a.m. **SOCIAL KAYAK TRIP.** We will do the Maurice River, Cumberland Co., meet at Al & Sams Canoe Rentals on Rt.47, Delsea Drive, Vineland, 2 miles S. of Rt. 40. Bring picnic type food to share for a bbq after trip at local park. Pfd's must be worn. Call leader to reserve space. Leader: Paul Serdiuk 609-462-3593 eve pis1@cccnj.net

JULY 3
Sunday
9:00 a.m. **CANOE/KAYAK THE GREAT EGG HARBOR RIVER.** We'll paddle 9 miles from Penny Pot to Weymouth Furnace, and optionally 7 more miles to Lake Lenape where we'll see the eagles' nest. Meet at the Harley Dawn Diner; arrive early for breakfast. For rentals contact the Paddle Shack at

609-909-5250 or www.paddleshack.com. Life vests must be worn. Please call to confirm trip. Leaders George & Leona F, 609-259-3734 or lfluck@pineypaddlers.com

JULY 4
Monday
9:00 a.m.



CANOE/KAYAK THE DELAWARE RIVER. It's our July 4th trip from Kingwood Access to Bulls Island (8 miles). We'll have fun in the river at Stover Mills and stop for lunch near the famous Hot Dog Man's river "restaurant" for paddlers; you can even buy lunch. Then we'll guide you through the beautiful ledges of Tumble Falls for some "river play" at Prah's Island. Take photos of the Devil's Tea Table, a rock formation high on the cliffs of NJ. Option to continue past Bulls Island to Lambertville Marina (7 miles). Life vests must be worn. Call to confirm trip and meeting location. Leaders: George & Leona F 609-259-3734 or leona@pineypaddlers.com

JULY 4
Monday
10:00 a.m.

FOURTH OF JULY MONDAY ON THE MAURICE RIVER. Meet at Garden Road, south side, we paddle to Sherman Ave. thru the shady, less populated stretch looking for swim spots. No rentals. PFD's must be worn Leader: Vicki S. 856-256-9568 or ravingwriter@netzero.com

JULY 6
Wednesday
10:00 a.m.

WATER SLIDE AT WILDWOOD. Take a day off at the Jersey shore. Come have some fun on the water slide. Bad weather cancels. Bring or buy lunch. Meet at 25th and the boardwalk in North Wildwood at the end of Morey's Pier. Leaders: Dave & Julie Hegelein, 856-235-8792.

JULY 6
Wednesday
5:30 p.m.

PADDLE SKILLS NIGHT AT LAKE LENAPE Novice to advanced. Come out to the lake and work on your paddling skills in an informal setting with fellow paddlers. Practice or learn paddle strokes, rolling skills, self rescue, and safety techniques or just paddle around the lake. Interested beginners or first timers welcome. We have some gear for use. PFD's must be worn. Contact John Kreutzer, Ph. 609-412-2617. E-mail mrjnk347@msn.com

JULY 7
Thursday
10:00 a.m.

CANOE/KAYAK THE D&R CANAL AND THE DELAWARE RIVER. New and beginning paddlers are welcome. We meet at Washington Crossing Park, NJ and paddle 5 miles on the canal up to Firemens Eddy, portage to the Delaware River for lunch on the riverbank and then enjoy a leisurely paddle on the Delaware back to Washington Crossing. This is a shuttleless trip. Life vests must be worn. For rentals contact RJ Toad at Rollerrob@aol.com or 609-234-5287. Please contact leaders to confirm trip. Leaders: George & Leona F, 609-259-3734 or leona@pineypaddlers.com

JULY 8
Friday
9:00 am

KAYAK/CANOE - LEADER'S CHOICE - water levels determine the river, most likely the Wading or Oswego. Meet before 9 am at Pine Barrens Canoe Rental, rt. 563, 8 miles S of Chatsworth. 1-800-732-0793. Bring lunch and water. PFD's must be worn Leader: Becky S. E-mail preferred - quasar@snip.net - or call 856-218-7725.

JULY 8
Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See July 1 listing for full hike description. Meet at Brendan Byrne State Forest, Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com alison@mikebaker.com.

JULY 9
 Saturday
 9:00 A.M.

CANOE/KAYAK THE NORTH BRANCH RANCOCAS CREEK. Paddle from the Greenwood Bridge to the quaint town of Pemberton. There are antique stores on the main street where we takeout. Meet at Burlington County Community College parking lot. For rentals please contact RJ Toad at Rollerrob@aol.com or 609-234-5287. Life vests must be worn. Contact leader to confirm trip. Leader: Dave L. Cell 908-692-6807 or Home 609-735-9109 or dlynch@dandy.net

JULY 9
 Saturday
 10:00 a.m.-4:00 p.m.

PADDLING DEMO. AND CLINIICS. Vendors will attend and present clinics on a variety of paddling equipment. You will be able test paddle kayaks/canoes The OCSJ will have a booth promoting the Club. If you would like to volunteer please contact Frank Pearce, 856-767-2780, hornet71@verizon.net

JULY 10
 Sunday
 8:30 a.m.

GUIDED KAYAK ECO-TOUR – 9:00-11:00 a.m. In the heart of Great Bay Wildlife Management Area. Observe beautiful wildlife, birds and plants within the estuary while kayaking in the sheltered back creeks with experienced guides. This is a joint trip with Great Bay Paddlers. No experience necessary, novice/intermediate, rentals & lessons available. PFD's must be worn. Prices available upon request, discounts to Club Members. Call or e-mail Rusty Draper, Group Leader @ First Bridge Marina & Kayaks for reservations and/or information – 609-296-1888 or Rusty@fbkayak.com.

JULY 10
 TBA



PADDLE LESSONS AT UNION LAKE. Limited space One on one instruction. Call for alternative dates. Spare kayak available for lessons. PFD's must be worn If others wish to volunteer and/or provide gear contact leader. Leader Cindi Cooke, 856-825-9126, Luvkayak2@aol.com

JULY 10
 Sunday
 9:00 a.m.

MENANTICO CREEK MYSTERY TRIP. Mystery Starting and Ending points. Experienced Paddlers Only. Must know how to handle their craft in a tight fast twisty log-clogged creek. Those who done this trip before, can tell you its one of a kind. Water Level Dependent. PFD's must be worn Call Leader for Meeting Point. John Kee 856-691-3047, taxman56@aol.com

JULY 10
 Sunday
 9:00 a.m.



SOCIAL HIKE BULL'S ISLAND. 7 miles, moderate pace. We will do a loop and lunch hike. Hike on one side of the Delaware, we stop for lunch in a small restaurant in Stockton, and then finish hiking on opposite side of the River. Meet at 9:00 a.m in rear parking lot of Hilton Hotel, Rt. 70, Cherry Hill to car-pool/caravan or meet at 10:00 a.m. at second parking lot near footbridge over river, Bulls Island SP on Rt 29, 6 miles N of Rt. 202 bridge. NC/NP. Leader: Paul Serdiuk, 609-462-3593 eve, pis1@cccnj.net.

JULY 10
 Sunday
 10:00 a.m.

TOUR OF THE BATTLESHIP NEW JERSEY. Leader will personally guide this group on a two hour tour of the Battleship New Jersey located in Camden, NJ. The ship is almost 3 football fields long. She traveled more miles, fired more projectiles, and won more battle ribbons than any battleship in U.S. Naval history. This tour will involve climbing up or down 12 steep ladders, low overheads, high outside areas (usually windy), tight areas inside. No high heels, skirts, dresses, or glass bottles. Bring or buy your lunch aboard the ship. We'll eat in the crew's

mess after the tour. Group will be limited to 15 people. Guided tour tickets are \$15 each; \$10 for Seniors (age 65) and Veterans (proof of status needed). Parking is \$8 per car in the garage across from the Aquarium or we can meet at the Deptford Mall and car pool to the ship. Leader: Rolland Garber, 856-931-0596. rgcanoe@comcast.net

JULY 11
Monday
10:00 a.m.

PADDLE THE EGG HARBOR RIVER, WEYMOUTH FORGE TO LAKE LENAPE. Meet at Weymouth Park, Rt 559 North of Rt 322. Life Vests must be worn. Must call or email to confirm participation. Leader: Chuck Cooke 856-825-9126. E-mail Kayaker, 650@aol.com

JULY 13
Wednesday
5:30 p.m.

PADDLE SKILLS NIGHT AT LAKE LENAPE. Novice to advanced. Come out to the lake and work on your paddling skills in an informal setting with fellow paddlers. Practice or learn paddle strokes, rolling skills, self rescue, and safety techniques or just paddle around the lake. Interested beginners or first timers welcome. We have some gear for use. PFD's must be worn Contact John Kreutzer, phone 609-412-2617. E-mail mrjnk347@msn.com

JULY 14
Thursday
7:30 p.m.



CLUB MEETING. Board of Trustees. Activity committees Leaders. St.Pius X Catholic Church, 344Kresson Road, Cherry Hill. From I-295, get off exit 32 N toward Haddonfield: at Rt.154, Brace Road, turn right. At the next traffic light, turn onto Kresson Rd. Go 1/2 mile, Church is on right. If you need additional directions, call Walt or Jean Stelmaszyk, 856-429-9089.

JULY 15
Friday
7:00 p.m.

FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See July 1 listing for full hike description. Meet at Brendan Byrne State Forest, Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

JULY 15
Friday
9:00 a.m.

CANOE/KAYAK CEDAR CREEK AND HAVE FUN GEOCACHING TOO. If you don't have a GPS bring a compass. Or just join us for a fun day on the river. There are three "cache" locations at Double Trouble Park that we'll find together as we paddle 7 miles from Ore Pond to Dudley Park. Option to continue another 2 miles to the bay and takeout at Berkeley Island. Meet at the Double Trouble Park Headquarters. Life vests must be worn. Call or e-mail to confirm trip. Leaders: George & Leona F, 609-259-3734 or leona@pineypaddlers.com

JULY 16
Saturday
9:00 a.m.



PADDLE WITH THE TIDE ON THE CROSSWICKS/HAMILTON-TRENTON-BORDENTOWN MARSH. New and beginning paddlers are welcome. Enjoy a guided trip by Friends for the Marsh and hear how Native Americans thrived on these lands more than 10,000 years ago. See where Joseph Bonaparte's Bordentown estate, Point Breeze, was located on the bluffs above the Crosswicks. We'll stop for lunch at Roebling Park and grill hot dogs. Life vests must be worn. For rentals contact RJ Toad at Rollerrob@aol.com or 609-234-5287. Please contact leaders to confirm trip. Meet at Bordentown Beach. Leaders: George & Leona F., 609-259-3734 or Leona@pineypaddlers.com

JULY 16
 Saturday
 10:00 a.m.

PENNYPACK AND LORIMER PARKS. 8 miles, moderate pace. A N.E. Phila parks hike. Meet at the Pennypack Park parking lot off Pine Road. This meeting place is about 20 minutes from the Tacony/Palmyra bridge. Cross bridge and take second right at the base onto State Road (Rt. #73). Stay to left when you come to fork in the road. Turn left onto Rhawn St. (1.7 miles from T-P bridge) and drive 4.8 miles to dead end (at Oxford Ave). Turn right and go to Pine Road (first street on the right; Dunkin Doughnuts on corner) and go 1.2 miles to entrance of park parking lot on the right (before crossing Pennypack Creek). NP. Leaders: Barb & Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com.

JULY 17
 Sunday
 8:30 a.m.

SOCIAL BIKE RIDE. Three Bridges Ride in the Pine Barrens. Class D ride, easy pace, with frequent stops. Meet at Batsto Village parking lot, off Rt. #542, 9 miles east of Hammonton, N.J. Bring picnic type food to share for a tailgate social after ride. Contact leader for additional info. Leader: Paul Serdiuk, 609-462-3593 eve., pis1@cccnj.net.

JULY 17
 Sunday
 9:00 a.m.



CLASS C. FAMOUS BAGEL RIDE. 30 miles. Great ride in Burlington County with a bagel stop. Meet at Moorestown H.S., Bridgeboro Rd., Moorestown. Leader: Fran H., 856-786-0048, franhorn@aol.com.

JULY 17
 Sunday
 9:00 a.m.

GREAT EGG HARBOR RIVER PADDLE. Weymouth Furnace to Lake Lenape. We stop at beaches, stop for lunch and stop at beaches again. Bring water to drink, sun screen/ hat as the lake offers no shelter. PFD's must be worn. Meet at Weymouth Park. Leader: Vicki S. 856-256-9568 or ravingwriter@netzero.com

JULY 20
 Wednesday
 5:30 p.m.

PADDLE SKILLS NIGHT AT LAKE LENAPE. Novice to advanced. Come out to the lake and work on your paddling skills in an informal setting with fellow paddlers. Practice or learn paddle strokes, rolling skills, self rescue, and safety techniques or just paddle around the lake. Interested beginners or first timers welcome. PFD's must be worn. We have some gear for use. Contact John Kreutzer Ph. 609-412-2617. E-mail mrjnk347@msn.com

JULY 22
 Friday
 7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See July 1 listing for full hike description. Meet at Brendan Byrne State Forest, Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com alison@mikebaker.com

JULY 22
 Friday
 6:00 p.m.

SOCIAL MOONLIGHT KAYAK TRIP. Paddle the Mullica river with a bbq after paddle. Some paddling experience required. Limited space, call leader to reserve space. Please bring picnic type food to share after paddle. Meet at Bel Haven Canoe Rentals, on Rt. 543 12 miles east of Hammonton, Atl. Co. Bring flashlight and whistle. PFD's must be worn. Leader: Paul Serdiuk 609-462-3593 eve. pis1@cccnj.net

JULY 23
 Saturday
 7:30 p.m.

SOCIAL MOONLIGHT HIKE. 6 miles, moderate pace. Enjoy a moonlight hike under the Buck moon on sand roads as we listen to the sound of the summer serenade. Meet in field

behind Atsion Office on Rt #206, between Red Lion circle and Hammonton, Burl. Co. Bring snack type food to share at tailgate social after hike, and a chair or blanket. Pets must be leashed at all times. NC. Leader: Paul Serdiuk, 609-462-3593 eve, pis1@cccnj.net.

JULY 23-24
Sat.- Sun.



FAMILY CAMPING AT GETTYSBURG. Tour the Battlefield, go horseback riding, stroll through town or cool off in the pool Artillery Ridge Camping Resort, 610 Taneytown Rd, Gettysburg, Pa. Tent sites are \$27.50 (2 people) Sites with electric and water are \$35.50. If interested call by July 6, 2005 so I can make the reservations. Leaders Crysti J., and Joe D., 856-629-0414

JULY 24
Sunday
8:00 a.m.

COOPER RIVER PARK. 6 miles, moderate pace. A "get it over early" hike with optional brunch with us afterwards at a reasonably priced restaurant. Meet at the National Guard Armory parking lot at Park Ave and Grove St. in Cherry Hill. This meeting place is one block south of the intersection of Rt. #70 and Haddonfield Road/Grove St. (at corner of old Garden State race track; look for Chili's bar and grill). NP. Leaders: Barb & Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com.

JULY 24
Sunday
10:00 a.m.

LEADER'S CHOICE KAYAK TRIP. The leader will pick a river. Meet at Pine Barrens Canoe located on Rt. 563 approx. 11.5 miles south of Chatsworth. Toll Free (800) 732-0793. PFD's must be worn. Leader: Art Midouhas, 215-788-7451, after 8:30 p.m.

JULY 26
Tuesday
10:00 a.m.

PADDLE THE EGG HARBOR RIVER, WEYMOUTH FORGE TO LAKE LENAPE. Meet at Weymouth Park, Rt 559 North of Rt 322. Life Vests must be worn. Must call or email to confirm participation. Leader: Chuck Cooke 856-825-9126, e-mail Kayaker650@aol.com

JULY 26-28
Tues.- Thurs.

CAMPING/CANOE/KAYAK FOUL RIFT ON THE DELAWARE RIVER. Foul rift is for experienced people only, you should expect fast shallow white water and many rocks! PFD's must be worn. Arrive at the campground on Tues at 12 noon of after. Make your own arrangement for a site. Contact leader for location and sign up. Wednesday morning 7/27 we will shuttle cars and run the river returning back to the campsite for the evening. Leave anytime on Thursday. Leaders: Rolland and Dot Garber, 856-931-0596

JULY 27
Wednesday
5:30 p.m.

PADDLE SKILLS NIGHT AT LAKE LENAPE. Novice to advanced. Come out to the lake and work on your paddling skills in an informal setting with fellow paddlers. Practice or learn paddle strokes, rolling skills, self rescue, and safety techniques or just paddle around the lake. Interested beginners or first timers welcome. We have some gear for use. PFD's must be worn. Contact John Kreutzer Ph. 609-412-2617. E-mail mrjnk347@msn.com

JULY 28
Thursday
10:00 a.m.

CANOE/KAYAK THE WADING RIVER. The Wading is one of the most popular streams in the Pinelands. We'll paddle from Hawkins Bridge to Beaver Branch. This is a great trip for new paddlers; arrive at 9am. Rentals available from Pine Barrens

Canoe Rental at 609-726-1515 or www.pinebarrenscanoe.com. Please contact leaders to confirm trip. Life vests must be worn. Leaders: George & Leona F. 609-259-3734 or Leona@pineypaddlers.com

JULY 29
Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See July 1 listing for full hike description. Meet at Brendan Byrne State Forest, Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, alison@mikebaker.com

JULY 30
Saturday
10:00 a.m.

CANOE/KAYAK THE OSWEGO RIVER. Meet at Oswego Lake and enjoy a 7-mile paddle on one of the most beautiful Pineland rivers. Life vests must be worn. New paddlers are welcome; arrive at 9am. For rentals contact Pine Barrens Canoe Rental at www.pinebarrenscanoe.com or 609-726-1515. Please call leaders to confirm trip. Leaders George & Leona F., 609-259-3734 or leona@pineypaddlers.com

JULY 30
Saturday
4:30 p.m.



SOCIAL HIKE, DINNER & MOVIE. 5 miles, easy pace. We will hike Cooper River Park, then have a picnic style dinner outdoors in the park and then watch an outdoor movie. Meet at parking lot next to the Lobster Shack, Park Drive, Cooper River Park, one block S. of Rt. #70, Merchantville, NJ. Look for OCSJ sign. Bring picnic type food to share, lawn chair/blanket to sit on. NC/NP. Leader: Paul Serdiuk, 609-462-3593 eve., pis1@cccnj.net.

JULY 31
Sunday
9:00 a.m.

PADDLE MENANTICO TO MAURICE RIVER. We will paddle with the tide from Menantico Ponds down the beautiful Maurice River to Mauricetown Bridge. Join our group to see the Osprey nesting and the summer colors of the marsh. Limited opportunities for stops. Bring binoculars and bug spray. Meet at Wawa corner of Rt.49 and Wade Blvd. Millville. Easily accessible from Rt. 55. PFD's must be worn. For confirmation and directions call Susan S. 856-364-0278 or e-mail slstretch@comcast.net

VOLUNTEERS NEEDED
Think about what you can do to help YOUR Club! Become a leader. Talk to your activity chair today!





AUGUST

The purpose of life
is to live a life of purpose.



RESERVATIONS AND DEADLINES

Act Now! Make your reservations as soon as possible. Spaces usually are limited. Don't miss out by waiting too long.

SOCIAL TUBE FLOAT TRIP. August 14.

LABOR DAY WEEKEND IN JIM THORPE, PA. September 3-5.

TUCKERTON CREEK KAYAK TRIP. September 10.

SOCIAL MOONLIGHT KAYAK TRIP. September 16.

SPEND THE NIGHT ON THE BATTLESHIP NEW JERSEY. September 16-17.

BUS TRIP NEW YORK CITY. September 17.

SOCIAL INTRODUCTION TO CAMPING, MAP READING, AND SURVIVAL TECHNIQUES. See September 24.

SANDY HOOK FISH AND HIKE. September 25.

**CHECK OCSJ WEBSITE (ocsj.org) OR HOTLINE 856-427-7777,
FOR UP-TO-DATE WEEKDAY OR WEEKEND ACTIVITIES/RIDES LISTINGS.
ALL BICYCLE RIDES ARE ON THE WEB SITE. ADDED OR CANCELED
ACTIVITIES WILL BE ON LINE ALSO. CHECK THEM OUT!**

RECURRING ACTIVITIES

MONDAYS

10:30 a.m.



CLASS C+/B. MILD DAY MONDAY RIDE. 35-50 miles. 14-17 mph cruising pace. A leisurely ride with a lunch break. Play hooky and help me find out who has the best pizza in South Jersey. Meet at Lumberton Municipal Bldg. Municipal Drive between Rte 541 and Eayerstown Road. Leader: Jimmy M., 609-518-0744.

MONDAYS

6:00 p.m.

CLASS B+/A. JUSTIN'S MONDAY NIGHT TRAINING RIDE. 28 miles. 20-21 mph cruising pace. Two short sprint sections and one longer (2-3 mile) paceline stretch (25 mph+). Great ride for B/B+ riders looking to move up to A. Nobody gets dropped, rain will cancel. Meet at Lenape H.S., Church and Hartford Roads, Medford. Leader: Justin W., 856-778-0722.

TUESDAYS

6:00 p.m.

CLASS C. KOLMAN'S TUESDAY NIGHT RIDE. 22-25 miles. 12-14 mph cruising pace. C pace will be held. Breakaways for faster riders. Meet at Lenape H.S., Church and Hartford Roads, Medford. Leader: Kolman K., 856-787-9677, kkleinbord@comcast.net.

TUESDAYS

6:00 p.m.

CLASS B. CRITTER and DOLLY'S EVENING RIDE. 30 miles. 16-19 mph cruising pace. THE PACE WILL BE MAINTAINED. Breakaways. No one gets dropped. Rain cancels. Meet at Lenape H.S., Church and Hartford Roads, Medford. Leader: Critter. 609-410-2365, basket@uscom.com and Dolly, dbm@dbernard.net, 856-797-7332.

WEDNESDAYS

6:00 p.m.

CLASS C+. CRITTER' and DEBI'S C+ RIDE. 20-25 miles. 14-17 mph cruising pace. This REALLY is a C+ ride. Come on C/C+ riders!!!! THE PACE WILL BE HELD. Meet at Lenape H.S., Church and Hartford Roads, Medford. Leader: Critter, 609-410-2365, Debi, 609-267-5347, trailweasel@comcast.net.

THURSDAYS

6:00 p.m.

CLASS C. KOLMAN'S THURSDAY NIGHT RIDE. 22-25 miles. 12-14 mph cruising pace. C pace will be held. Breakaways for faster riders. Meet at Lenape H.S., Church and Hartford Roads, Medford. Leader: Kolman K., 856-787-9677, kkleinbord@comcast.net.

FRIDAYS

9:00 a.m.

CLASS C. FRIDAY MORNING RIDE. 30 miles. Come out and ride some of the original OCSJ routes (originally developed by Ruth Huking and Les Williams). This is a social ride. Please call if the weather is questionable. Meet at St. Peter's Church, Hartford Rd. and Taunton Blvd., Medford. Leader: Fran H., 856-786-0048, franhorn@aol.com.

AUGUST 2

Tuesday
9:00 a.m.

CANOE/KAYAK CEDAR CREEK. Enjoy a summer paddle in the amber waters of Cedar Creek from Ore Pond into Lanoka Harbor and to Berkeley Park (9 miles). If you have a GPS bring it to search for caches when we take our lunch and rest breaks. Option to takeout at Dudley Park (7 miles). Life vests must be worn. Contact leaders to confirm trip. Meet at Double Trouble Park Headquarters. Leaders: George & Leona F, 609-259-3734 or leona@pineypaddlers.com

AUGUST 3

Wednesday
5:30 p.m.

PADDLE SKILLS NIGHT AT LAKE LENAPE. Novice to advanced. Come out to the lake and work on your paddling skills in an informal setting with fellow paddlers. Practice or learn paddle strokes, rolling skills, self rescue, and safety techniques or just paddle around the lake. Interested beginners or first timers welcome. We have some gear for use. PFD's must be worn. Contact: John Kreutzer, Phone 609-412-2617. E-mail mrjnk347@msn.com

AUGUST 5

Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See July 1 listing for full hike description. The first Friday of each month there is an optional dessert/dinner stop after the hike. Meet at Brendan Byrne State Forest, Campground. Leaders: Alison and Mike Baker, 609-758-4768, 609-577-9004. mike@mikebaker.com, alison@mikebaker.com

AUGUST 6

Saturday
9:00 a.m.

CANOE/KAYAK THE NORTH BRANCH RANCOCAS CREEK. Paddle from the Greenwood Bridge to the quaint town of Pemberton. There are antique stores on the main street where we takeout. Meet at Burlington County Community College parking lot. For rentals please contact RJ Toad at Rollerrob@aol.com or 609-234-5287. Life vests must be worn. Contact leader to confirm trip. Leader: Dave L. Cell 908-692-6807 or Home 609-735-9109 or dlynch@dandy.net

AUGUST 6

Saturday
10:00 a.m.

ATLANTIC CITY BEACH HIKE. 9 miles, moderate pace. From A.C. to Margate. Hike, swim, gamble, dine or just spend the day at the Jersey shore. Bad weather cancels. Bring or buy lunch. Meet at Boardwalk in front of Caesar's Casino. NP. Leaders: Dave & Julie Hegelein, 856-235-8792.

AUGUST 7

Sunday
9:00 a.m.



SOCIAL KAYAK TRIP. We do the Egg Harbor River. We will have a pizza party after trip and a volleyball game. Call leader to reserve kayak, space is limited. PFD's must be worn. Meet at Palace Restaurant, Rt 322, Weymouth, Atl. Co., Leader: Paul Serdiuk 609-462-3593 eve. pis1@cccnj.net for additional information.

AUGUST 7
 Sunday
 9:00 a.m.



CANOE/KAYAK THE DELAWARE RIVER. We'll paddle from Kingwood Access to Bull's Island (8 miles) and have fun in the river at Stover Mills. We'll stop for lunch near the famous Hot Dog Man's river "restaurant" for paddlers; you can even buy lunch. Then we'll guide you through the ledges of Tumble Falls for some "river play" at Prah's Island. Take photos of the Devil's Tea Table, a rock formation high on the cliffs of NJ. Option to continue past Bulls Island to Lambertville Marina (7 miles). Life vests must be worn. Call to confirm trip and meeting location. Leaders: George & Leona F 609-259-3734 or leona@pineypaddlers.com

AUGUST 10
 Wednesday
 9:00 a.m.

THREE PARK HIKE. 7 miles, moderate pace. Cooper River, Neuton Lake, and Knight's Park will be included in this Pennsauken, NJ loop hike. Option to join us for lunch at a nearby restaurant after the hike. Meet in the parking lot of the Lobster Trap restaurant on North Park Drive in Pennsauken. Take Route #130 to Cuthbert Blvd. Go south on Cuthbert to the first light (North Park Drive). Turn right and go to restaurant parking lot (1/2 mile on left). NP. Leaders: Barb & Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com.

AUGUST 10
 Wednesday
 5:30 p.m.

PADDLE SKILLS NIGHT AT LAKE LENAPE. Novice to advanced. Come out to the lake and work on your paddling skills in an informal setting with fellow paddlers. Practice or learn paddle strokes, rolling skills, self rescue, and safety techniques or just paddle around the lake. Interested beginners or first timers welcome. We have some gear for use. PFD's must be worn. Contact John Kreutzer. Phone 609-412-2617. E-mail mrjnk347@msn.com

AUGUST 11
 Thursday
 7:30 p.m.



CLUB MEETING. Board of Trustees. Activity committees Leaders. St.Pius X Catholic Church, 344 Kresson Road, Cherry Hill. From I-295, get off exit 32 N toward Haddonfield: at Rt.154, Brace Road, turn right. At the next traffic light, turn onto Kresson Rd. Go 1/2 mile, Church is on right. If you need additional directions, call Walt or Jean Stelmaszyk, 856-429-9089.

AUGUST 12
 Friday
 7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See July 1 listing for full hike description. Meet at Brendan Byrne State Forest, Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com alison@mikebaker.com

AUGUST 12
 Friday
 7:30 p.m.

SOCIAL HIKE AND METEOR SHOWER. 6 miles, moderate pace. Short hike and then watch the Perseid Meteor Shower, a solar system spectacular. Bring snack type food to share at tailgate social after hike, blanket or chair to sit on. Meet in field behind Atsion office on Rt. 206, between Red Lion Circle and Hammonton, Burl, Co. NC/NP. Leader: Paul Serdiuk, 609-462-3593 eve., pis1@ccnj.net.

AUGUST 14
 Sunday
 9:00 a.m.

PADDLE THE MAURICE RIVER. Almond Road to Union Lake. This is the exploration to and across Union Lake in Millville. Bring water to drink, sun screen, hat as the lake offers no shelter. PFD's must be worn. Leader: Vicki S., 856-256-9568 or ravingwriter@netzero.com

AUGUST 14
Sunday
9:30 a.m.



SOCIAL TUBE FLOAT TRIP. Repeat of last year's great trip. 4 lazy hours floating down the Delaware River. Bring lunch with you in a small cooler, we will eat in picnic area after float trip. Bring snack to eat on river. NO alcohol on river! Bring change of clothes for optional tour of New Hope after trip. Call leader to reserve space by 11th. Meet at Bucks County River Country Outfitters, on Rt. #413, Point Pleasant, PA. Call leader for carpool info. NC/NP. Leader: Paul Serdiuk, 609-462-3593, pis1@cccnj.net.

AUGUST 16
Tuesday
10:00 a.m.

PADDLE THE EGG HARBOR RIVER, WEYMOUTH FORGE TO LAKE LENAPE. Meet at Weymouth Park, Rt 559 North of Rt 322. PFD's must be worn. Must call or email to confirm participation. Leader: Chuck Cooke, 856-825-9126. E-mail Kayaker650@aol.com

AUGUST 17
Wednesday
5:30 p.m.

PADDLE SKILLS NIGHT AT LAKE LENAPE. Novice to advanced. Come out to the lake and work on your paddling skills in an informal setting with fellow paddlers. Practice or learn paddle strokes, rolling skills, self rescue, and safety techniques or just paddle around the lake. Interested beginners or first timers welcome. We have some gear for use. PFD's must be worn. Contact John Kreutzer. Phone, 609-412-2617. E-mail mrjnk347@msn.com

AUGUST 18
Thursday
9:00 a.m.



KAYAK/CANOE - LEADERS CHOICE - water levels determine the river, most likely the Wading or Oswego. Meet before 9 a.m. at Pine Barrens Canoe Rental, Rt. 563, 8 miles S of Chatsworth. 1-800-732-0793. Bring lunch, water. PFD's must be worn. Leader: Becky S. E-mail preferred - quasar@snip.net - or call 856-218-7725.

AUGUST 19
Friday
6:00 p.m.

SOCIAL MOONLIGHT KAYAK TRIP. Paddle the Mullica river with a bbq after paddle. Some paddling experience required. Limited space, call leader to reserve space. Please bring picnic type food to share after paddle. Meet at Bel Haven Canoe Rentals, on Rt. 543, 12 miles east of Hammonton, Atl. Co. Bring flashlight and whistle. PFD's must be worn. Leader: Paul Serdiuk 609-462-3593 eve. pis1@cccnj.net

AUGUST 19
Friday
7:00 p.m.

FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See July 1 listing for full hike description. Meet at Brendan Byrne State Forest, Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com alison@mikebaker.com

AUGUST 20
Saturday
9:00 a.m.



CANOE/KAYAK IN THE DELAWARE WATER GAP. Day 1 of two days on the Delaware. We'll enjoy a scenic paddle on the middle section of the longest un-dammed river east of the Mississippi. For weekend camping contact the Delaware River Family Campgrounds at www.drfcnj.com or 1-888-543-0271. Our trip will begin at Dingmans Ferry and end 10 miles later at Bushkill Falls. We will see bald eagles, great blue herons and egrets along the way. PFD's must be worn. Meet at the Kittatinny Point Info Center, Rt 80, NJ. Call to confirm trip. Leaders: George and Leona F., 609-259-3734 or leona@pineypaddlers.com

AUGUST 20
 Saturday
 9:00 a.m.
 9:30 a.m.

BELTZVILLE STATE PARK, PA HIKE & SWIM. 6 miles, moderate pace. This Pa. State Park just beyond the Turnpike's Northeast Extension tunnel has a sand beach, changing facilities with showers and shaded hiking trails. We will hike about 6 miles and then head for the beach. Bring lunch. Optional dinner afterwards for those interested. Depart from Germantown & Rex Aves. in Chestnut Hill (Phila., PA) at 9:00 A.M. sharp or meet in Strawbridge's parking lot adjacent to Germantown Pike at Plymouth Meeting Mall (off PA turnpike interchange #333 - Norristown) for departure at 9:30 A.M. sharp. NP. Leader: Milt C., 856-983-9076.

AUGUST 20
 Saturday
 10:00 a.m.



FULL MOON OVER THE MULLICA RIVER PADDLE. We meet at Atsion Park Office and will put in close to there on 206, taking out at Pleasant Mills. PFD's must be worn. Leader: Vicki S., 856-256-9568 or ravingwriter@netzero.com

AUGUST 20
 Saturday
 7:30 p.m.

SOCIAL MOONLIGHT HIKE. 6 miles, moderate pace. Hike dirt roads lit by moonlight in the Pines. Bring swim wear, chair or blanket. Bring snack type food to share at tailgate social after hike. Meet at Lake Oswego parking lot on Lake Oswego Road, off Rt. #563, 8 miles S. of Chatsworth, Burl, Co. NC/NP. Leader: Paul Serdiuk, 609-462-3593 eve., pis1@cccnj.net.

AUGUST 21
 Sunday
 9:00 a.m.



CLASS C. FAMOUS BAGEL RIDE. 30 miles. Great ride in Burlington County with a bagel stop. Meet at Moorestown H.S., Bridgeboro Road, Moorestown. Leader: Fran H., 856-786-0048, franhorn@aol.com.

AUGUST 21
 Sunday
 9:00 a.m.

MENANTICO CREEK MYSTERY TRIP. Mystery Starting and Ending points. Experienced Paddlers Only. Must know how to handle their craft in a tight fast twisty log-clogged creek. Those who done this trip before, can tell you its one of a kind. Water Level Dependent. PFD's must be worn Call Leader for Meeting Point. John Kee 856-691-3047, taxman56@aol.com

AUGUST 21
 Sunday
 9:00 a.m.

CANOE/KAYAK IN THE DELAWARE RIVER. Day 2 of two days on the Delaware. We will paddle 14 miles from Kittatinny Point to the Belvidere access area on Front St., Belvidere, NJ. For weekend camping contact the Delaware River Family Campgrounds at www.drncnj.com or 1-888-543-0271. Meet at the Kittatinny Point Info Center, Rt 80, NJ. Please contact leaders to confirm trip. Life vests must be worn. Leaders: George & Leona F., 609-259-3734 or leona@pineypaddlers.com

AUGUST 21
 Sunday
 9:00 a.m.



SOCIAL BIKE RIDE. Class D ride. 20 miles. Suitable for beginners. Bull's Island to Frenchtown on D&R canal tow path. Suited for mountain and hy-bred bikes. Bring water snack for ride and picnic type food to share for tailgate social after ride. Meet at Bull's Island parking lot, closest to the road, Rt.29, 3 miles N. of Stockton. Leader Paul Serdiuk 609-462-3593.

AUGUST 21
 Sunday
 9:30 a.m.

CANOE THE SOUTHWEST BRANCH OF THE RANCOCAS. No shuttle trip. Canoe upstream to Medford Park for lunch and return. Easy flat water, some clearing a possibility. No rentals. PFD's must be worn Must call leader, between 6 and 10 p.m. M-F or Sat .10 a.m. - 10 p.m., to confirm. Leader: Harry Barok, 856-985-6172.

AUGUST 24
 Wednesday
 10:00 a.m.



MERCER COUNTY CENTRAL PARK HIKE. 9 miles, moderate pace. An Edinberg, NJ loop hike around Lake Mercer. Bring lunch; we will eat on trail. Meet at Marina parking lot. Take N.J. Turnpike to exit 7A (Rt.#195). Take Rt. #195. West about 2 miles to exit 5 (Rt. #130). Follow Rt.#130 North about 1 mile to intersection (traffic light) with Rts #33/#526 in Robbinsville. Turn left and go to next traffic light (Rt. #526 Robbinsville-Edinberg Road). Turn right and travel 3 miles to dead end (at Rt. #535 (Edinberg Road). Turn left and go just a bit to entrance of park on right. Enter and continue straight ahead on this road slightly over 1 mile. Marina driveway is on right, across from Park Ranger headquarters. NP. Leaders: Barb and Ray Wittkop, 856-662-4012, BarbnRayHikers@aol.com.

AUGUST 24
 Wednesday
 5:30 p.m.

PADDLE SKILLS NIGHT AT LAKE LENAPE. Novice to advanced. Come out to the lake and work on your paddling skills in an informal setting with fellow paddlers. Practice or learn paddle strokes, rolling skills, self rescue, and safety techniques or just paddle around the lake. Interested beginners or first timers welcome. We have some gear for use. PFD's must be worn. Contact John Kreutzer. Phone, 609-412-2617. E-mail: mrjnk347@msn.com

AUGUST 25
 Thursday
 10:00 a.m.



CANOE/KAYAK THE GREAT EGG HARBOR RIVER. We'll paddle 9 miles from Penny Pot to Weymouth Furnace. Meet at the Harley Dawn Diner, Black Horse Pike; arrive early for breakfast. For rentals contact Paddle Shack at 609-909-5250 or www.paddleshack.com. Life vests must be worn. Contact leaders to confirm trip. Leaders George & Leona F., 609-259-3734 or lfluck@pineypaddlers.com

AUGUST 26
 Friday
 7:00 p.m.

FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See July 1 listing for full hike description. Meet at Brendan Byrne State Forest, Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com alison@mikebaker.com

AUGUST 27
 Saturday
 9:00 a.m.

CANOE/KAYAK THE MULLICA RIVER. We launch at the old Cotton Mill ruins at Atsion, which are on the south side of the Mullica one-quarter mile off Rt. 206. From there we paddle 14 miles to the Pleasant Mills takeout, stopping along the way for lunch. There is also the option of continuing to Crowley's landing to join the Sunset Trip Paddlers for a cookout. Bring your favorite cook out/picnic food. Meet at the Wharton State Forest Atsion Park Office on Rt. 206. Life vests must be worn. Please call to confirm trip. Leaders: George & Leona F, 609-259-3734 or leona@pineypaddlers.com

AUGUST 27
 Saturday
 10:00 a.m.

PENNYPACK PARK HIKE. 8 miles, moderate pace. A N.E. Philadelphia loop hike. Bring lunch for the trail or when we finish, depending on weather. Meet at the parking lot off Rhawn St. by the small stone building. This is about 5 minutes from Tacony Palmyra bridge. Cross bridge and take second right at the base (State Road (Rt. 73)). Stay to left when you come to fork in road (New State Road). Continue on New State Road to Rhawn St. (1.7 miles from T-P bridge). Turn left on Rhawn and go 1.6 miles to park entrance on left. NP. Leaders: Barb & Ray Wittkop, 856-662-4012. BarbnRayHikers@aol.com

AUGUST 27
Saturday
4:00 p.m.

SUNSET CRUISE AND COOKOUT. On the Mullica River. Bring your favorite cook out/picnic food. Grills will be fired up and ready at Crowley's Landing for the dinner stop. PFD's must be worn. *YOU MUST BRING FLASHLIGHT AND REMAIN WITH GROUP.* Meet at Pleasant Mills (Mullica River put-in off of Rte. 542, before Batsto Village.) Leaders: Kathy and Frank Pearce, 856-767-2780

AUGUST 27
Saturday
4:30 p.m.

SOCIAL SUNSET HIKE & SWIM AFTER HIKE. 6-7 miles, moderate pace. Enjoy a sunset on the river as we cool off in the river in the late afternoon. Bring swim wear, picnic type food to share at the tailgate social after the hike. Pets must be leashed. Meet at Atsion Office, off Rt. 206, between Hammonton and Red Lion Circle, Burl Co. NP. Leader: Paul Serdiuk, 609-462-3593 eve. or pis1@cccnj.net.

AUGUST 28
Sunday
9:00 a.m.

PADDLE THE MAURICE RIVER. We will start at Willow Grove Lake and go to Sherman Ave. (long trip). Option to take out at Almond Road at the park. Meet at the WAWA on Delsea Drive and Route 40. PFD's must be worn. Leader: Vicki S., 856-256-9568 or ravingwriter@netzero.com

AUGUST 30
Tuesday
11:00 a.m.



PADDLE WITH THE TIDE ON THE CROSSWICKS/HAMILTON-TRENTON-BORDENTOWN MARSH. New and beginning paddlers are welcome. The HTB Marsh is the northernmost freshwater tidal area on the Delaware and it will soon be the subject of an NJN documentary in the fall. We paddle up with the tide to Roebing Park on Watson's Creek where we'll stop for lunch and grill hot dogs. Life vests must be worn. For rentals contact RJ Toad at Rollerrob@aol.com or 609-234-5287. Please contact leaders to confirm trip. Meet at Bordentown Beach. Leaders: George & Leona F., 609-259-3734 or Leona@pineypaddlers.com

AUGUST 31
Wednesday
5:30 p.m.

PADDLE SKILLS NIGHT AT LAKE LENAPE. Novice to advanced. Come out to the lake and work on your paddling skills in an informal setting with fellow paddlers. Practice or learn paddle strokes, rolling skills, self rescue, and safety techniques or just paddle around the lake. Interested beginners or first timers welcome. We have some gear for use. PFD's must be worn Contact John Kreutzer Ph. 609-412-2617. E-mail mrjnk347@msn.com





SEPTEMBER



In life, what sometimes appears to be the end is really a beginning.

RESERVATIONS AND DEADLINES

Act Now! Make your reservations as soon as possible. Spaces usually are limited. Don't miss out by waiting too long.

LABOR DAY WEEKEND IN JIM THORPE, PA. September 3-5.

TUCKERTON CREEK KAYAK TRIP. September 10.

SOCIAL MOONLIGHT KAYAK TRIP. September 16.

BUS TRIP NEW YORK CITY. September 17.

SOCIAL INTRODUCTION TO CAMPING, MAP READING, AND SURVIVAL TECHNIQUES. See September 24 .

SANDY HOOK FISH AND HIKE. September 25.

CHECK OCSJ WEBSITE (ocsj.org) OR HOTLINE (856-427-7777), FOR UP-TO-DATE WEEKDAY OR WEEKEND ACTIVITIES/RIDES LISTINGS. ALL BICYCLE RIDES ARE ON THE WEB SITE. ADDED OR CANCELED ACTIVITIES WILL BE ON LINE ALSO. CHECK THEM OUT!

RECURRING ACTIVITIES

MONDAYS
10:30 a.m.



CLASS C+/B. MILD DAY MONDAY RIDE. 35-50 miles. 14-17 mph cruising pace. A leisurely ride with a lunch break. Play hooky and help me find out who has the best pizza in South Jersey. Meet at Lumberton Municipal Bldg. Municipal Drive between Rte 541 and Eayerstown Road. Leader: Jimmy M., 609-518-0744.

MONDAYS
6:00 p.m.

CLASS B+/A. JUSTIN'S MONDAY NIGHT TRAINING RIDE. 28 miles. 20-21 mph cruising pace. Two short sprint sections and one longer (2-3 mile) paceline stretch (25 mph+). Great ride for B/B+ riders looking to move up to A. Nobody gets dropped, rain will cancel. Meet at Lenape H.S., Church and Hartford Roads, Medford. Leader: Justin W., 856-778-0722.

TUESDAYS
6:00 p.m.

CLASS C. KOLMAN'S TUESDAY NIGHT RIDE. 22-25 miles. 12-14 mph cruising pace. C pace will be held. Breakaways for faster riders. Meet at Lenape H.S., Church and Hartford Roads, Medford. Leader: Kolman K., 856-787-9677, kkleinbord@comcast.net.

TUESDAYS
6:00 p.m.

CLASS B. CRITTER and DOLLY'S EVENING RIDE. 30 miles. 16-19 mph cruising pace. THE PACE WILL BE MAINTAINED. Breakaways. No one gets dropped. Rain cancels. Meet at Lenape H.S., Church and Hartford Roads, Medford. Leader: Critter. 609-410-2365, basket@uscom.com and Dolly, dbm@dbernard.net, 856-797-7332.

WEDNESDAYS
6:00 p.m.

CLASS C+. CRITTER' and DEBI'S C+ RIDE. 20-25 miles. 14-17 mph cruising pace. This REALLY is a C+ ride. Come on C/C+ riders!!!! THE PACE WILL BE HELD. Meet at Lenape H.S., Church and Hartford Roads, Medford. Leader: Critter, 609-410-2365, Debi, 609-267-5347, trailweasel@comcast.net.

THURSDAYS
6:00 p.m.

CLASS C. KOLMAN'S THURSDAY NIGHT RIDE. 22-25 miles. 12-14 mph cruising pace. C pace will be held. Breakaways for faster riders. Meet at Lenape H.S., Church and Hartford Roads, Medford. Leader: Kolman K., 856-787-9677. kkleinbord@comcast.net.

FRIDAYS
9:00 a.m.

CLASS C. FRIDAY MORNING RIDE. 30 miles. Come out and ride some of the original OCSJ routes (originally developed by Ruth Huking and Les Williams). This is a social ride. Please call if the weather is questionable. Meet at St. Peter's Church, Hartford Rd. and Taunton Blvd., Medford. Leader: Fran H., 856-786-0048, franhorn@aol.com.

SEPTEMBER 1
Thursday
9:00 a.m.

CANOE/KAYAK CEDAR CREEK. Summer's coming to an end – come out and paddle in the amber waters of Cedar Creek from Dover Forge to Dudley Park (9 miles). Option to continue 2 more miles into Lanoka Harbor and takeout at Berkeley Park. Life vests must be worn. Please contact leaders to confirm trip. Meet at Double Trouble Park Headquarters. Leaders George & Leona F., 609-259-3734 or leona@pineypaddlers.com

SEPTEMBER 2
Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See July 1 listing for full hike description. The first Friday of each month there is an optional dessert/dinner stop after the hike. Meet at Brendan Byrne State Forest, Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004. mike@mikebaker.com, alison@mikebaker.com

SEPTEMBER 3-5
Sat.-Mon.

LABOR DAY WEEKEND IN JIM THORPE, PA. Two nights, three days stay at the Inn Jim Thorpe. We can bike for 25 miles in the Lehigh Gorge State Park; swim, fish, hike, mountain bike or kayak in the Mauch Chunk Lake Park and the nearby Beltsville State Park. Ride the train for 8 to 40 miles round trip through the scenic Lehigh River Gorge. Visit the Old Jail or a coal mine. Two buffet breakfasts included. We eat at wonderful local restaurants for dinner. Call the Inn at Jim Thorpe for a room reservation 1-800-329-2599. Reservation is under "Carey". Rooms are \$99 to \$129 per night. Deposits are required to reserve a bike shuttle. Call Pat or Bruce by July 15th at (609) 877-5872.

SEPTEMBER 4
Sunday
10:00 a.m.

CANOE/KAYAK THE MAURICE RIVER. Willow Grove to Almond Road. Meet at garden Rd. and the River, Brotmanville, exit 35, Rt.55. PFD's must be worn. Leaders: Cindi and Chuck Cooke, 856-825-9126 or e-mail Luvkayak2@aol.com

SEPTEMBER 5
Monday
9:00 a.m.

CANOE/KAYAK THE DELAWARE RIVER. Celebrate Labor Day paddling from Kingwood Access to Lambertville Marina (15 miles) or optional takeout at Bulls Island (8 miles). We'll play in the river features at Stover Mills and stop for lunch near the famous Hot Dog Man's river "restaurant" for paddlers; you can even buy lunch. Then we'll guide you through the ledges of Tumble Falls for some "river play" at Prah's Island. Life vests must be worn. Call to confirm trip and meeting location. Leaders: George & Leona F 609-259-3734 or Leona@pineypaddlers.com

SEPTEMBER 7 **YARDLEY CANAL HIKE.** 10 miles, moderate pace. Hike from Washington Crossing Historical Park/PA to a little past Yardley and back. Meet at Washington Crossing Historical Park parking lot (Penna.), off of PA, Rt. 32. Leaders: Heinz Knaupp, 609-801-1168, Bill Poulson, 856-983-7609.

SEPTEMBER 8 **CLUB MEETING.** Board of Trustees. Activity committees Leaders. St.Pius X Catholic Church, 344Kresson Road, Cherry Hill. From I-295, get off exit 32 N toward Haddonfield: at Rt.154, Brace Road, turn right. At the next traffic light, turn onto Kresson Rd. Go 1/2 mile, Church is on right. If you need additional directions, call Walt or Jean Stelmaszyk, 856-429-9089.

SEPTEMBER 9 **KAYAK/CANOE - LEADERS CHOICE** - water levels determine the river, most likely the Wading or Oswego. Meet before 9 am at Pine Barrens Canoe Rental, Rt 563, 8 miles S of Chatsworth. 1-800-732-0793. Bring lunch, water. PFD's must be worn. Leader: Becky S. E-mail preferred - quasar@snip.net - or call 856-218-7725.

SEPTEMBER 9 **FRIDAY NITE FITNESS HIKE.** 8-10 miles, fast pace. See July 1 listing for full hike description. Meet at Brendan Byrne State Forest, Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com alison@mikebaker.com

SEPTEMBER 10 **DELAWARE RIVER CANALS HIKE.** 7.5 or 15 miles, moderate pace. Hike the D&R Canal (N.J.) and the Delaware Canal (Pa.) between Lambertville-New Hope and Bull's Island. Bring lunch. Meet at the free parking lot (gravel surface) on the Delaware River immediately behind the Lambertville Station hotel (NOTE: there may be someone charging to park for the Lambertville Station, paved lot. Proceed past that person, telling him/her you are going to the free parking area). . Hotel is at Bridge St. at the Delaware River in Lambertville. From SJ: I-295 N to I-95 toward Pa. to Route 29 N to Lambertville. Route 29 is last exit in N.J. NP. Leader: Joe Sapia, 732-521-1283, Snufftin@aol.com.

SEPTEMBER 10 **CANOE/KAYAK THE NORTH BRANCH RANCOCAS CREEK.** Paddle from the Greenwood Bridge to the quaint town of Pemberton. There are antique stores on the main street where we takeout. Meet at Burlington County Community College parking lot. For rentals please contact RJ Toad at Rollerrob@aol.com or 609-234-5287. Life vests must be worn. Contact leader to confirm trip. Leader: Dave L. Cell 908-692-6807 or Home 609-735-9109 or dlynch@dandy.net

SEPTEMBER 10 **TUCKERTON CREEK KAYAK TRIP** – 10:00 a.m. to approximately 2:00 p.m. Drop-in at First Bridge Marina & Kayaks, 500 Great Bay Blvd, Tuckerton, Lunch at Stewart's Root Beer and return. Novice/Intermediate. This is a joint trip with Great Bay Paddlers. Rentals available, Call Rusty @ First Bridge Marina – 609-296-1888. This trip consists of sheltered creek and opens bay paddling, weather permitting. Stewart's is on Rt. 9 next to Tuckerton Seaport. PFD's must be worn. Call or e-mail leader to confirm. Leader: Roger Marcotte, 609-812-0201 or Rogercotte@aol.com

SEPTEMBER 10
Saturday
10:00 a.m.

MULLICA RIVER HIKE AND SWIM. 6-7 miles, moderate pace. We'll hike over sand roads and trails and dip on the way. Must have old sneakers or swim shoes for the dip. And swim wear. Meet in woods in front of Pleasant Mills church. On Rt. 542 at the jct. of CR 643, between Hammonton and Batsto. Leader: Christine Denneler, 856-461-5379.

SEPTEMBER 11
Sunday
10:00 a.m.



CANOE/KAYAK CEDAR CREEK. It's George's b'day!! We'll eat cake and paddle Cedar Creek from Ore Pond to Dudley Park (7 miles). If you have a GPS bring it to search for caches when we take our lunch and swim breaks. Life vests must be worn. Please contact leaders to confirm trip. Meet at Double Trouble Park Headquarters. Leaders George & Leona F., 609-259-3734 or leona@pineypaddlers.com

SEPTEMBER 14
Wednesday
10:00 a.m.

PRINCETON – PT. MERCER CANAL HIKE. 7 miles, moderate pace. Hike along D&R canal from Princeton south to Pt. Mercer and back. Bring lunch and beverage. Meet in Princeton at Washington Rd and Faculty Rd parking lot area. Next to the bridge; entrance from Faculty Rd. Take Rt. #295 to Rt. #1; proceed to Washington Rd and follow into Princeton. Leaders: Heinz Knaupp, 609-801-1168. Bill Poulson, 856-983-7609.

SEPTEMBER 15
Thursday
11:00 a.m.

PADDLE WITH THE TIDE ON THE CROSSWICKS/HAMILTON-TRENTON-BORDENTOWN MARSH. We paddle with the "fruit moon" tide on the Crosswicks Creek to Roebling Park on Watson's Creek where we'll have lunch and then take a short walk to Spring Lake. Life vests must be worn. For rentals contact RJ Toad at Rollerrob@aol.com or 609-234-5287. Please contact leaders to confirm trip. Meet at Bordentown Beach. Leaders: George & Leona F., 609-259-3734 or Leona@pineypaddlers.com

SEPTEMBER 16-17
Friday/Saturday
5:00 p.m.

SPEND THE NIGHT ON THE BATTLESHIP NEW JERSEY. Arrive at the ship at 1700 hrs (5 PM). Liberty call 0900 the next morning. You will sleep in the crews berthing area and experience the ship as the sailors did; 3 high bunks and no privacy. Participate in a Fire drill, evening colors, dinner through the chow line and eat in the mess decks. Then a one & a half-hour tour of the ship plus a ride in the flight simulator, taps at 2300 hrs. Reveille at 0600 breakfast and morning colors. \$49.00 per person. You MUST bring one 7 to 18-y/o child. Group size limited to 300 people. Reservation & Payment DEADLINE! Aug. 15, 2005. Info packet available by email. Leader: Rolland Garber, 856-931-0596, r.garber@battleshipnewjersey.org

SEPTEMBER 16
Friday
6:00 p.m.

SOCIAL MOONLIGHT KAYAK TRIP. Paddle the Mullica river with a bbq after paddle. Some paddling experience required. Limited space, call leader to reserve space. Please bring picnic type food to share after paddle. Meet at Bel Haven Canoe Rentals, on Rt. 543, 12 miles east of Hammonton, Atl. Co. Bring flashlight and whistle. PFD's must be worn. Leader: Paul Serdiuk 609-462-3593 eve. pis1@ccnj.net

SEPTEMBER 16
Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See July 1 listing for full hike description. Meet at Brendan Byrne State Forest, Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com alison@mikebaker.com

SEPTEMBER 17
 Saturday
 7:30 a.m.



BUS TRIP NEW YORK CITY. New York, New York, that wonderful town, etc., etc. And don't forget San Gennaro's Fair! We drop you off at South Street Seaport and pick you up for the return at 7:00 p.m. sharp. There will be one bus only this year, so please mail your checks in ASAP (make checks payable to OCSJ, P.O. Box 455, Cherry Hill, N.J. 08003-0455. Please include phone number and SASE for confirmation of your reservation). Cost is \$18 per person. **ADVANCE RESERVATIONS ARE A MUST! NO REFUNDS!** Bus departs on time, rain or shine, from the big flagpole, Haddonfield Rd. side of Cherry Hill Mall. Meet there at 7:00 a.m. Leader: Jean Stelmazyk, 856-429-9089, babciajean@earthlink.net.

SEPTEMBER 17
 Saturday
 9:00 a.m.

CANOE/KAYAK THE GREAT EGG HARBOR RIVER. We'll paddle 9 miles from Penny Pot to Weymouth Furnace. Option to continue to Lake Lenape. Meet at the Harley Dawn Diner, Black Horse Pike; arrive early for breakfast. For rentals contact Paddle Shack at 609-909-5250 or www.paddleshack.com. Life vests must be worn. Contact leaders to confirm trip. Leaders George & Leona F, 609-259-3734 or fluck@pineypaddlers.com

SEPTEMBER 17
 Saturday
 9:30 a.m.
 11:00 a.m.



CORSON'S INLET HIKE & SWIM. 5-8 miles, moderate pace. Hike in and around this Jersey shore state park at the south end of Ocean City. Bring lunch, bathing suit, sneakers, boogie board (if so inclined), sunscreen and bug repellent. Optional dinner at the shore for those interested. Meet at Olga's Diner at the Marlton Circle – intersection of NJ routes 70 & 73 for departure at 9:30 A.M. sharp or meet at the south end of Ocean City, end of Central Ave. (between 58th & 59th Streets) at 11:00 A.M. NP. Leader: Milt C., 856-983-9076.

SEPTEMBER 17
 Saturday
 7:30 p.m.

SOCIAL MOONLIGHT HIKE. 6 miles, moderate pace. Hike dirt roads lit by moonlight in the Pines. Bring swim wear, chair or blanket. Bring snack type food to share at tailgate social after hike. Meet at Lake Oswego parking lot on Lake Oswego Road, off Rt.#563, 8 miles S. of Chatsworth, Burl. Co. NC/NP. Leader: Paul Serdiuk, 609-462-3593 eve., pis1@cccnj.net.

SEPTEMBER 17-18
 Sat. - Sun.

BACKPACK CULVERS GAP TO BUTTERMILK FALLS ON THE AT IN NJ. Approx. 10 miles. Leader Crysti J. 856-629-0414.

SEPTEMBER 18
 Sunday
 9:00 a.m.



CLASS C. FAMOUS BAGEL RIDE. 30 miles. Great ride in Burlington County with a bagel stop. Meet at Moorestown H.S., Bridgeboro Rd., Moorestown. Leader: Fran H., 856-786-0048, franhorn@aol.com.

SEPTEMBER 18
 Sunday
 9:30 a.m.

CANOE/KAYAK THE DELAWARE RIVER. We'll paddle from Kingwood Access to Lambertville Marina (15 miles). No rentals. Must call leader, between 6 and 10 p.m. M-F or Sat .10 a.m.- 10 p.m., to confirm. PFD's must be worn. Leader: Harry Barok, 856-985-6172.


SEPTEMBER 18
 Sunday
 10:00 a.m.

BYRNE STATE FOREST ROUNDABOUT HIKE. 7-9 miles, moderate pace. Hiking a combination of roads and trails we take a circuitous route out Pakim Pond. Bring lunch, beverage. Meet at Pakim Pond, Byrne State Forest, off Rt. 72, a mile SE of jct. Rts. #70/72. Follow signs. Leader: Joseph Trujillo, 856-468-4849.

SEPTEMBER 18
 Sunday
 10:00 a.m.
CANOE/KAYAK THE MAURICE RIVER. Willow Grove to Almond Road. Meet at garden Rd. and the River, Brotmanville, exit 35,Rt.55. PFD's must be worn Leaders: Cindi and Chuck Cooke, 856-825-9126 or email Luvkayak2@aol.com

SEPTEMBER 18
 Sunday
 10:00 a.m.
CARRANZA CONVOLUTE IV. 10-11 miles, moderate pace. This loop hike will feature sand roads, cranberry bogs, fire cuts, game trails in the Carranza woods! Your boots will not touch the same ground. Meet at Carranza. NC,NP. Leaders: Jack & Chieko Hoffman, 856-784-8104, jackpak2@juno.com.

SEPTEMBER 18
 Sunday
 1:00 p.m.
SOCIAL KAYAK TRIP. Late afternoon paddle on the Mullica River. Join us after all the chores are done. A beautiful sunset guaranteed. Bring picnic type food to share at our bbq after trip. Call leader to reserve kayak. Meet at Bel-Haven Canoe Rentals, on Rt. 543,12 miles east of Hammonton, Atl. Co. Leader: Paul Serdiuk 609-462-3593 eve. or pis1@cccnj.net.

SEPTEMBER 19
 Monday
 9:00 a.m.

PADDLE THE WADING RIVER FROM SPEEDWELL TO BEAVER BRANCH. This is a long trip and for experienced paddlers. Option to takeout earlier at Evans Bridge. Meet at Pine Barrens. Canoe Rental, Rt 563, Chatsworth. Life vests must be worn. For rentals contact Pine Barrens Canoe Rental at www.pinebarrenscanoe.com or 609-726-1515. Please call or e-mail leaders to confirm trip. Leaders: George & Leona F, 609-259-3734 or leona@pineypaddlers.com

SEPTEMBER 21
 Wednesday
 10:00 a.m.
TITUSVILLE & WASHINGTON CROSSING PARK HIKE. 7-8 miles, moderate pace. Along Delaware River and D&R Canal through an interesting town with many original mid-1800s buildings to view. Then we switch to a woods trail through historic Revolutionary War site. Bring lunch. From S.J. take I-295 N to I-95 S; follow to last exit in NJ, Rt. 29. Proceed N to jct. with Rt. 546. Turn left, go short distance, turn right into parking lot. Leaders: Bill Poulson, 856-983-7609. Heinz Knaupp, 609-801-1168.

SEPTEMBER 23
 Friday
 7:00 p.m.

FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See July 1 listing for full hike description. Meet at Brendan Byrne State Forest, Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com alison@mikebaker.com

SEPTEMBER 24
 Saturday
 9:00 a.m.
CANOE/KAYAK THE NORTH BRANCH RANCOCAS CREEK. Paddle from the Greenwood Bridge to the quaint town of Pemberton. There are antique stores on the main street where we takeout. Meet at Burlington County Community College parking lot. For rentals please contact RJ Toad at Rollerrob@aol.com or 609-234-5287. Life vests must be worn. Contact leader to confirm trip. Leader: Dave L. Cell 908-692-6807 or Home 609-735-9109 or dlynch@dandy.net

SEPTEMBER 24
 Saturday
 10:00 a.m.
PENN STATE FOREST HIKE. 8.5 miles, moderate pace. View the open expanses! Gaze upon the dwarf pines! Breathe the fresh air blowing in from Lake Oswego! We will loop around this remote treasure of New Jersey. And we will heap praise and honor upon anyone who can tell us what makes the dwarf pines stop growing. Meet at Oswego. Leaders: George Galcik,

856-783-8329, georgegalcik@comcast.net., Jack Hoffman, 856-784-8104, jackpak2@juno.com.

SEPTEMBER 24
Saturday
1:00 p.m.



SOCIAL INTRODUCTION TO CAMPING, MAP READING, AND SURVIVAL TECHNIQUES. Learn how to set up a tent, start a fire, and read a map. Several Outfitters have been invited to bring sample tents and equipment to try out. Seminars on other topics are planned. A great way to learn the how-to's of camping and some practical outdoor skills. Contact Leader to reserve a spot. Meet at open field next to Atsion Park Office, Atsion Lake, Rt 206, between Rt 70 and Hammonton, NJ. Leader: Paul Serdiuk, 609-462-3593 eve. or pis1@cccnj.net.

SEPTEMBER 24-25
Sat.-Sun.

ALL CLASSES. MS CITY TO SHORE BIKE RIDE. Ride for a very worthwhile cause. Contact www.ms150biketour.org or Critter, basket@uscom.com for information. Join Team OCSJ, the largest cycling team in the event.

SEPTEMBER 25
Sunday
7:30
a.m./4:00
p.m.



SANDY HOOK FISH AND HIKE. 6 miles, moderate pace. This hike includes the Sandy Hook Lighthouse and Ft. Hancock. There is no charge for admission. Severe weather may cancel. NP. Meet at 4:00 p.m. at the Visitor Center parking lot. Take N.J. Turnpike to Exit 7A, Rt. #195 EAST. Continue to Garden State Pkwy NORTH. Proceed to Exit #105. Follow Rt #36 EAST for 11 miles to Park Entrance. There is the option to go on a fishing trip on a party boat from the N.J. Highlands (just across the bridge from Sandy Hook) prior to this hike. The boat leaves at 7:30 A.M. and returns at 2:30 P.M. Rods and bait are included in the fare. Registration is required for either of these events by Friday, 9/23. No calls or email on Saturday, 9/24. Leaders: Barb and Ray Wittkop, 856-662-4012, BarbnRay@aol.com.

SEPTEMBER 25
Sunday
8:00 a.m.

SOCIAL HARTSHORNE WOODS PARK HIKE. 6 miles, moderate pace. We will hike a trail with hills and great view of Navesink River. Good physical condition and proper footwear recommended. Bring lunch and water with you. Meet in rear parking lot Hilton Hotel, on Rt. #70 Cherry Hill, to carpool/caravan or meet at 10:00 a.m. at Buttermilk Valley Trailhead, Navasink Avenue off Rt. #36, Middletown N.J., Mon. Co. Leaders: Paul Serdiuk, 609-462-3593 eve., pis1@cccnj.net., Michelle & Ray Bradford, 732-780-5661.

SEPTEMBER 25
Sunday
10:00 a.m.

CANOE/KAYAK THE OSWEGO RIVER. Meet at Lake Oswego and enjoy a 7-mile paddle on one of the most beautiful Pineland rivers. Life vests must be worn. For rentals contact Pine Barrens Canoe Rental at: www.pinebarrenscanoe.com or 609-726-1515. Please call leaders to confirm trip. Leaders George & Leona F., 609-259-3734 or leona@pineypaddlers.com

SEPTEMBER 26
Monday
7:00 p.m.



SKIERS MEETING AT THE MT. LAUREL PUBLIC LIBRARY. (100 Walt Whitman Av., Mt Laurel). Learn about the trips with latest updates. Meet the leaders. Chance for sign-ups. Directions, call Eileen Greve 609 267-3598.

SEPTEMBER 28
Wednesday
10:00 a.m.

FOURTH ANNUAL PHILA. WALK. 8 miles, moderate pace. Walk through interesting neighborhoods, historic sites, and the waterfront. Bring lunch. Meet at Visitor Center at 6th and Market Sts. (NE corner). Suggest using PATCO Hi-Speed Line. Many of us will leave from Woodcrest Station @9:00 a.m. NP. Leaders: Joe Hummel, 856-235-8817. Bill Poulson, 856-983-7609.

SEPTEMBER 29
Thursday
11:00 a.m.



CANOE/KAYAK THE SOUTH BRANCH RANCOCAS CREEK. Burlington County is a leader in open space preservation and protection and the Rancocas Creek watershed is the largest in south central NJ. This is a beautiful tidal area; great for sea kayaks too. Bring your binoculars to look for Great blue herons, eagles, hawks, etc. Thanks to Judy N. for sharing one of her favorite rivers with us! We'll meet at Flo's Tavern in Hainesport. Flo's has a very good takeout menu, so you can buy lunch there. We'll paddle up the river with the tide, have our lunch break and then return with the tide. This is a shuttleless trip. Life vests must be worn. Contact leaders to confirm trip. Leaders: Leona & George F. 609-259-3734 or Leona@pineypaddlers.com

SEPTEMBER 30
Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See July 1 listing for full hike description. Meet at Brendan Byrne State Forest, Campground. Leaders: Alison and Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com alison@mikebaker.com



*Blue to the north is a sky so clear
It means the corner of the year
Has been turned, from now on all
Leaves and men face to the Fall.*

Outdoor Club of South Jersey Store

(Store Manager: Norm Lucas, 609-654-5893)

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Circle the size and enter the quantity desired:

- CLUB PATCH** Qty. _____
Embroidered, yellow, green, blue, black \$2.00 each + (*S&H \$.45)
- CLUB DECAL** Qty. _____
Colors, as above, for outside car window \$1.00 each + (*S&H \$.45)
- CLUB PIN** Qty. _____
Enamel, colors as above, for hat, lapel, pack \$1.00 each + (*S&H \$.45)
- CLUB SWEATSHIRTS** Qty. _____ Size _____
Grey, Club logo on back in green **M** \$12.00 each + (*S&H \$3.00)
Tan, Club logo on back in green **L** \$12.00 each + (*S&H \$3.00)
**** Medium Blue S M L** \$12.00 each + (*S&H \$3.00)
- CLUB T-SHIRTS** Qty. _____ Size _____
Tan, Club logo on back in green **XL ON SALE** \$5.00 each + (*S&H \$3.00)
**** Red, Club name on front S M L XL** \$8.00 each + (*S&H \$3.00)
Green Mist, Club name on front in dk. green **S** \$8.00 each + (*S&H \$ 3.00)
- CAP**, baseball style, twill front, mesh back, Tan with, . . . Qty. _____
navy bill, Club logo printed on front in dk. green.
One size fits all \$8.00 each + (*S&H \$1.75)
- CAP**, baseball style, micro fiber, black, OCSJ in gold . . . Qty. _____
embroidery on crown. One size fits all \$8.00 each + (*S&H \$1.75)
- NECKERCHIEF**, yellow, green piping, Qty. _____
Screen print Club logo \$2.00 each + (*S&H \$1.25)
NEW ITEMS - BUY NOW WHILE SIZES ARE AVAILABLE!
- **BIKE JERSEY M L XL** Qty. _____ Size _____
Cool-max, 3 rear pockets, sun yellow,
Front zipper, blue club logo on back \$30.00 each + (*S&H \$3.00)
- **T-SHIRTS.** Moisture wicking, performance. Club name on front in script.
White . . . M Qty. Size \$14.00 each + (*S&H \$3.00)
Blue . . . S . . M . . L . . XL Qty. Size \$14.00 each + (*S&H \$3.00)

* **S&H** - Stated rates for single item. For multiple items - May call or email for adjusted rate. General rule: for Sweatshirts, T-shirts & Bike Jersey: rate listed for 1st, then add \$1.00 for each additional. Insurance available on request: call.

**** New Club Items**

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Address _____

City, State _____ Zip Code _____

Contact Phone () _____ Day [] _____ Eve [] _____

E-mail Address _____

*** * * MEMBERSHIP AND RENEWAL INFORMATION * * ***

Notice. We can no longer accept telephone calls for schedule information. If your dues are paid, but for some reason you did not receive your activity schedule, send your request for a replacement, along with \$1.00 to cover the cost of mailing, to the address below. Cost for extra schedules to non-members is \$3.00 by mail request.

If you appreciate the outdoors and like to get out . . . stay with us! Keep your membership on-going.

Make sure you get every issue . . . You must be in paid up status at least one month prior to our mailing in **March, June, September, and December.**

Help us to cut costs. Your early renewal will keep your schedules coming without interruption. Expiration dates can be found on your member card or address label.

It's easy to renew. Just return the reverse side of this page with your label intact. We'll take it from there!

BE SURE TO INCLUDE PROPER AMOUNT. CHECK ONLY, PLEASE!

Please file a change of address card with us if you move.

A current membership card must be presented at each outing for free participation, except for fees for campsites, canoe rentals, transportation, and the like.

You can make a difference. Your volunteer involvement in Club activities are unique and special contributions that will improve your Club. Why not plan and lead an activity?

*** * * MEMBERSHIPS AVAILABLE * * ***

Individual - 1 Year \$13 • 3 Years \$36 • Family - 1 Year \$15 / 3 Years \$42

SIGN ME UP!

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<input type="checkbox"/> INDIVIDUAL \$ _____	<input type="checkbox"/> 1 Year	<input type="checkbox"/> NEW	IF THIS IS A
<input type="checkbox"/> FAMILY \$ _____	<input type="checkbox"/> 3 Years	<input type="checkbox"/> RENEWAL	NEW ADDRESS
<input type="checkbox"/> GIFT \$ _____	<i>Gift contribution to Richard Grevé Memorial Fund</i>		

LAST NAME	FIRST NAME	M.I.
<input type="text"/>	<input type="text"/>	<input type="text"/>

STREET ADDRESS	P.O. BOX OR APT. #
<input type="text"/>	<input type="text"/>

CITY OR TOWN	STATE	ZIP CODE
<input type="text"/>	<input type="text"/>	<input type="text"/>

AREA CODE TELEPHONE #	E-mail Address _____
<input type="text"/>	

<input type="checkbox"/> CHECK HERE IF PHONE NUMBER IS UNLISTED	<input type="checkbox"/> CHECK HERE IF YOU DO NOT WANT TO BE PLACED ON MAILING LISTS FOR OTHER ORGANIZATIONS
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SUMMER 2005**



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