



OUTDOOR CLUB of SOUTH JERSEY

TREKKER SUMMER 2009

**Looking for cool things to do this Summer?
... Check out these cool activities ...**

FOSSIL SHARK TOOTH TRIP TO BIG BROOK. JULY 12, AUGUST 9, SEPTEMBER 27

CLASS C. FAMOUS BAGEL RIDE. JULY 19, AUGUST 16, SEPTEMBER 20,

CANOEING/ KAYAKING SKILLS REFRESHER ON LAKE OSWEGO. JULY 15

MILLSTONE AQUEDUCT/ CARNEGIE LAKE, PRINCETON, N.J. HIKE. JULY 18

SUNSET CRUISE AND COOKOUT ON THE MULLICA RIVER. JULY 25

WATER SLIDE AT WILDWOOD, NJ. JULY 29

METEOR SHOWER HIKE. AUGUST 15

PRINCETON MOUNTAIN LAKES HIKE. AUGUST 29

BUS TRIP TO NEW YORK CITY. SEPTEMBER 12

OCSJ FALL CAMPOREE. SEPTEMBER 25-27



Celebrating 42 Years of Outdoor Experiences!

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT WWW.OCSJ.ORG
FOR LATEST TRIP INFORMATION.
CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST INFORMATION.**



Outdoor Club of South Jersey

AIMS AND OBJECTIVES

The Outdoor Club of South Jersey, Inc., is an organization dedicated to providing opportunities for extending the individual's knowledge, appreciation and enjoyment of his or her environment through experiences in outdoor activities.

The Club offers a twelve month program of activities designed for all ages and levels of ability and interest, and as is feasible with available leadership. The Club is open to all persons regardless of age or place of residence.

BOARD OF TRUSTEES

Officers

Kathleen Pearce, *President*
856-767-2780

Tom Neigel, *Vice President*
609-206-3389

Fran Horn, *Treasurer*
856-786-0048

Janet Horton, *Recording Secretary*
856-461-5771

Jean Stelmaszyk, *Membership Secretary*
856-429-9089

ACTIVITY CHAIRPERSONS

Bruce Steidel, *Chair*, Backpacking/Camping, 609-915-0956

Tony Marchionne, *Chair*, Bicycling, 609-828-0268

Frank Pearce, *Chair*, Canoeing, 856-767-2780

Eileen Grevé, *Chair*, X-C Skiing/Snowshoeing, 609-267-3598

Bruce Steidel, *Chair*, Hiking, 609-915-0956

Joseph N. Trujillo, *Coordinator*, Activities Committees, 856-468-4849

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Peggy Marter, 609-877-7847

Peppy Bath, 609-587-4849

Jack Dalton, 609-296-1805

Ray Wittkop, 856-662-4012

Toni Novak, 856-662-3740

Millicent Moore, 856-468-9709

SPECIAL ADVISORS

Publicity, Vacant

Kathleen Pearce, *OCSJ Historian*, 856-767-2780

Dennis Hull, *Trail Maintenance*, 609-804-0025

George Fluck, *Webmaster*, 609-259-3734

Beth Compagnucci, *Hike Coordinator*, 973-879-0055

The officers and members of the Board of Trustees actively seek and welcome your comments, suggestions or recommendations towards the fulfillment of our aims and objectives. Our progress and success are dependent upon the quality and effectiveness of our leadership. Your participation in activities, committees, or in programs and projects is solicited.

When you have questions, need further clarification, or require additional details, you are welcome to call the pertinent committee chairman.

MEETINGS

Club members are invited to attend the monthly meetings. The Board of Trustees meets each month. See schedule for locations. After the business session, some meetings will feature a program presented by the various activities. Everyone is welcome! Come out and support your representatives.

A Message From The President

The gentle winds of spring have given way to sun-drenched days of summer. Cross country skiers are recalling the coolness of winter snow and the canoeists are dreaming of water. Activities for all seasons are what make the Outdoor Club of South Jersey very unique among local outdoor clubs. Again, our volunteer leaders have packed the Trekker with a multitude of activities. Check out hikes that have their start as the sun sets or canoe/kayak trips that beckon us to a lazy afternoon on the river.

Once again, our volunteers are shining as we reflect on a couple of great club activities. The ever popular Washington D.C. trip. ran by Fran Katella for the first time this year, with some assistance from Joe Trujillo, did a stunning job. Club Day on May 9th was attended by over 125 club members. Paul Serdiuk and Frank Pearce did a lot of work in making sure that the day was a success. It was a wonderful day to get to talk to some club members that I did not know. Some members were asking if this was going to be an annual event...hmmm...something for the board to consider.

The club also mourned the passing of a longtime member, hike leader, board member and friend, when Walt Stelmaszyk passed away in March. His smile will be forever missed.

A debt of gratitude is also owed to Joel Penn, who served as a board member and Pat Kalinowski, who has coordinated publicity for the club for several years. To each, a thank you seems inadequate.

Another transition is the closing of the OCSJ store. For several years there has been a decline in store sales. The board has opted to offer T-shirts, bike jerseys, hats and sweatshirts for sale only during a designed amount of time. Notice of the pre-sales of OCSJ items will be announced on the web and in the Trekker.

Take the time to get out and enjoy the activities that our volunteer leaders are presenting to you. Also, take a moment to thank those leaders!

Kathleen Pearce
OCSJ President
Bakerkp1@verizon.net



Coming Events

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW.OCSJ.ORG)
FOR LATEST TRIP INFORMATION.**

**CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST TRIP
INFORMATION. FOR DETAILS GO TO THE BICYCLING HOME PAGE.**

CHECK THE WEBSITE FOR ALL SKIING/SNOWSHOEING TRIPS.

SEPTEMBER 12 BUS TRIP TO NEW YORK CITY. Meet at 7:30 a.m. the bus departs at 8:00 a.m. Uptown, mid-town, downtown, and don't forget the festival of San Gennaro, Little Italy's best! We drop you off at South Street Seaport, and then pick you up for the return trip home at 7:00 p.m. sharp! Cost is \$25.00 each. Once in New York it is a self guided tour. Make checks payable to OCSJ and mail to Dave Hegelein, 603 Bowling Green, Moorestown, New Jersey 08057. Advanced registration is a must. No Refunds. Bus departs on time, rain or shine, from the big flagpole at the Moorestown Mall, at Lenola Road in front of Macy's store. Dave and Julie Hegelein, 856-235-8792.

Coming Events (continued from page 3)

SEPTEMBER 18-20 ASSATEAQUE ISLAND KAYAK TRIP WEEKEND. Kayak and camp at the Federal Campground on Assateague Island. We will kayak the back bays and visit several islands of interest. Downtime to relax, light hiking trails, optional group dinner in town, Fiddlers Festival or Kite festival as options. Contact leader to confirm trip participation and campground information. Participants will be responsible for their own campsite reservations. Trip will only run with a minimum confirmed group. Leader: Paul Serdiuk 609-462-3593 evenings only or <mailto:pis1@cccnj.net>

SEPTEMBER 25-27 OCSJ FALL CAMPOREE. Camping, hiking, kayaking, biking at Bass River State Forest. Sleeping in the pines to the sounds of nature. Come on down! Join in the fun! We have a group campsite for the weekend. Check in Friday p.m. or Sat a.m. Campfire each night. Sat you can hike, bike or relax at the lake. Hike and canoe/kayak trips are planned for Sat. On Sunday, after a leisurely breakfast you must break camp. Then you can spend the afternoon **hiking, biking or paddling. Bring your bikes and canoes or kayaks! There will be a small per person campsite fee.**

CAMPERS MUST CALL OR EMAIL THE LEADERS AND MAKE A RESERVATION BY SEPTEMBER 17. Members not camping are welcome to join the daily activities. Check web site in September for more details. Directions: Entrance is on Stage Rd. 3.4 miles E. of Rt. 679 (from the W and NW) or 6 miles W of Tuckerton (from the E and N) or 3 miles N of New Gretna (from the S). From all points, follow signs. For GPS users: 762 Stage Rd Tuckerton, NJ 08087. GPS Coordinates DMS 39° 37' 14.30" N 74° 25'28.83" W

For info call or email one of the leaders:

Bruce Steidel, 609-915-0956 <mailto:bsteidel@aol.com>

Scott Eves, 609-805-1463, cscotteves@gmail.com

SEPTEMBER IN WESTERN MAINE

Location: Bald Mountain Camps, Oquossoc, Me.

(www.baldmountaincamps.com) Historic sporting camp located on pristine Mooselookmeguntic Lake

Activities: several hiking options (mountaintops, water falls, backwoods roads, a piece of the A.T.), kayaking/canoeing, biking, golfing, tennis, photography, wildlife viewing, geocaching, sunsets, moonrises, starlight, loon calls to appreciate, or slip into Rangeley if civilization required.

Trip includes: guided kayaking or canoeing pristine lakes and rivers with our host and Registered Maine Guide, Steve Philbrick, log cabins with fireplace, wood, bath, linens, porch, meals in the lodge dining room for first class breakfasts and dinners, sack lunches for the trail.

Price: 5 days/\$900 plus tax for lodging, meals, guide, shuttles. Bikes, canoes, kayaks, maps and other gear is included and available on request.

Happy to answer questions. Contact: Judy Norcross (856)-235-8735,

E-mail: jsnorcross@aol.com.

Two dates proposed: Sunday, September. 6 – Friday, September 11 , and Sunday , September 13 – Friday, September 18th.

<http://www.ocsj.org/ocsj-maine-photos.htm>

<http://www.ocsj.org/ocsj-maine-guide.htm>

OCTOBER IS PINELANDS MONTH. A month long celebration of the Pinelands with all kinds of activities on-going. Cranberry harvest fairs, festivals, wagon and walking tours, nature walks, and hikes. Pinelands month opening celebration is held at Whitesbog Village. The Pinelands Preservation Alliance (PPA) is in need of volunteers to staff information booths, lead nature walks, lead hikes, or just help out. To get on the VOLUNTEER LIST OR FIND OUT MORE INFORMATION CALL 609-859-8860.

OCTOBER 9 TO 12, COLUMBUS DAY WEEKEND. Hiking and leaf peeping in Vermont. Stay in private chalet in Londonderry, Vt, sleeps 10. \$32 per person per night includes breakfast. Possible kayaking on nearby lake. Eileen Greve, mailto:egreve21@verizon.net 609 267-3598

OCTOBER 16 ANNUAL FALL X/C SKI MEETING. Meet at 7:00 p.m. at 52 Sunset Dr, Mt Holly . Hear about trips for upcoming season, meet the leaders, bring check-book for sign-up. Refreshments provided, bring your favorite beverage. Eileen Greve, mailto:egreve21@verizon.net 609 267-3598.

NEWS AND NOTES

CHECK THE OCSJ WEBSITE FOR THE LATEST TRIP INFORMATION INCLUDING ADDITIONS AND CANCELLATIONS.

The method that OCSJ communicates to members about additions, deletes or changes to our activities as printed in the quarterly Trekker is through the club website at www.ocsj.org. The OCSJ club website is accessed over 6,000 times per month.

The full OCSJ website is designed for best viewing using a 1024 by 768 pixel screen resolution.

Additions in the future will include real time information such as weather and water level (gauges).

BACKPACKING/CAMPING

A Message from the Backpacking/Camping Activity Chair

The highlight of the summer schedule is the annual club camping weekend at Bass River State Forest in September. It is always a fun event. Spaces go quickly. Sign up soon if interested.

All backpacking and camping trips begin with a club sign in and waiver sheet. Everyone must sign for liability reasons. You are welcome to bring a non-member friend as a guest. Non-members are welcome for an initial trip, but need to join thereafter.

For backpacking trips, see the trip rating system farther down in this issue. Be sure to check the backpacking and camping sections of the club's web site for updates, new trips and cancellation notices, as well as backpacker and camper's checklists of what to bring.

The backpacking section is in need of new leaders. If you have backpacked with the club, this is your chance to give back.

Bruce Steidel

Email: Backpacking@ocsj.org



BICYCLING



A Message from the Bicycling Activity Chair

With the arrival of warm weather (and hopefully the end of the Spring winds!), our riding schedule is in full swing. Hopefully, there's something on the schedule for everyone. If you don't find something that fits your needs, why not step up and lead a ride that does. Chances are there are others who would enjoy the same ride. Just contact the appropriate ride coordinator with the details. We always need new leaders, so please consider leading a ride. Also, the club's team for the MS 150 City to Shore is looking for members. Nancy Pomilio has done a great job of bringing the team back, but she needs more riders! I'm sure she can use some help with some of her responsibilities as captain; if you have some time to help, contact Nancy at njpomilio@verizon.net. Even if you don't have time to help, don't forget to register for the C2S at <http://www.citytoshore.org/>

Finally, let's not forget about safety out there. Remember, "cyclists fare best when they act and are treated as vehicles". Obey all traffic laws, yield to cars, and make sure to communicate with each other out there.

To all leaders and coordinators, thanks for your continued efforts. To everyone, enjoy the roads!

Tony Marchionne, 609-828-0268
Email: tonymarch@iwon.com



CANOEING/KAYAKING



A Message from the Canoeing/Kayak Activity Chair

Thank you to all the Leaders who have made this schedule so great.

To help make everyone's paddling experience an enjoyable one, read the trip description. If you have questions, especially if a trip is right for you, call the leader. Factors such as trip length, pace, water classification, number of stops, river conditions (cleared, obstructions, rocks), weather conditions etc. should all be considered. You must stay between the designated leader and the sweep. Paddling can be fun but be prepared. Please leave sufficient driving time to safely arrive. Wear the appropriate clothing and have a water-protected dry change of clothes with you. Remember to dress for the water temperature and not the air temperature. Avoid cotton clothing, it will not keep you warm if wet and will be slow drying, a synthetic fabric such as polartec is a better choice.

CLUB POLICY REQUIRES THAT PFD'S MUST BE WORN. PLEASE REMEMBER IF YOU DO NOT WISH TO PARTICIPATE IN THE OCSJ ORGANIZED SHUTTLES YOU NEED TO MAKE YOUR OWN ARRANGEMENTS. NO EXCEPTIONS. A flashlight is required for evening trips. A whistle is required for Delaware River trips and recommended for all trips and painter lines are a good idea. A helmet for whitewater may also be a good investment. You must assess the suitability and condition of your equipment and if a trip is within your abilities. Water levels, weather, and leader availability may cause trip cancellations or changes including additions. Leaders have final say on trip participation involving safety concerns. Check the website ocsj.org - for the latest information. Everyone must sign in for liability reasons and **LEADER'S MUST SUBMIT (MAIL, FAX) SIGN-IN SHEETS TO THE CANOE/KAYAK CHAIR ASAP – NO EXCEPTIONS.** Also, if a trip is cancelled please notify the chair. Carry a copy of the incident report form. Need a form or address etc. please contact me?

See You on the Water!!
Frank Pearce
Email: Hornet71@verizon.net
856-767-2780.



HIKING



A Message from the Hiking Chair

I am the new hiking chair, following in the footsteps of many great past chairpersons. Hiking with the club is good exercise and a great way to make new friends. Our fine leaders offer a broad range of hikes in terms of distance, pace, days and times. Hike descriptions include distance, pace and abbreviations such as WF (wet feet possible). Explanations of them are below as are standard meeting places, which are also in hike descriptions.

Hikes usually start promptly at the stated time. Please leave sufficient driving time to safely arrive about 15 minutes early. All hikes begin with a club sign in and waiver sheet. Everyone must sign for liability reasons. You are welcome to bring a non-member friend as a guest. Non-members are welcome for an initial trip, but need to join thereafter.

Be sure to check the hiking section of the club's web site for updates, new trips and cancellation notices.

Our leaders are all volunteers. Please thank them for their efforts while hiking with them. Speaking of that, we are always in need of new leaders. If you are interested, talk to a current leader and/or send an email to <mailto:hiking@ocsj.org>.

Hike leaders – please check the club web site for leader info. And remember sign in sheets must be turned in to the hiking chair.

Last but not least, a hearty thanks to those who have helped with Batona trail maintenance this year.

Bruce Steidel
Hiking@ocsj.org

Volunteer Opportunities

The Club offers all members an opportunity to be a part of, or to create their own outdoor experience or activity. All activities are led by volunteer members. **NO** volunteers, **NO** activities. It's that simple!

You can make a difference. Your volunteer involvement in Club activities is unique and special contributions that play a valuable role in *YOUR* Club.

PLAN AND LEAD AN ACTIVITY.

HELP TO MAINTAIN THE TRAIL.

PLAN AND LEAD A "LITTER" CLEAN-UP DAY.

HELP THE TRAIL COORDINATOR BUILD A FOOT BRIDGE.

WRITE YOUR LEGISLATORS. A SIMPLE NOTE IN SUPPORT OF TRAILS, BIKE PATHS AND GREENWAYS IS ALL IT TAKES.

CHAIR A COMMITTEE. (See Christmas Party, Officer Nominations, etc.)

PLAN AND LEAD A TOUR TRIP.

Talk to your Activity Committee Chair about what you can volunteer to do to improve *YOUR* Club.

STANDARD MEETING PLACES

If the meeting place is one of the standard meeting places shown below, no directions will appear in the hike listing.

- Atsion** - Meet in field on east side of Rt. 206 just north of Wharton State Forest Office.
- Batsto** - Meet at Batsto village parking, off Rt. 542, between Hammonton and Green Bank.
- Bullock** - Meet on north side of road in Bullock. Turn east from Rt. 72 at railroad bridge 6.5 miles southeast of Rt. 70/72 intersection. Continue 3.3 miles to tee intersection. Turn right, then immediately left, and park.
- Carranza** - Meet at Carranza Memorial parking, 6.7 miles SE of Tabernacle on Carranza Road.
- Cemetery** - Meet at cemetery on Rt. 563, 0.6 miles south of Rt. 532 in Chatsworth.
- Moorestown Mall** – Meet at big flagpole, front of Macy's, off Rt. 38. See May 10 entry.
- D & R Parking** - a mile N of Lambertville on Rt. 29, just before the Rt. 202 Bridge. Turn left and drive to the parking.
- Evans** - Meet just to the north of Evans Bridge (on east side of Rt. 563), 0.7 miles south of the Rt. 563/Rt. 679 split (about 10 miles south of Chatsworth).
- Friendship** - Meet at Friendship ruins on Carranza Road, 10 miles SE of Tabernacle.
- Harrisville** - Meet at Harrisville Pond, on Rt. 679, 1.5 miles south of Rt. 563, between Chatsworth and New Gretna.
- Henry Avenue & Walnut Lane parking area, Philadelphia** – Take Rt. 76 (Schuylkill Expressway) West to Lincoln Drive, exit #340A. Turn right at bottom of ramp, cross short bridge and take Ridge Avenue West exit. Proceed to 2nd traffic light and bear right. Go two more lights and bear left. At the next light, turn right onto Walnut Ln. Go to 2nd light and turn left onto Magdalena and a quick left into parking area. Approximately 9 miles from Ben Franklin Bridge.
- Jackson** - Meet just north of small bridge on Rt. 534 (Jackson Road), 1.7 miles northeast of Atco Raceway.
- Kingston** - Meet at Kingston Lock parking, off Rt. 27. Take I-295N / 95S to Exit 8 (Princeton Pike, Rt. 583) to Rt. 27 in Princeton. Follow Rt. 27, 3.3 miles to Kingston Lock parking on right.
- Lake Absegami** - Meet at Lake Absegami parking, Bass River State Forest. Entrance is on Stage Road, 3.4 miles E of Rt. 679 (from the N & W); or 6 miles W of Tuckerton (from the N & E); or 3 miles N of New Gretna(from the S).
- Byrne office** - Meet at Byrne (Lebanon) forest office. Turn east off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Forest office is on the left.
- Pakim Pond** - Meet at Pakim Pond parking, Byrne S.F. Turn off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Pakim Pond is 2.7 miles beyond the Forest Office.
- Byrne campsites** - Meet at Byrne (Lebanon) campsite. Turn off Rt. 72, 1 mile southeast of Rt. 70/72 intersection. After 0.4 miles, turn right. Campsite parking is 3.5 miles beyond the Forest Office.
- Oswego** - Meet at Oswego Lake parking, 3.1 miles northeast of Rt. 563 from Jenkins. (Turnoff is 8.4 miles south of Rt. 532 in Chatsworth, between Pine Barrens Canoes and Mick's Canoes).
- Skit** - Meet at the Skit Branch bridge, 5.2 miles SE of Tabernacle on Carranza Road.
- Tyler Park** - Take 1-95 and get off at exit 49, (Newtown/Yardley) and travel toward Newtown. Continue on the Newtown bypass and turn left into the park at the intersection of Swamp Road. Meet the at the Boat House parking lot.
- Wells Mills** - Meet at Wells Mills Park, off Rt. 532 (which is 16 miles southeast of the Rt. 70/72 intersection), 3.6 miles northeast of Rt. 72.
- Whitesbog** - Meet at Whitesbog village parking. Go east on Rt. 70 6.9 miles from Rt. 70/72 intersection. Make a sharp left on Lakehurst Road, go 1.3 miles, turn right for the village.

WALKING PACE DEFINITIONS

WALKING PACE

These are averages only; actual results may vary due to factors such surfaces (e.g. trails, vs roads), terrain (e.g., bushwhacking vs clear), elevation changes, (e.g., hilly vs flat), and weather.

PACE:	EASY	MODERATE	BRISK	FAST
	less than 2.5 mph	2.5-3.0 mph	3.0 – 3.5 mph	over 3.5 mph
Avg. time per mile	25 or more minutes	20-25 minutes	17-20 minutes	17 or less minutes

HIKE DESCRIPTIONS

- **EASY** - pace defined as slower walking with more frequent rest breaks (e.g. for viewing surroundings, nature calls, equipment adjustments, and allowing walkers to catch up). For the slower walker.
- **MODERATE** - pace defined as as comfortable walking with occasional rest breaks. For the average walker.
- **BRISK** - pace defined as faster walking with occasional rest breaks. For the average, better conditioned walker.
- **FAST** - pace defined as fitness walking with few rest breaks for any reason. For seasoned, in fit condition walkers.

HIKING GUIDE

Hike distances are in miles, and may optionally be followed by hike duration in hours. The following codes are used to show unusual features of a hike:

BW - Bushwhacking	WF - Wet feet possible	NS - No stops
NP - No pets	NC - No children	FS - Few stops
LP - Leashed Pet		

Refer to the page listing Standard Meeting Places for directions to hikes.

BACKPACK TRIP RATING SYSTEM

1. **NOVICE:** 5 or less trips - mild weather, relatively flat terrain.
2. **INTERMEDIATE:** 5 or more trips - mild weather, moderate climbs - up to 8 mile trips.
3. **ADVANCED:** 10 or more trips - three season, except winter. Strenuous climbs over difficult terrain - upgraded equipment.
4. **EXPERT:** Leadership experience or comparable ability - all seasons - good physical condition - completely equipped for all terrain and weather.

PARTICIPATION NOTICE

The Outdoor Club, its officers and leaders, shall not be liable for any injuries, illness, loss or damage to any person or property, as a result of participation in any Club outing. Each participant assumes all risk and liability connected therewith. All persons, MEMBERS ALIKE, are to sign with the leader at each activity.

X/C SKIING and SNOWSHOEING

A Message from the X/C Skiing & Snowshoeing Chair

Kudos to our leaders for putting together another great line up of cross country ski trips. Whether you are a beginner or expert, or if you like to snowshoe, there is something here for you. And speaking of leaders, you know that without our volunteer leaders, there would be no ski trips. Do you have a favorite place to ski? Would you be willing to step up and be a leader? If so, contact me, and I will help with all you need to run a successful trip.

It may seem odd to be planning for your next adventure on the snow while you are still sweltering with summer's heat, but this is the ideal time to make your move. Select the trips that interest you and call the leaders for more information. Don't wait till the snow falls and be shut out because the trip is full. A list of trips is in this booklet, a little more description on the OCSJ webpage. Also watch the website for details on the Annual Fall X/C Ski Meeting on October 16 which will give you a chance to meet the leaders and hear more about the trips. An ideal time to sign-up.

Eileen Greve

Email: egreve21@verizon.net

609-267-3598

- DEC. 27 TO JAN.1** **CRAFTSBURY, NORTHERN VERMONT.** 5 nights with all meals and trail fees. If interested contact leader, ASAP!! Fran Horn, 856 786-0048 franhorn@aol.com
- DEC. 30 TO JAN.3** **PULASKI, NY** north of Syracuse. 4 nights w breakfast and gala NY's eve dinner. Eileen Greve, 609 267-3598 egreve21@verizon.net
- JAN. 8 TO 10** **PROSPECT MTN, BENNINGTON, VT.** 2 nights. Free ski lessons. Dan McAuliffe, 215 630-7478 DNMLogistics@msn.com
- JAN. 15 TO 18** **KEENE VALLEY, NY NEAR LAKE PLACID.** MLK Weekend 3 nights Ski or snowshoe. Charlie Phy, 609 567-0221 chalphy@comcast.net Can link to Stowe trip, below.
- JAN. 17 TO 22** **STOWE, VT.** 5 nights (option for 4). My favorite place to ski! Eileen Greve, 609 267-3598 Egreve21@verizon.net
- JAN. 22 TO 26** **LONDONDERRY, VT SOUTHERN VT.** 4 nights economical. Eileen Greve, 609 267-3598 Egreve21@verizon.net Can link to Stowe trip above.
- JAN. 30 TO FEB. 3** **MT. ORFORD, CANADA** located in the Laurentian Mountains, one hour drive from Bretton Woods. 4 nights with most meals. Luxury hotel. See full description on OCSJ website. Dan McAuliffe, 215 630-7478 DNMLogistics@msn.com
- JAN. 31 TO FEB. 3** **BLACKWATER FALLS LODGE, DAVIS, WV.** 3 nights (or option for longer stay). Pool & hot tub. Ann & John Palaitis, 856 810-2487 palaitis@verizon.net
- FEB. 3 TO 7** **QUEBEC CITY – WINTER CARNIVAL.** Sounds fantastic!! See full description on OCSJ Website. Dan McAuliffe, 215 630-7478 DNMLogistics@msn.com
- FEB. 12 to 15** **PULASKI, NY NORTH OF SYRACUSE.** 2 or 3 nights. Presidents Day weekend. Great skiing in Snowbelt. Eileen Greve, 609 267-3598 Egreve21@verizon.net
- FEB. 19 TO 21** **BOONVILLE, ON THE TUG HILL PLATEAU north of Rome, NY.** Ski on BREIA trails, lessons. Dogsled race on Sun. Dan McAuliffe, 215 630-7478 DNMLogistics@msn.com
- MAR. 12 TO 14** **LAPLAND LAKES** in the southern Adirondack Mountains, NY. 2 nights Dan McAuliffe, 215 630-7478 DNMLogistics@msn.com



JULY



*"It is our choices that show what we truly are,
far more than our abilities"*

RESERVATIONS AND DEADLINES

Act Now! Make your reservations as soon as possible. Spaces usually are limited. Don't miss out by waiting too long.

BUS TRIP TO NEW YORK CITY. See Coming Events September 12 entry.

SEPTEMBER IN WESTERN MAINE. See Coming Events.

FULL BUCK MOON - JOINT TRIP WITH GREAT BAY PADDLERS. See July 7 entry.

FOSSIL SHARK TOOTH TRIP TO BIG BROOK. See July 12 entry.

CANOEING/ KAYAKING SKILLS REFRESHER ON LAKE OSWEGO. See July 15 entry.

MILLSTONE AQUEDUCT/ CARNEGIE LAKE, PRINCETON, N.J. HIKE. See July 18 entry.

SUNSET CRUISE AND COOKOUT ON THE MULLICA RIVER. See July 25 entry.

STONY BROOK – MILLSTONE WATERSHED NATURE PRESERVE HIKE. See July 26 entry.

PRINCETON, NJ HIKE. See August 1 entry.

SUNSET KAYAK ON THE BATSTO. See August 5 entry.

FOSSIL SHARK TOOTH TRIP TO BIG BROOK. See August 9 entry.

PENNYPACK AND LORIMER PARKS HIKE. See August 9 entry.

PRINCETON MOUNTAIN LAKES. See August 29 entry.

ROSEDALE PARK HIKE. See September 12 entry.

ASSATEAQUE ISLAND KAYAK TRIP WEEKEND. See September 18-20 entry.

OCSJ FALL CAMPOREE. See September 25-27 entry.

FOSSIL SHARK TOOTH TRIP TO BIG BROOK. See September 27 entry.

COLUMBUS DAY WEEKEND. See October 9-12 entry.

ANNUAL FALL X/C SKI MEETING. See October 16 entry.

Note various other trips require participants to contact leader to confirm participation.

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW.OCSJ.ORG)
FOR LATEST TRIP INFORMATION.
CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST
TRIP INFORMATION.
FOR DETAILS GO TO THE BICYCLING HOME PAGE.**

JULY 1

Wednesday
6:00 p.m. (Call)
Recurring Every
Wednesday Night



LAKE EFFECT AFTER WORK HIKE. 3 miles, moderate pace with several opportunities to opt out early. Meet at Washington Lake Park, 626 Hurffville Cross Keys Road, Sewell, NJ (Washington Township). Enter the park from either Greentree Rd. or Hurffville Cross Keys Rd. Meet at the ranger station in the middle of the park. Restrooms may not be opened. Leader: Rick Galster, H: 856-256-0379, C: 856-449-6636 or email: retslager55@hotmail.com. Call prior to hike.

JULY 2

Thursday
6:00 p.m.
Recurring Every
Thursday Night

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill, 856-772-6465 or Email: Geofneil@aol.com. Recurring Hike on Thursday Nights as listed.

JULY 3

Friday

7:00 p.m.

**Recurring Every
Friday Night with
the Bakers**



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. The ongoing, every Friday night, all year round, Friday night fitness hike; where we try to work up a sweat exploring the sand roads and trails of Brendan Byrne State Forest. Be prepared to walk at an average of 4 MPH, 15 minutes per mile pace with few breaks. Bring water and wear well broken in boots, shoes, or sneakers (sneakers are adequate in dry conditions). Socks are also important foot gear; synthetics and wool being better at preventing blisters (avoid cotton socks). The first Friday of each month there is a dessert/dinner stop after the hike at a local restaurant. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mailto:mike@mikebaker.com, mailto:alison@mikebaker.com

JULY 4

Saturday

CANOE/KAYAK ON THE CROSSWICKS CREEK/H-T-B MARSH. Celebrate with a shuttleless 8-mile summer paddle from Bordentown to Watson Woods and then back to Bordentown. Bring lunch and beverage. We'll have lunch at Watson Woods and an optional walk to Spring Lake. Contact leaders to confirm trip logistics and participation. Leaders: George & Leona F., 609-259-3734 or Leona@pineypaddlers.com

JULY 4

Saturday

6:00 p.m.



LEBANON WORKOUT. This is intended as a fitness activity in the woods. Approximately 8-9 miles at a 3 mph pace. We will walk mostly sand roads, trails and fire cuts - with one or two ten minute snack breaks. We go in almost all weather, if you can safely arrive at the start, you should expect the walk to proceed. Meet at the field at the campground in Brendan Byrne SF. Bring plenty of fluids. Leader: Jay Schoss, cell 908-692-5765, email: walkinginmud@aol.com.

JULY 5

Sunday

10:00 a.m.

FIFTH OF JULY ON THE MAURICE. Meet at Garden Road, south side, we paddle to Union Lake thru the less populated stretch seeking shade and Independence. Pack lunch and hydration, bug and sun protection. Leader: Vicki S., 856-256-9568 or ravingwriter@netzero.com

JULY 7

Tuesday

7:00 p.m. Launch

FULL BUCK MOON - JOINT TRIP WITH GREAT BAY PADDLERS. July is normally the month when the new antlers of buck deer push out of their foreheads in coatings of velvety fur. It was also often called the Full Thunder Moon, for the reason that thunderstorms are most frequent during this time. Another name for this month's Moon was the Full Hay Moon. We will be launching from Capt. Mike's Located on Great Bay Blvd. in Tuckerton which is about two miles further out from the old First Bridge Marina. Roger wanted me to remind everyone that rentals are available \$25 single/\$40 double. Please bring snacks for our after paddle gathering. Leader John S.Contact: gbpaddlers@gmail.com Web: <http://sites.google.com/site/greatbaypaddlers/>

JULY 8

Wednesday

6:00 p.m. (Call)

**Recurring Every
Wednesday Night**

LAKE EFFECT AFTER WORK HIKE. 3 miles, moderate pace with several opportunities to opt out early. Meet at Washington Lake Park, 626 Hurffville Cross Keys Road, Sewell, NJ (Washington Township). Enter the park from either Greentree Rd. or Hurffville Cross Keys Rd. Meet at the ranger station in the middle of the park. Restrooms may not be opened. Leader:

Rick Galster, H: 856-256-0379, C: 856-449-6636 or <mailto:ret-slager55@hotmail.com>. Call prior to hike.

JULY 8

Wednesday
9:00 a.m.

CANOE/KAYAK CEDAR CREEK TO LANOKA HARBOR.

Summertime and the paddlin' is fun on Cedar Creek. We'll paddle 7 miles from Ore Pond to Dudley Park with an option to continue 2 miles to Lanoka Harbor. Meet at Double Trouble Park, Pinewald-Keswick and Double Trouble Rds. Contact leaders to confirm trip and participation. Leaders: George & Leona F., 609-259-3734 or leona@pineypaddlers.com

JULY 9

Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Boulevard cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill, 856-772-6465 or email: Geofneil@aol.com. Recurring Hike on Thursday Nights as listed.

JULY 9

Thursday
7:30 p.m.



CLUB MEETING. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Route 70 in Cherry Hill.

JULY 10

Friday
9:30 a.m.

WADING RIVER PADDLE. Spend a few hours on a beautiful, twisty and partially shaded river. Meet at Mick's Canoe and Kayak Rental www.mickscanoorental.com/ Call 1-800-281-1380 to reserve a boat. Rain cancels. Bring lunch and water. Reservations with leader are appreciated but not required. If you discover at the last minute that you can join us, come on down! Well behaved dogs are welcome on this trip. Call or email Becky S. if you have questions. quasar@snip.net or 856-218-7725.

JULY 10

Friday
7:00 p.m.

FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See JULY 3 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com, email:alison@mikebaker.com.

JULY 11

Saturday
9:00 a.m.



PAKIM POND. 5 miles at a beginner's pace, with stops as needed. I would like to dedicate this hike to a very special man, my first hike leader, seventeen years ago, Sam Breyer. Thanks Sam, Happy Trails to you until we meet again! The group will follow sand roads and trails and should be back to the cars in time for lunch. Cookies will be supplied for four legged hikers on leash. This is a rain or shine event; dress appropriately for the weather and bring bug spray, sun screen and drink. Meet at the Pakim Pond Parking area. Leader: Faye, for further information call, 732-363-9242, <mailto:walkinginmud@aol.com>.

JULY 11

Saturday
2:00 pm

GREAT EGG HARBOR RIVER PADDLE. Weymouth Furnace to Lake Lenape. A late start so leader can sleep in and get her mail. Meet at Weymouth Park. Leader: Vicki S., 856-256-9568 or ravingwriter@netzero.com

JULY 11

Saturday
6:00 p.m.

LEBANON WORKOUT. This is intended as a fitness activity in the woods. Approximately 8-9 miles at a 3 mph pace. See the full description for July 4th, Meet at the campground parking

area in Brendan Byrne SF. Leader: Jay Schoss, cell 908-692-5765, email: <mailto:walkinginmud@aol.com>.

JULY 12

Sunday
8:00 a.m.

FOSSIL SHARK TOOTH TRIP TO BIG BROOK or where ever we want to go. If you have knowledge of fossil sites along the Crosswicks Creek or other places let me know. Spend a day sifting for Shark Teeth and other fossils from the Cretaceous Period. Trip size is limited to 8-10 people and 2 cars due to limited parking. Shuttle time from Vineland Area is at least 2 hours one way. We can meet and carpool up Rt. 206 along the way. You need to contact me to reserve a spot. I have sifters for everyone. Also I know several web sites to explore so you know what to look for. Don't wait till the last minute to sign up. John Kee 856-691-3047 <mailto:Taxman56@aol.com> Please put OCSJ in all e-mail headers

JULY 15

Wednesday
9:00 a.m.

CANOEING/ KAYAKING SKILLS REFRESHER ON LAKE OSWEGO. New and beginning paddlers are welcome. Knowledgeable paddlers will share information about equipment, safety practices, self-rescue, paddling techniques and efficiencies. Then we'll practice on the lake. Canoes and kayaks can be rented from Mick's Canoe and Kayak Rental 800-281-1380 or www.mickscanoerental.com/ Please contact leaders to confirm your participation. Leaders: George & Leona F. 609-259-3734 or Leona@pineypaddlers.com

JULY 15

Wednesday
6:00 p.m. (Call)
Recurring Every
Wednesday Night

LAKE EFFECT AFTER WORK HIKE. 3 miles, moderate pace with several opportunities to opt out early. Meet at Washington Lake Park, 626 Hurffville Cross Keys Road, Sewell, NJ (Washington Township). Enter the park from either Greentree Rd. or Hurffville Cross Keys Rd. Meet at the ranger station in the middle of the park. Restrooms may not be opened. Leader: Rick Galster, H: 856-256-0379, C: 856-449-6636 or Email: retslager55@hotmail.com. Call prior to hike.

JULY 16

Thursday
9:00 a.m.

CANOE / KAYAK TOMS RIVER. Follow the route of the Annual Toms River Canoe Race without the competition. Ten miles of changing scenery and river conditions from park and forest to open bay and river. Contact leaders to confirm participation. We will meet at Friendly's on Rt. 37, just past mile post 4, on the East bound side. Come early and join us for breakfast. Bring six quarters for the parking meter at the take out. Joe Logan, 609-634-1542, or mayandpops@aol.com

JULY 17

Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See JULY 3 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, <mailto:mike@mikebaker.com>, <mailto:alison@mikebaker.com>.

JULY 18

Saturday
9:00 a.m.

CANOE / KAYAK TOMS RIVER. Follow the route of the Annual Toms River Canoe Race without the competition. Ten miles of changing scenery and river conditions from park and forest to open bay and river. Contact leaders to confirm participation. We will meet at Friendly's on Rt. 37, just past mile post 4, on the East bound side. Come early and join us for breakfast. Bring six quarters for the parking meter at the take out. Joe Logan, 609-634-1542, or mayandpops@aol.com

JULY 18

Saturday

9:00 a.m.

**Individual
pre-registration
required**



MILLSTONE AQUEDUCT/ CARNEGIE LAKE, PRINCETON, N.J. HIKE. 12 miles or less drop out at any time. Moderate to brisk pace. We will walk north on the D&R towpath to Rocky Hill and then return to the parking site for brunch/ snacks. Then south on the towpath to Alexander Street and return. Take Route # 295 north toward Princeton/Trenton it will become Route #95. Take Exit 67A which will put you on Route #1 north. Continue on Route # 1 and cross the Millstone River. Take the first U turn after the river and head back south on Route #1. Turn right at the first street which is just before the river. Go 1.3 miles to the entrance of the parking lot. NP, FS, NC. NOTE EARLY START TIME – BRING WATER. Leaders: Ray Wittkop, 856-662-4012, mailto:BarbnRayHikers@aol.com
Beth Compagnucci, 973-879 0055
mailto:bcompagnucci@comcast.net.

JULY 18

Saturday

8:00 p.m.

OSWEGO LAKE NIGHT HIKE. 10 MILES. Moderate paced night walk in Penn State Forest. We will walk some miles in an area hiked infrequently by the club at night. View the night sky and hear the sounds. If the weather is really hot, we may reduce the distance. Bring plenty of liquids and snacks. The hike starts and ends at the lake (beach) parking area. ...hint-hint. Leader: Jay Schoss 908-692-5765 or
Email: walkinginmud@aol.com.

JULY 19

Sunday

9:00 a.m.

CLASS C. FAMOUS BAGEL RIDE. 30 miles. Great ride in Burlington County with a bagel stop. Meet at Moorestown High School, Bridgeboro Road, Moorestown. Leader: Fran H., 856-786-0048, e-mail: mailto:franhorn@aol.com

JULY 19

Sunday

9.30 a.m.

MENANTICO CREEK - BROAD ST TO RT47. Trip is for intermediate paddlers. If you like a paddle with lots of technical turns this it. You MUST be able to handle your boat and be able to get it over obstructions. There will be trees and shallow areas. Call leader for meeting place. John Kee. 856-691-3047 mailto:Taxman56@aol.com Please put OCSJ in all e-mail headers.

JULY 22

Wednesday

6:00 p.m. (Call)

**Recurring Every
Wednesday**

LAKE EFFECT AFTER WORK HIKE. 3 miles, moderate pace with several opportunities to opt out early. Meet at Washington Lake Park, 626 Hurffville Cross Keys Road, Sewell, NJ (Washington Township). Enter the park from either Greentree Road or Hurffville Cross Keys Rd. Meet at the ranger station in the middle of the park. Restrooms may not be opened. Leader: Rick Galster, H: 856-256-0379, C: 856-449-6636 or mailto:retslager55@hotmail.com. Call prior to hike.

JULY 23

Thursday

6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill 856-772-6465 or
Email: Geofneil@aol.com.

JULY 24

Friday

7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See JULY 3 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, Email: mike@mikebaker.com, email: alison@mikebaker.com.

JULY 25

Saturday

9:00 a.m.

CANOE/KAYAK THE N. BRANCH RANCOCAS CREEK. Join me for a 10-mile summer paddle on my favorite Pinelands river. We always see turtles sunning on branches in the water. Depending on water levels we'll paddle either from Greenwood Bridge to Pemberton or from the trailhead behind Burlington County Community College to Smithville. Meet at the Canoe Trail launch ramp on W. Rancocas Rd., off Rt. 530 in Pemberton. Leader is an "early riser", so contact him between 4am and 7pm if you have any questions. Rentals are not available. Leader: Dave L. Cell 609-784-4066 or e-mail dlynch50@verizon.net

JULY 25

Saturday

4:00 p.m.

SUNSET CRUISE AND COOKOUT ON THE MULLICA RIVER. Bring your favorite cook out/picnic food. Grills will be fired up and ready at Crowley's Landing for the dinner stop. PFD must be worn. *YOU MUST BRING FLASHLIGHT AND REMAIN WITH GROUP.* Meet at Pleasant Mills (Mullica River put-in off of Rte. 542, before Batsto Village.) Leaders: Kathy and Frank Pearce, 856-767-2780 mailto:hornet71@verizon.net

JULY 25

Saturday

6:00 p.m.

LEBANON WORKOUT. This is intended as a fitness activity in the woods. Approximately 8-9 miles at a 3 mph pace. See the full description for July 4th, Meet at the campground parking area in Brendan Byrne SF. Leader: Jay Schoss, cell 908-692-5765, email: walkingmud@aol.com.

JULY 26

Sunday

9:00 a.m.

**INDIVIDUAL
REGISTRATION
REQUIRED**

STONY BROOK – MILLSTONE WATERSHED NATURE PRESERVE HIKE. 7 miles, moderate pace. Wargo Pond, Stony Brook and visit the Nature Center after this loop hike. Hiking boots suggested as there may be water on some trails. Bring lunch or a snack to eat on the trail. Take Route 95 to exit 4 (Routt 31). Take Route 31 North to a fork (known as the Pennington Circle). Go to your left at the fork and stay on Route 31 for approx. 2.5 miles. Titus Mill Rd will be on your right. Look for the sign "Watershed Reserve". Turn right onto Titus Mill Rd and go approx. 1.5 miles to the second Watershed entrance on the left. The first entrance is a one way out. The parking lot is at end of the driveway across from the Nature Center. NP, FS, NC **NOTE EARLY START TIME - BRING WATER.** Leaders: Ray Wittkop, 856-662-4012, email: BarbnRayHikers@aol.com Beth Compagnucci, 973-879 0055 email:bcompagnucci@comcast.net.

JULY 26

Sunday

9:30 a.m.



GREAT EGG HARBOR RIVER PADDLE. Penny Pot to Lake Lenape. We stop to enjoy the water, stop for lunch and stop along the way again. Bring water to drink, sun screen/ hat as the lake offers no shelter. You'll need it –this is the "big one" 16 mile trip. Meet at Harley Dawn Diner. Leader: Vicki S., 856-256-9568 or ravingwriter@netzero.com

JULY 29

Wednesday

10:00 a.m.

WATER SLIDE AT WILDWOOD, NJ. Take a day off at the Jersey Shore. Come have some fun on the water slides. Bad weather cancels. Bring or buy lunch. Seniors have been free prior years. Meet at 25th street and the Boardwalk in North Wildwood at the entrance for Morey's Pier. Dave and Julie Hegelein, 856-235-8792 or our cell the night before or that day 609-332-9262.

JULY 29

Wednesday
6:00 p.m.
(Call)



LAKE EFFECT AFTER WORK HIKE. 3 miles, moderate pace with several opportunities to opt out early. Meet at Washington Lake Park, 626 Hurffville Cross Keys Road, Sewell, NJ (Washington Township). Enter the park from either Greentree Rd. or Hurffville Cross Keys Road. Meet at the ranger station in the middle of the park. Restrooms may not be opened. Leader: Rick Galster, H: 856-256-0379, C: 856-449-6636 or email: retslager55@hotmail.com. Call prior to hike.

**Recurring Every
Wednesday**

JULY 30

Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Boulevard cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill, 856-772-6465 or email: Geofneil@aol.com.

JULY 31

Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See JULY 3 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mailto:mike@mikebaker.com email: alison@mikebaker.com.



AUGUST

*"I can accept failure, but I can't
accept not trying."*



RESERVATIONS AND DEADLINES

Act Now! Make your reservations as soon as possible. Spaces usually are limited. Don't miss out by waiting too long.

BUS TRIP TO NEW YORK CITY. See Coming Events September 12 entry.

SEPTEMBER IN WESTERN MAINE. See coming events.

PRINCETON, NJ HIKE. See August 1 entry.

SUNSET KAYAK ON THE BATSTO. See August 5 entry.

FOSSIL SHARK TOOTH TRIP TO BIG BROOK. See August 9 entry.

PENNYPACK AND LORIMER PARKS HIKE. See August 9 entry.

PRINCETON MOUNTAIN LAKES HIKE. See August 29 entry.

ROSEDALE PARK HIKE. See September 12 entry.

ASSATEAQUE ISLAND KAYAK TRIP WEEKEND. See September 18-20 entry.

OCSJ FALL CAMPOREE. See September 25-27 entry.

FOSSIL SHARK TOOTH TRIP TO BIG BROOK. See September 27 entry.

COLUMBUS DAY WEEKEND. See October 9-12 entry.

ANNUAL FALL X/C SKI MEETING. See October 16 entry.

***Note various trips require participants to contact leader to
confirm participation***

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW.OCSJ.ORG)
FOR LATEST TRIP INFORMATION.**

**CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST INFORMATION.
FOR DETAILS GO TO THE BICYCLING HOME PAGE.**

AUGUST 1

Saturday
8:00 a.m.

**Individual
Registration
Required**

PRINCETON, NJ HIKE. 12 miles, moderate to brisk pace. A loop hike that includes Princeton Battlefield State Park, the Institute Woods, and the D&R Canal. Two drop out points for those that wish to do less miles. The park is located on Mercer Road (Princeton Pike) 3.8 miles north from exit 8B of Rt 95. Bring lunch to eat on the trail. Meet in the only parking lot of the Battlefield. NP, FS, NC. **NOTE EARLY START TIME – BRING WATER.** Leaders: Ray Wittkop, 856-662-4012, email: BarbnRayHikers@aol.com. Beth Compagnucci, 973-879 0055 email: bcompagnucci@comcast.net.

AUGUST 1

Saturday
1:00 p.m.

WOODSTOCK ON THE GREAT EGG. We will celebrate the 40th anniversary of Woodstock, with a Woodstock reunion. Paddle from Weymouth Furnace to Lake Lenape. Meet at Weymouth Furnace. Tie- Dye shirts, love Beads and Bandanas and head bands are a must. Afterwards we will grill Hotdogs while listening to songs from the Woodstock era. Hotdogs will be supplied by the leader. Bring Food to share with the group call or e-mail to confirm Tim Jowett 856-464-2136, or, timjs10@aol.com

AUGUST 1

Saturday
6:00 p.m.

LEBANON WORKOUT. This is intended as a fitness activity in the woods. Approximately 8-9 miles at a 3 mph pace. **See the full description for July 4th,** Meet at the campground parking area in Brendan Byrne SF. Leader: Jay Schoss, cell 908-692-5765, E-mail: walkinginmud@aol.com.

AUGUST 2

Sunday
10:00 a.m.

MULLICA RIVER SUMMER SERENADE PADDLE. Meet at Atsion Rangers Station. Paddle from Rt 206 thru “Lillypad City” ending at Pleasant Mills takeout.. Leader: Vicki S., 856-256-9568 or ravingwriter@netzero.com

AUGUST 2

Sunday

CANOE/KAYAK ON THE CROSSWICKS CREEK/H-T-B MARSH. Native Americans thrived on these lands more than 10,000 years ago. See where Joseph Bonaparte’s Bordentown estate, Point Breeze, was located on the bluffs above the Crosswicks. This is a shuttleless 8 mile round trip to Roebling Park for our lunch break; bring lunch and beverage. Optional walk to Spring Lake after lunch. Contact leaders to confirm trip and participation. Leaders: George & Leona F 609-259-3734 or Leona@pineypaddlers.com

AUGUST 5

Wednesday
4:00 p.m.

SUNSET KAYAK ON THE BATSTO. From Quaker Bridge to the Lake, bring water, food and a flashlight. Trip requires a dirt road shuttle before and after. Sorry no rentals. Call or e-mail for meeting location. Pat Burton 856 –767- 8064 camperpat@hotmail.com

AUGUST 5

Wednesday
6:00 p.m. (Call)

**Recurring Every
Wednesday**

LAKE EFFECT AFTER WORK HIKE. 3 miles, moderate pace with several opportunities to opt out early. Meet at Washington Lake Park, 626 Hurffville Cross Keys Road, Sewell, NJ (Washington Township). Enter the park from either Greentree Rd. or Hurffville Cross Keys Road. Meet at the ranger station in the middle of the park. Restrooms may not be opened. Leader: Rick Galster, H: 856-256-0379, C: 856-449-6636 or email: retslager55@hotmail.com. Call prior to hike.

AUGUST 6

Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill 856-772-6465 or email: Geofneil@aol.com.

AUGUST 7

Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See JULY 3 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, email: mike@mikebaker.com, email: alison@mikebaker.com.

AUGUST 8

Saturday
4:30 p.m.

MOUNTAIN LAKES PARK, ON MOUNTAIN AVE., PRINCETON NJ. Approximately 7 miles. Moderate/brisk pace. Children who are accustomed to this speed and distance welcome. Dogs on short leads ok. Snack stop en route. Directions: those coming from the south will probably enter Princeton on Rt. 206. Note that upon entering Princeton 206 makes a turn to the left. It is called Bayard Lane for the next stretch. Go approximately .75 miles, and bear right at the jug handle to make a left turn onto Mountain Avenue parking lot is soon after the turn and is on the right. Hike leader: Lenore Brown, 609-924-6519 or 609-672-4884, lifemaster2000@yahoo.com.

AUGUST 8

Saturday
6:00 p.m.

LEBANON WORKOUT. This is intended as a fitness activity in the woods. Approximately 8-9 miles at a 3 mph pace. **See the full description for July 4th.** Meet at the campground parking area in Brendan Byrne SF. Leader: Jay Schoss, cell 908-692-5765, e-mail: walkinginmud@aol.com

AUGUST 9

Sunday
8.00 a.m.

FOSSIL SHARK TOOTH TRIP TO BIG BROOK or where ever we want to go. If you have knowledge of fossil sites along the Crosswicks Creek or other places let me know. Spend a day sifting for Shark Teeth and other fossils from the Cretaceous Period. Trip size is limited to 8-10 people and 2 cars due to limited parking. Shuttle time from Vineland Area is at least 2 hours one way. We can meet and carpool up Rt. 206 along the way. You need to contact me to reserve a spot. I have sifters for everyone. Also, I know several web sites to explore so you know what to look for. Don't wait till the last minute to sign up. John Kee 856-691-3047 mailto:Taxman56@aol.com Please put OCSJ in all e-mail headers

AUGUST 9

Sunday
9:00 a.m.

BATSTO OR BUST PADDLE TRIP. We go in at Quaker Bridge, take out at Batsto Lake. Volunteer shuttle. Call or E-mail to confirm. Leader: Vicki S. 856-256-9568 or ravingwriter@netzero.com

AUGUST 9

Sunday
9:00 a.m.

**INDIVIDUAL
REGISTRATION
REQUIRED**

PENNYPACK AND LORIMER PARKS HIKE. 5 or 10 miles, moderate pace. A figure eight hike through the parks. Bring lunch; we will eat lunch at the half- way point. Meet at the Pennypack Park parking lot off Pine Road. This meeting place is about 20 minutes from the Tacony/Palmyra bridge. Come over the bridge and take the second right at the base onto State Road (Rt. 73). (From there it is 1.7 miles to Rhawn St). Stay to the left when you come to the fork in the road. Turn left onto

Rhawn Street and drive approx 4 miles to where the street dead ends into Huntington Pike. Pine Road is the first street on the right. There is a Dunkin Doughnuts on the corner. Turn right onto Pine Road and go slightly over 1 mile to the entrance of the parking lot on the right, just before you cross Pennypack Creek. NP, FS, NC. Leaders: Ray Wittkop, 856-662-4012, email: BarbnRayHikers@aol.com and Beth Compagnucci, 973-879 0055 mailto:bcompagnucci@comcast.net.

AUGUST 12

Wednesday
6:00 p.m. (Call)
***Recurring Every
Wednesday***

LAKE EFFECT AFTER WORK HIKE. 3 miles, moderate pace with several opportunities to opt out early. Meet at Washington Lake Park, 626 Hurffville Cross Keys Road, Sewell, NJ (Washington Township). Enter the park from either Greentree Rd. or Hurffville Cross Keys Road. Meet at the ranger station in the middle of the park. Restrooms may not be opened. Leader: Rick Galster, H: 856-256-0379, C: 856-449-6636 or email: retslager55@hotmail.com. **Call prior to hike.**

AUGUST 13

Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Boulevard cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill, 856-772-6465 or email: Geofneil@aol.com.

AUGUST 13

Thursday
7:30 p.m.



CLUB MEETING. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Route 70 in Cherry Hill.

AUGUST 14

Friday
7:00 p.m.

FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See JULY 3 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mike@mikebaker.com alison@mikebaker.com.

AUGUST 15

Saturday
9:00 a.m.

CANOE/KAYAK THE N. BRANCH RANCOCAS CREEK. Join me for a 10-mile summer paddle on my favorite Pinelands river. We always see turtles sunning on branches in the water. Depending on water levels we'll paddle either from Greenwood Bridge to Pemberton or from the trailhead behind Burlington County Community College to Smithville. Meet at the Canoe Trail launch ramp on W. Rancocas Road, off Rt. 530 in Pemberton. Leader is an "early riser", so contact him between 4am and 7pm if you have any questions. Rentals are not available. Leader: Dave L. Cell 609-784-4066 or e-mail dlynch50@verizon.net

AUGUST 15

Saturday
10:00 a.m.

ATLANTIC CITY. 9-10 miles, easy to moderate pace. Hike, swim, gamble, dine or just spend the day at the shore. Bring lunch or buy lunch at The Irish Pub. Bad weather cancels. Meet on the Boardwalk in front of Caesar's Casino. Dave and Julie Hegelein, 856-235-8792 or cell the night before or on the day of hike 609-332-9262.

AUGUST 15

Saturday
6:00 p.m.

LEBANON WORKOUT. This is intended as a fitness activity in the woods. Approximately 8-9 miles at a 3 mph pace. See the full description for July 4th, Meet at the campground parking area in Brendan Byrne SF. Leader: Jay Schoss, cell 908-692-5765, email: walkinginmud@aol.com

AUGUST 15

Saturday
7:30 p.m.



METEOR SHOWER HIKE. 6 miles, moderate pace. We will do a short hike on sandy roads and return to watch the Perseid Meteor shower, a solar system spectacular. Bring snack type food to share at our tailgate social after the hike, a chair or blanket to sit on. NP/NC. Meet in open field next to Atsion Office on Rt. 206, 10 miles south of Red Lion Circle, Rt 70 & 206. and 5 north of Hammonton. Leader: Paul Serdiuk, evenings only-609-462-3593 or pis1@cccnj.net.

AUGUST 16

Sunday
9:00 a.m.

CLASS C. FAMOUS BAGEL RIDE. 30 miles. Great ride in Burlington County with a bagel stop. Meet at Moorestown High School, Bridgeboro Road, Moorestown. Leader: Fran H., 856-786-0048, email: franhorn@aol.com

AUGUST 16

Sunday
10:00 a.m.

THE WOODS OF WENONAH HIKE. 5.5 miles, moderate pace. Hike a circuitous route thru the woods around Wenonah, walking along the Mantua Creek and the Monongahela Brook. Experience hills, ravines and mud as we look alive being stalked by vultures. See the refurbished tea house and the ruins of an old amphitheater, as well as Victorian mansions on this little known gem of a trail. Boots are highly recommended. Bring lunch and drink for dining at the Wenonah War Memorial Park. Directions from Philadelphia, take Walt Whitman Bridge Route 42 south to Route 55 south, follow Rt 55 south to exit 53, Rt 553 (Woodbury Glassboro Road.) North 1.7 mi., left onto Barkbridge Rd., go 50 yards, then left into parking lot. Leader: Rick Galster mailto:retslager55@hotmail.com, H: 856-256-0379 C: 856-449-6636.

AUGUST 19

Wednesday
9:00 a.m.



CANOE/KAYAK CEDAR CREEK TO LANOKA HARBOR. Enjoy a summer paddle in the amber-colored waters of Cedar Creek. We'll paddle 7 miles from Ore Pond to Dudley Park with an option to continue 2 miles to Lanoka Harbor. Meet at Double Trouble Park, Pinewald-Keswick and Double Trouble Roads. Please contact leaders to confirm trip and meeting logistics. Leaders George & Leona F., 609-259-3734 or leona@pineypaddlers.com

AUGUST 19

Wednesday
6:00 p.m. (Call)
**Recurring Every
Wednesday Night**

LAKE EFFECT AFTER WORK HIKE. 3 miles, moderate pace with several opportunities to opt out early. Meet at Washington Lake Park, 626 Hurffville Cross Keys Road, Sewell, NJ (Washington Township). Enter the park from either Greentree Rd. or Hurffville Cross Keys Road. Meet at the ranger station in the middle of the park. Restrooms may not be opened. Leader: Rick Galster, H: 856-256-0379, C: 856-449-6636 or email: retslager55@hotmail.com. Call prior to hike.

AUGUST 20

Thursday
9:00 a.m.

CANOE / KAYAK TOMS RIVER. Follow the route of the Annual Toms River Canoe Race without the competition. Ten miles of changing scenery and river conditions from park and forest to open bay and river. Contact leaders to confirm participation. We will meet at Friendly's on Rt. 37, just past mile post 4, on the East bound side. Come early and join us for breakfast. **Bring six quarters for the parking meter at the take out.** Joe Logan, 609-634-1542, or mayandpops@aol.com

AUGUST 20

Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet

at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill, 856-772-6465 or email: Geofneil@aol.com.

AUGUST 21

Friday
9:30 a.m.



WADING RIVER PADDLE. Spend a few hours on a beautiful, twisty and partially shaded river. Meet at Mick's Canoe and Kayak Rental www.mickscanoerental.com/ Call 1-800-281-1380 to reserve a boat. Rain cancels. Bring lunch and water. Reservations with leader are appreciated but not required. If you discover at the last minute that you can join us, come on down! Well behaved dogs are welcome on this trip. Call or email Becky S. if you have questions. quasar@snip.net or 856-218-7725.

AUGUST 21

Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See JULY 3 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, <mailto:mike@mikebaker.com>, email: alison@mikebaker.com.

AUGUST 22

Saturday
9:00 a.m.

CANOE / KAYAK TOMS RIVER. Follow the route of the Annual Toms River Canoe Race without the competition. Ten miles of changing scenery and river conditions from park and forest to open bay and river. Contact leaders to confirm participation. We will meet at Friendly's on Rt. 37, just past mile post 4, on the East bound side. Come early and join us for breakfast. Bring six quarters for the parking meter at the take out. Joe Logan, 609-634-1542, or mayandpops@aol.com

AUGUST 22

Saturday
10:30 a.m.

FAMILY HIKE CATTUS ISLAND COUNTY PARK. 2-1/2 or 6 miles, easy pace. This park is a jewel of the Jersey shore with great views of the bay and surrounding wetlands. We will do a 2-1/2 mile loop, and then eat lunch at the nature center. After lunch another 3 to 4 miles for those willing and able. Hike open to all members. Good hike for families with children who can walk 2-1/2 miles. Nice interactive nature center open to the public after hike. Light long pants recommended. Bring insect repellent. Directions: Rt. 37 East. Three miles east of Parkway, turn left onto Rt. 627 (Vaughn Ave). Then right on Bay Avenue, left on Fischer Blvd and right on Cattus Island Blvd. Then turn left into park. Drive in 0.5 mil and park in third lot. Meet by large Cattus Island Park map. Leader: Bruce Steidel, 609-915-0956 bsteidel@aol.com.

AUGUST 22

Saturday
6:00 p.m.

LEBANON WORKOUT. This is intended as a fitness activity in the woods. Approximately 8-9 miles at a 3 mph pace. **See the full description for July 4th.** Meet at the campground parking area in Brendan Byrne SF. Leader: Jay Schoss, cell 908-692-5765, email: walkinginmud@aol.com.

AUGUST 23

Sunday
10:00 a.m.

GREAT EGG HARBOR RIVER PADDLE. Weymouth Park to Lake Lenape. We stop to enjoy the water, stop for lunch and stop along the way again. Bring water to drink, sun screen/ hat as the lake offers no shelter. Meet at Weymouth Park. Call or email to confirm. Leader: Vicki S., 856-256-9568 or ravingwriter@netzero.com

AUGUST 26

Wednesday
6:00 p.m. (Call)
**Recurring Every
Wednesday**

LAKE EFFECT AFTER WORK HIKE. 3 miles, moderate pace with several opportunities to opt out early. Meet at Washington Lake Park, 626 Hurffville Cross Keys Road, Sewell, NJ (Washington Township). Enter the park from either Greentree Road or Hurffville Cross Keys Road. Meet at the Ranger Station in the middle of the park. Restrooms may not be opened. Leader: Rick Galster, H: 856-256-0379, C: 856-449-6636 or <mailto:retslager55@hotmail.com>. **Call prior to hike.**

AUGUST 27

Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3 .8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill 856-772-6465 or [email: Geofneil@aol.com](mailto:Geofneil@aol.com).

AUGUST 28

Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See JULY 3 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, [email: mike@mikebaker.com](mailto:mike@mikebaker.com)
[email: alison@mikebaker.com](mailto:alison@mikebaker.com).

AUGUST 29

Saturday
9:00 a.m.
**Individual
Registration
Required**

PRINCETON MOUNTAIN LAKES HIKE. 7-8 miles. Moderate pace. This hike includes the Princeton Day School, and John Witherspoon Woods. We are very pleased to have Steve Bailey who teaches at Princeton Day to be our host/guide for this hike. From the turnpike exit 7B (Route 206 North) Drive approximately five miles north on Route 206 to Elm Road. Turn left on Elm Road which becomes The Great Road. Proceed 1.6 miles and then turn left into the Princeton day School campus. Bring lunch or a snack to eat at the midway point. NP, NC, FS. **NOTE EARLY START TIME - BRING WATER.** Leaders: Ray Wittkop, 856-662-4012, <mailto:BarbnRayHikers@aol.com>, Beth Compagnucci, 973-879 0055
[email: bcompagnucci@comcast.net](mailto:bcompagnucci@comcast.net).

AUGUST 29

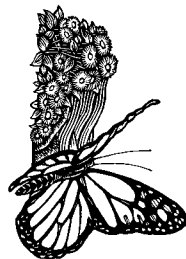
Saturday
6:00 p.m.

LEBANON WORKOUT. This is intended as a fitness activity in the woods. Approximately 8-9 miles at a 3 mph pace. **See the full description for July 4th,** Meet at the campground parking area in Brendan Byrne SF. Leader: Jay Schoss, cell 908-692-5765, [email: mailto:walkinginmud@aol.com](mailto:mailto:walkinginmud@aol.com).

AUGUST 30

Sunday
10:00 a.m.

PADDLE THE MAURICE RIVER. We will start at Willow Grove Lake and go to Sherman Ave. (long trip). Meet at the Malaga five points Wawa Delsea Drive and Rt 40. Call or E-mail to confirm. Leader: Vicki S., 856-256-9568 or ravingwriter@netzero.com





SEPTEMBER

*“Keep high aspirations, moderate expectations
and small needs.”*



RESERVATIONS AND DEADLINES

Act Now! Make your reservations as soon as possible. Spaces usually are limited.

Don't miss out by waiting too long.

BUS TRIP TO NEW YORK CITY. See Coming Events September 12 entry.

SEPTEMBER IN WESTERN MAINE. See coming events.

ROSEDALE PARK HIKE. See September 12 entry.

ASSATEAQUE ISLAND KAYAK TRIP WEEKEND. See September 18-20 entry.

OCSJ FALL CAMPOREE. See September 25-27 entry.

FOSSIL SHARK TOOTH TRIP TO BIG BROOK. See September 27 entry.

COLUMBUS DAY WEEKEND. See October 9-12 entry.

ANNUAL FALL X/C SKI MEETING. See October 16 entry.

**Note various trips require participants to contact
leader to confirm participation.**

**CHECK THE OCSJ WEBSITE ON YOUR COMPUTER AT (WWW.OCSJ.ORG)
FOR LATEST TRIP INFORMATION.**

**CYCLISTS JOIN THE GOOGLE GROUPS FOR THE LATEST INFORMATION.
FOR DETAILS GO TO THE BICYCLING HOME PAGE.**

SEPTEMBER 2

Wednesday

6:00 p.m. (Call)

**Recurring Every
Wednesday**

LAKE EFFECT AFTER WORK HIKE. 3 miles, moderate pace with several opportunities to opt out early. Meet at Washington Lake Park, 626 Hurffville Cross Keys Road, Sewell, NJ (Washington Township). Enter the park from either Greentree Rd. or Hurffville Cross Keys Rd. Meet at the ranger station in the middle of the park. Restrooms may not be opened. Leader: Rick Galster, H: 856-256-0379, C: 856-449-6636 or mailto:ret-slager55@hotmail.com. Call prior to hike.

SEPTEMBER 3

Thursday

6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill 856-772-6465 or email: Geofneil@aol.com.

SEPTEMBER 4

Friday

7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See JULY 3 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mailto:mike@mikebaker.com, mailto:alison@mikebaker.com.

SEPTEMBER 5

Saturday

9:00 a.m.

BALDPATE MOUNTAIN/WASHINGTON CROSSING STATE PARK HIKE. Approximately 9 miles, moderate/brisk pace. Children who are accustomed to this speed and distance welcome. Dogs on short leads ok. Snack or lunch stop en route. Directions: Get onto route 29 North. Go approximately 2 miles beyond Washington Crossing. Turn right onto Fiddlers Creek Road. Parking area is on the left soon after the turning. Leaders: Lenore Brown 609-924-6519 or 609-672-4884, lifemaster2000@yahoo.com and Beth Compagnucci, 973-879-0055, bcompagnucci@comcast.net.

SEPTEMBER 5

Saturday
6:00 p.m.

LEBANON WORKOUT. This is intended as a fitness activity in the woods. Approximately 8-9 miles at a 3 mph pace. **See the full description for July 4th,** Meet at the campground parking area in Brendan Byrne SF. Leader: Jay Schoss, cell 908-692-5765, email: walkinginmud@aol.com.

SEPTEMBER 6

Sunday
10:00 a.m.

SONG OF THE PITCHER PLANT PADDLE ON OSWEGO RIVER. We meet at Oswego Lake Put-In. Volunteer shuttle. Pack lunch. Call or email to confirm. Leader: Vicki S., 856-256-9568 or ravingwriter@netzero.com

SEPTEMBER 6-11

Sun.-Fri.

SEPTEMBER IN WESTERN MAINE. See Coming Events and website for details. Contact: Judy Norcross, 856-235-8735, email: jsnorcross@aol.com.

SEPTEMBER 9

Wednesday
6:00 p.m. (Call)
**Recurring Every
Wednesday**

LAKE EFFECT AFTER WORK HIKE. 3 miles, moderate pace with several opportunities to opt out early. Meet at Washington Lake Park, 626 Hurffville Cross Keys Road, Sewell, NJ (Washington Township). Enter the park from either Greentree Rd. or Hurffville Cross Keys Road. Meet at the ranger station in the middle of the park. Restrooms may not be opened. Leader: Rick Galster, H: 856-256-0379, C: 856-449-6636 or email: retslager55@hotmail.com. Call prior to hike.

SEPTEMBER 10

Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill 856-772-6465 or email: Geofneil@aol.com.

SEPTEMBER 10

Thursday
7:30 p.m.



CLUB MEETING. Board of Trustees. Activity Committees Leaders. New Cherry Hill Library, 1100 Kings Hwy. (Rt. 41) North of Route 70 in Cherry Hill.

SEPTEMBER 11

Friday
9:30 a.m.

WADING RIVER PADDLE. Spend a few hours on a beautiful, twisty and partially shaded river. Meet at Mick's Canoe and Kayak Rental www.mickscanoorental.com/ Call 1-800-281-1380 to reserve a boat. Rain cancels. Bring lunch and water. Reservations with leader are appreciated but not required. If you discover at the last minute that you can join us, come on down! Well behaved dogs are welcome on this trip. Call or email Becky S. if you have questions. quasar@snip.net or 856-218-7725.

SEPTEMBER 11

Friday
7:00 p.m.

FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See JULY 3 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, email: mike@mikebaker.com, alison@mikebaker.com.

SEPTEMBER 12

Saturday
7:30 a.m.



BUS TRIP TO NEW YORK CITY. Meet at 7:30 a.m. the bus departs at 8:00 a.m. Uptown, mid-town, downtown, and don't forget the festival of San Gennaro, Little Italy's best! We drop you off at South Street Seaport, and then pick you up for the return trip home at 7:00 p.m. sharp! Cost is \$25.00 each. Once in New York it is a self guided tour. Make checks payable to OCSJ and mail to Dave Hegelein, 603 Bowling Green,

Moorestown, New Jersey 08057. Advanced registration is a must. No Refunds. Bus departs on time, rain or shine, from the big flagpole at the Moorestown Mall, at Lenola Road in front of Macy's store. Dave and Julie Hegelein, 856-235-8792.

SEPTEMBER 12

Saturday
9:00 a.m.

CANOE/KAYAK CEDAR CREEK. Join us for George's b'day as we canoe our favorite river and eat cake too!! We'll paddle 7 miles from Ore Pond to Dudley Park. Please contact leaders to confirm trip and meeting logistics. Leaders George & Leona F, 609-259-3734 or leona@pineypaddlers.com

SEPTEMBER 12

Saturday
10:00 a.m.

**Individual
Registration
Required**



ROSEDALE PARK HIKE. 5 or 12 miles, moderate pace. A Pennington, NJ figure eight loop hike that includes Rosedale Park, the Mercer County Equestrian Center, and the Pole Farm. This 1300 acre area includes three streams, a lake, two ponds and lots of wildlife. This can be a challenging hike depending on the conditions of the terrain. There will be some off-trail walking, so hiking boots are recommended. Bring lunch to eat at the half way point. Meet at the main parking lot by the lake near the children's playground. Use MapQuest – 420 Federal City Road, Pennington, NJ or the following directions: Take Rt. 95 to Rt. 31 N (exit 4) and proceed for 1.3 miles to Rt. 546, which comes in from the right. There is a large gas station and a sign "to Lawrenceville" on the corner. Turn right and go straight ahead for 1.8 miles. (This road is Rt 546 for a block, then turns into Blackwell Rd). The road dead ends into Federal City Road. Turn left and go 3/10 of a mile to the park entrance on the right (sharp curve). There is a large sign at the entrance to the park. **INDIVIDUAL REGISTRATION IS REQUIRED FOR THIS HIKE. E-mail preferred.** NP, NC, FS. Leaders: Ray Wittkop, 856-662-4012, mailto:BarbnRayHikers@aol.com and Beth Compagnucci, 973-879-005, email: bcompagnucci@comcast.net.

SEPTEMBER 12

Saturday
6:00 p.m.

LEBANON WORKOUT. This is intended as a fitness activity in the woods. Approximately 8-9 miles at a 3 mph pace. **See the full description for July 4th.** Meet at the campground parking area in Brendan Byrne SF. Leader: Jay Schoss, cell 908-692-5765, email: walkinginmud@aol.com.

SEPTEMBER 13

Sunday
10:00 a.m.

MULLICA RIVER PADDLE. Meet at Atsion Rangers Station. Paddle from Rt 206 thru "Lillypad City" ending at Pleasant Mills takeout. Leader: Vicki S., 856-256-9568 or ravingwriter@netzero.com

SEPTEMBER 13-18

Sun.-Fri.

SEPTEMBER IN WESTERN MAINE. See Coming Events and Website for details. Contact: Judy Norcross, 856-235-8735, E-mail: jsnorcross@aol.com.

SEPTEMBER 14

Monday

CANOE/KAYAK ON THE CROSSWICKS CREEK/HAMILTON TRENTON MARSH. This is a 14-mile shuttleless trip on the Crosswicks Creek Canoe Trail. We paddle with the tide from Bordertown to Anchor Thread Park in Groveville. Bring your lunch to eat in the park. Kayaks must be 12ft or over. Contact leaders to confirm logistics and your participation. Leaders: George & Leona F., 609-259-3734 or Leona@pineypaddlers.com

SEPTEMBER 16

Wednesday
10:00 a.m.

PENNYPACK-LORIMER PARKS LOOP HIKE. 10 miles, moderate pace. Come enjoy these lovely parks at a beautiful time of the year. Meet at Bustleton Avenue & Benton Street park entrance. Cross Tacony-Palmyra bridge into Philadelphia; take Levick St. to Roosevelt Blvd. (Rt. 1). Turn right onto Rt.1-N center lanes; go about 2.5 miles (past Rhawn St) to Strahle Street and turn left. Take Strahle to Bustleton and turn right. Go 1/2 mile to Benton Street, turn left and park. NP. Check with leader if really bad weather is forecast. Leader: Jerry Goldstein, 609-859-8133, email: jerryhyker@yahoo.com.

SEPTEMBER 16

Wednesday
6:00 p.m. (Call)
**Recurring Every
Wednesday**

LAKE EFFECT AFTER WORK HIKE. 3 miles, moderate pace with several opportunities to opt out early. Meet at Washington Lake Park, 626 Hurffville Cross Keys Road, Sewell, NJ (Washington Township). Enter the park from either Greentree Rd. or Hurffville Cross Keys Road. Meet at the ranger station in the middle of the park. Restrooms may not be opened. Leader: Rick Galster, H: 856-256-0379, C: 856-449-6636 or email: retslager55@hotmail.com. **Call prior to hike.**

SEPTEMBER 17

Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around the Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30 p.m. Leader: Jeff Neill, 856-772-6465 or email: Geofneil@aol.com.

SEPTEMBER 18

Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. **See JULY 3 listing for full hike description.** Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, mailto:mike@mikebaker.com, email: alison@mikebaker.com.

SEPTEMBER 18-20

Fri.-Sun.

ASSATEAQUE ISLAND KAYAK TRIP WEEKEND. Kayak and camp at the Federal Campground on Assateaque Island. We will kayak the back bays and visit several islands of interest. Downtime to relax, light hiking trails, optional group dinner in town, Fiddlers Festival or Kite festival as options. Contact leader to confirm trip participation and campground information. Participants will be responsible for their own campsite reservations. Trip will only run with a minimum confirmed group. Leader: Paul Serdiuk, 609-462-3593 evenings only or mailto:pis1@cccnj.net

SEPTEMBER 19

Saturday
9:00 a.m.

CANOE/KAYAK THE N. BRANCH RANCOCAS CREEK. Join me for a 10-mile summer paddle on my favorite Pinelands river. We always see turtles sunning on branches in the water. Depending on water levels we'll paddle either from Greenwood Bridge to Pemberton or from the trailhead behind Burlington County Community College to Smithville. Meet at the Canoe Trail launch ramp on W. Rancocas Rd., off Rt. 530 in Pemberton. Leader is an "early riser", so contact him between 4am and 7pm if you have any questions. Rentals are not available. Leader: Dave L. Cell 609-784-4066 or e-mail dlynch50@verizon.net

SEPTEMBER 19

Saturday
10:00 a.m.

MOORESTOWN LIBRARY TO STRAWBRIDGE LAKE HIKE. 5 miles, easy to moderate pace. We start at the Moorestown

Library and head to Strawbridge Lake and Waterwork woods.
Leader: David Bicking, 609-332-2109,
email: dbickin@yahoo.com.

SEPTEMBER 19

Saturday
7:00 p.m.

OSWEGO LAKE NIGHT HIKE. 10 miles, Moderate paced night walk in Penn State Forest. We will walk some miles in an area hiked infrequently by the club at night. View the night sky and hear the sounds. If the weather is really hot, we may reduce the distance. Bring plenty of liquids and snacks. The hike starts and ends at the lake (beach) parking area. ...hint-hint. Leader: Jay Schoss 908-692-5765 or email: walkinginmud@aol.com.

SEPTEMBER 20

Sunday
9:00 a.m.



CLASS C. FAMOUS BAGEL RIDE. 30 miles. Great ride in Burlington County with a bagel stop. Meet at Moorestown High School, Bridgeboro Road, Moorestown. Leader: Fran H., 856-786-0048, E-Mail: mailto:franhorn@aol.com

SEPTEMBER 20

Sunday
9.30 a.m.

MENANTICO CREEK - BROAD ST TO RT 47. Trip is for intermediate paddler's. If you like a paddle with lots of technical turns this it. You **MUST** be able to handle your boat and be able to get it over obstructions. There will be trees and shallow areas. Call leader for Meeting Place. John Kee 856-691-3047 mailto:Taxman56@aol.com Please put OCSJ is all email headers.

SEPTEMBER 23

Wednesday
10:00 a.m.

TITUSVILLE & WASHINGTON CROSSING S.P. Hike 6-7 miles, moderate pace. Along Delaware River and D&R Canal through an interesting town with many original mid-1800s homes. Bring lunch; covered pavilion with tables and benches. From S.J. take I-295 N. to I-95 S; follow to last exit in N.J. (Rt. 29). Proceed N. to jct. with Rt. 546. Turn left, go short distance and then turn right into parking lot. Park at far end, near rest room facilities. Bad weather cancels. LP. Leaders: Bill Poulson, 856-983-7609. Joe Hummel, 856-235-8817.

SEPTEMBER 23

Wednesday
6:00 p.m. (Call)
**Recurring Every
Wednesday**

LAKE EFFECT AFTER WORK HIKE. 3 miles, moderate pace with several opportunities to opt out early. Meet at Washington Lake Park, 626 Hurffville Cross Keys Road, Sewell, NJ (Washington Township). Enter the park from either Greentree Rd. or Hurffville Cross Keys Road. Meet at the ranger station in the middle of the park. Restrooms may not be opened. Leader: Rick Galster, H: 856-256-0379, C: 856-449-6636 or email: retslager55@hotmail.com. Call prior to hike.

SEPTEMBER 24

Thursday
9:00 a.m.

CANOE / KAYAK TOMS RIVER. Follow the route of the Annual Toms River Canoe Race without the competition. Ten miles of changing scenery and river conditions from park and forest to open bay and river. Contact leaders to confirm participation. We will meet at Friendly's on Rt. 37, just past mile post 4, on the East bound side. Come early and join us for breakfast. **Bring six quarters for the parking meter at the take out.** Joe Logan, 609-634-1542, or mayandpops@aol.com

SEPTEMBER 24

Thursday
6:00 p.m.

ROUND ABOUT HIKE. 3.8 miles, moderate to brisk. Stop on the way home for a turn around The Cooper River Park. Meet at The Cooper River Yacht Club, S. Park Drive. Rain or flooding on Admiral Wilson Blvd cancels. Contact leader before 8:30

p.m. Leader: Jeff Neill, 856-772-6465 or
email: Geofneil@aol.com.

SEPTEMBER 25

Friday
7:00 p.m.



FRIDAY NITE FITNESS HIKE. 8-10 miles, fast pace. See JULY 3 listing for full hike description. Meet at Brendan Byrne State Forest Campground. Leaders: Alison & Mike Baker, 609-758-4768, 609-577-9004, email:mike@mikebaker.com
email: alison@mikebaker.com.

SEPTEMBER 25-27

Noon Friday
To
Noon Sunday

OCSJ FALL CAMPOREE. Camping, hiking, kayaking, biking at Bass River State Forest. Sleeping in the pines to the sounds of nature. Come on down! Join in the fun! We have a group campsite for the weekend. Check in Friday p.m. or Saturday a.m. Campfire each night. Sat you can hike, bike or relax at the lake. Hike and canoe/kayak trips are planned for Sat. On Sunday, after a leisurely breakfast you must break camp. Then you can spend the afternoon hiking, biking or paddling. Bring your bikes and canoes or kayaks! There will be a small per person campsite fee.

CAMPERS MUST CALL OR E-MAIL THE LEADERS AND MAKE A RESERVATION BY SEPTEMBER 17. Members not camping are welcome to join the daily activities. Check web site in September for more details.

Directions: Entrance is on Stage Road. 3.4 miles E. of Rt. 679 (from the W and NW) or 6 miles W of Tuckerton (from the E and N) or 3 miles N of New Gretna (from the S). From all points, follow signs. For GPS users: 762 Stage Rd Tuckerton, NJ 08087. GPS Coordinates DMS 39° 37' 14.30" N 74° 25'28.83" W

For info call or email one of the leaders:

Bruce Steidel, 609-915-0956 <mailto:bsteidel@aol.com>

Scott Eves, 609-805-1463, <mailto:cscotteves@gmail.com>

SEPTEMBER 26

Saturday
9:00 a.m.

CANOE / KAYAK TOMS RIVER. Follow the route of the Annual Toms River Canoe Race without the competition. Ten miles of changing scenery and river conditions from park and forest to open bay and river. Contact leaders to confirm participation. We will meet at Friendly's on Rt. 37, just past mile post 4, on the East bound side. Come early and join us for breakfast. **Bring six quarters for the parking meter** at the take out. Joe Logan, 609-634-1542, or mayandpops@aol.com

SEPTEMBER 26

Saturday
10:00 a.m.

BASS RIVER HIKE. 6-7 miles. Moderate pace. Everyone is welcome to join the campers on a hike around Bass River State Forest. Bring lunch and beverage. Meet at the kiosk parking lot at Lake Absegami, Bass River State Forest. Entrance is on Stage Road, 3.4 miles E of Rt. 679 (from the W and NW); or 6 miles W of Tuckerton (from the E and N); or 3 miles N of New Gretna (from the S). From all points follow signs. Leaders: Christine Denneler, 856-461-5379, Joseph Trujillo, 856-468-4849.

SEPTEMBER 26

Saturday
6:00 p.m.

LEBANON WORKOUT. This is intended as a fitness activity in the woods. Approximately 8-9 miles at a 3 mph pace. **See the full description for July 4th,** Meet at the campground parking area in Brendan Byrne SF. Leader: Jay Schoss, cell 908-692-5765, email: walkinginmud@aol.com.

SEPTEMBER 27

Sunday
8:00 a.m.

FOSSIL SHARK TOOTH TRIP TO BIG BROOK or where ever we want to go. If you have knowledge of fossil sites along the Crosswicks Creek or other places let me know. Spend a day sifting for Shark Teeth and other fossils from the Cretaceous Period. Trip size is limited to 8-10 people and 2 cars due to limited parking. Shuttle time from Vineland Area is at least 2 hours one way. We can meet and carpool up RT206 along the way. You need to contact me to reserve a spot. I have sifters for everyone. Also I know several web sites to explore so you know what to look for. Don't wait till the last minute to sign up. John Kee, 856-691-3047 <mailto:Taxman56@aol.com> Please put OCSJ in all email headers

SEPTEMBER 27

Sunday
10:00 a.m.

GREAT EGG HARBOR RIVER PADDLE. Weymouth Park to Lake Lenape. We stop to enjoy the water, stop for lunch and stop along the way again. Bring water to drink, sunscreen/hat as the lake offers no shelter. Meet at Weymouth Park. Call or E-mail to confirm. Leader: Vicki S. 856-256-9568 or ravingwriter@netzero.com

SEPTEMBER 28

Monday
10:00 a.m.

THE EVERTHING SMITHVILLE PARK HIKE. 5 miles, easy/moderate pace. This hike has everything. Ruins, the N. Branch Rancocas Creek, hardwood forests, a ravine, an historic mansion, a pond with a floating bridge, and nicely defined trails. Join us for an easy paced enjoyable hike. Bring lunch to eat in the park or join us for lunch at the Vincentown Diner. Directions: From Route 38 take Smithville Road North which is a mile West of the Rt. 206 intersection. Then take first right which is Railroad Ave. East and park at first parking lot on the left. Inclement weather cancels. Leaders: Peppy Bath, 609-587-4849, <mailto:pep157@optonline.net> and Manny Robbins, 856-428-4841, email: proteus5@verizon.net.

SEPTEMBER 30

Wednesday
10:00 a.m.

EIGHTH ANNUAL PHILADELPHIA WALK. 10-11 miles, moderate pace. We will pass historic sites, through interesting neighborhoods and view historic sites along the Delaware and Schuylkill Rivers. If permitted we will do the 1/4 mile track at Franklin Field continue on through U of P, Drexel to the Art Museum then return. As in the past will try to attempt something different. Bring lunch. Since the hike is circular there are locations where one may leave the hike for personal reasons after notifying a leader. Meet at the Visitor center in Phila. (NE Corner at 6th & Market). Suggest using PATCO Hi-Speed Line. Many of us will meet at the Woodcrest Station at 9:00 a.m. NP. Leaders: Joe Hummel, 856-235-8817 and Bill Poulson, 856-259-7609.

SEPTEMBER 30

Wednesday
6:00 p.m. (Call)
Recurring
EveryWednesday

LAKE EFFECT AFTER WORK HIKE. 3 miles, moderate pace with several opportunities to opt out early. Meet at Washington Lake Park, 626 Hurffville Cross Keys Road, Sewell, NJ (Washington Township). Enter the park from either Greentree Rd. or Hurffville Cross Keys Rd. Meet at the ranger station in the middle of the park. Restrooms may not be opened. Leader: Rick Galster, H: 856-256-0379, C: 856-449-6636 or email: retslager55@hotmail.com. Call prior to hike

* * * **MEMBERSHIP & RENEWAL INFORMATION** * * *

1. If you elect to receive your Trekker via E-mail, a notice of expiring membership will be mailed to you.
2. If you elected to receive your Trekker via postal mail, check your address label. It's easy to renew. Check the membership desired, include a check for the proper amount, and **return this page** with your label intact on the reverse. We'll take it from there.
3. If your address has changed, please indicate new address. If you move, please file a change of address card with us.
4. Keep your membership current. Memberships must be renewed one month prior to March, June, September, and December. A current paid up membership card must be presented at each outing for free participation, except for fees for campsites, canoe or kayak rentals, transportation and the like.
5. Membership forms may be downloaded from the OCSJ website (www.ocsj.org)

Individual - 1 Year \$20 2 Years \$40	Family - 1 Year \$25 2 Years \$50
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Trekker (our club newsletter) sent by US Mail
1 Year - \$5 2 Years - \$10

MAKE CHECKS OR MONEY ORDERS PAYABLE TO:
Outdoor Club of South Jersey, Inc.
 P.O. Box 455
 Cherry Hill, NJ 08003-0455

- Check desired membership** Check one Check here if this is an address or e-mail change
- Individual \$ _____ New
- Family \$ _____ Renewal
- Trekker \$ _____ (I choose to receive the Trekker via postal mail at \$5.00 per year
Note — Trekker is “FREE” via the club website at www.ocsj.org)
- Gift \$ _____ Gift contribution to **Richard Grevé Memorial Fund** (Not tax deductible).

Please review the “GUEST” policy on our club website at www.ocsj.org

Applicant Last Name _____ First Name _____ M.I. _____

Co-Applicant Last Name _____ First Name _____ M.I. _____

Street Address _____ P.O. Box or Apt. # _____

City _____ State _____ Zip Code _____

() _____

Area Code Telephone # _____ Check here if phone number is unlisted

E-mail Address _____

Check activities in which you would participate
In order of preference: 1-2-3, etc.

- | | | |
|--|--|---|
| <input type="checkbox"/> Backpacking | <input type="checkbox"/> Hiking | <input type="checkbox"/> Basic backpacking course |
| <input type="checkbox"/> Bicycling | <input type="checkbox"/> X-C Skiing | <input type="checkbox"/> Special activities |
| <input type="checkbox"/> Camping | <input type="checkbox"/> Trail Maintenance | <input type="checkbox"/> Committees |
| <input type="checkbox"/> Canoeing/Kayaking | <input type="checkbox"/> Special Programs | <input type="checkbox"/> Special Projects |

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TREKKER SUMMER 2009



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