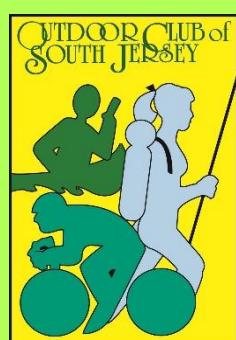


# **Outdoor Club**

**of**



# **South Jersey**

## **August Newsletter**



**August Calendar Photo - "Rocky Run" by Deborah Copenhaver**

## **President's Message**

**Joe Fabian**

OCSJ Members,

I hope you are enjoying the outdoors safely. I'm currently out and about myself! See you on the trails, roads and water.

Joe Fabian President OCSJ [President@ocsj.org](mailto:President@ocsj.org)

## **Vice President's Message**

**Barbara Berman**

I hope most of you have been reading our monthly newsletters and have been finding them very informative. One of the things I'd like to point out is our new "OCSJ Marketplace". This is the place to buy, sell, give, or borrow. I advertised a free bike rack, and although I still have it, 2 members had shown an interest. Unfortunately, it wasn't what they were looking for, but the fact that interest was shown made me think what a great idea this was. Janine Padgett is our new newsletter editor and created this space for you to advertise.

Submit your requests and offers to Janine at [j9padge@gmail.com](mailto:j9padge@gmail.com) for publication. Include a description of the item you are requesting or offering, price or terms of loan, and your contact information. All transactions will be conducted privately between the individuals. Repurposing is certainly a better way than having your items end up in a landfill.

Looking forward to seeing you at events!

Barbara Berman Vice President OCSJ [vpocsj.org](mailto:vpocsj.org)

## **Activity Chair's Message**

**Frank Pearce**

The club is made up of volunteers... We encourage you to be involved!

Check Meetup for the latest activities.

Frank Pearce [hornet71@verizon.net](mailto:hornet71@verizon.net)

## **BIKING**

**[www.meetup.com/Outdoor-Club-of-South-Jersey/](http://www.meetup.com/Outdoor-Club-of-South-Jersey/)  
Message from the Cycling Chair:**

**Neil Kornhauser**



August cycling continues despite record setting heat waves! People are still getting out to cycle, so if you are one of them, remember to hydrate even more than you think! I did talk about proper hydration in last month's newsletter. There are links to previous newsletters on our website, <http://www.ocsj.org>.

The New York City ride was a great success with 15 riders participating. They biked 36 miles in 3 boroughs and travelled over 4 bridges. Pictures are posted in meetup. Thank you, Joe Broski for leading a great the adventure! Everyone had a great time.

Another popular ride started at Sweetwater River Deck near Batsto with lunch after the ride. We had 2 rides on 2 separate dates starting from this location. Thank you to leaders Barbara Boland and Mike Engel for leading these 2 rides. The rides went well and so did lunch!

The hills are alive! Thank you Kristin Fesko for leading 2 hill rides, one out of Cream Ridge and the other out of Pennington. The first ride was a warm up for the more challenging hills of Pennington. We do have many club members that love more challenging rides, so watch the calendar for more of these hill rides.

As always we are looking for volunteers to lead rides, please contact Neil if you are interested.

Be safe out there and see you all on the roads and trails!

Neil Kornhauser (Cycling Chair) [nkornhauser@gmail.com](mailto:nkornhauser@gmail.com)

## TRAIL MAINTENANCE

[www.meetup.com/Outdoor-Club-of-South-Jersey-Hiking/](http://www.meetup.com/Outdoor-Club-of-South-Jersey-Hiking/)

### **Message from the Trail Maintenance Chair:**

**Ro Mason**

*The trail crew is still on summer hiatus.*

Our first trail work project will be on September 11 in Bass River State Forest. Details to follow when they become available. Everyone enjoy the rest of the summer!

Ro Mason is our Trail Representative

To volunteer, email Ro at [romason@comcast.net](mailto:romason@comcast.net)

## HIKING

[www.meetup.com/Outdoor-Club-of-South-Jersey-Hiking/](http://www.meetup.com/Outdoor-Club-of-South-Jersey-Hiking/)

### **Message from the Hiking Chair:**

**Evelyn Minutolo**

It looks like COVID-19 has just morphed again. Please do your best to do your part to end this once and for all. Stay safe, protect others.

Featured hike: I was fortunate enough to attend Ken Mayberg's walking trip in Mystic, Connecticut and hiking in Maine. We had a great time, saw beautiful scenery and restored our souls.

Remember that the club has changed it's policy; you must be a dues paying member to be on Meetup. If you have not paid the dues, please go to <http://www.ocsj.org> and click **join us**. Best \$20 I ever spent!!!

Top tip: If you want to get better at hiking/walking, the only way to do so is get out and walk. Start in your neighborhood. Work up to a mile, two, three, four etc. Distance at first then speed. I know it can be discouraging to show up to a hike, only to find you can't keep up. Don't stop, just work your way up.

We continue to get new leaders, thanks to all the leaders for keeping our spirits up and our bodies fit! If you do not see hikes that fit your pace or distance, then it is time to step up and lead a hike yourself! IT COULD NOT BE ANY EASIER!!! More leaders = more hikes!

If you need help setting up a hike or have questions or if you are interested in leading, email Evelyn Minutolo at [sunsetwaterfall@aol.com](mailto:sunsetwaterfall@aol.com)

Thank you and see you on the trails.

Let's go hiking!!!

Evelyn [SunsetWaterfall@aol.com](mailto:sunsetwaterfall@aol.com)

OCSJ follows LNT (*Leave No Trace*)

*For more information on the  
7 Principles of Leave No Trace, click the link....*

**click here**

## Backpacking/Camping

[www.meetup.com/Outdoor-Club-of-South-Jersey-Hiking/](http://www.meetup.com/Outdoor-Club-of-South-Jersey-Hiking/)

**Message from the Backpacking/Camping Chair:**

**Kevin Drevik**

Backpacking continues to be active in the summer. Anne completed a short hike in the Pine Barrens in July. Tom continues to be actively planning trips. We just completed a 4-day trip to the White Mountains in New Hampshire (and the mountains kicked our butts).

Based on that New Hampshire trip, I have decided to cancel the September trip to NH. The trip needed to be a 4-day trip instead of 3, due to how hard I found it to climb in the White Mountains. I will reschedule this one for next year.

We also have three trips planned over the next three months:

September: Moderate hike in PA

October: Strenuous hike in VT/MA

November: Strenuous hike in VA

Hope to see you out on the trails!

Kevin

contact Kevin <mailto:KDrevik@aol.com>

## KAYAKING

[www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/](http://www.meetup.com/Outdoor-Club-of-South-Jersey-Canoeing/)

### Message from the Kayaking Chair:

**Frank Pearce**

Check Meetup for our latest events on the water.

Frank Pearce [HORNET71@VERIZON.NET](mailto:HORNET71@VERIZON.NET)

## Cross Country Ski and Snowshoe Trips

[www.meetup.com/Outdoor-Club-of-South-Jersey/](http://www.meetup.com/Outdoor-Club-of-South-Jersey/)

### Cross Country Ski Chair: **Vacancy - Volunteer Needed**

Announcement for 2021 -2022 Cross Country Ski Schedule:

<https://ocsj.wildapricot.org/X/C-SKIING-SCHEDULE>

If you have any questions, contact Barbara Brandt [bbrandt46@gmail.com](mailto:bbrandt46@gmail.com)

## **Spotlight On: Faye Bray**

**by: Vera Stek**

There are a handful of people who will go down in the history of the Outdoor Club for being faithful, long-time and very active leaders. One of those, for sure, is Faye Bray, who has been hiking with the club and then leading hikes for nearly three decades.

Faye is renowned for yelling “don’t step on him” as hikers pass near snakes and insects of all kinds. With her affinity for animals, it’s no wonder she rescued at least one stray dog and a baby turkey separated from its family who was flopped over, near death when she found it.

She doesn’t like doing the longer hikes she was known for, but no matter what, she’s still out there. Here’s her story:

*Q. Tell us about yourself.*

**FAYE:** I am retired and have been for 11 years. I have a son, my oldest, 47, living in Savannah, Ga., my middle child, a daughter, 43, lives in North Philly and my youngest one, a son, 41, lives in Delaware. Their father died 20 years ago at 56, so we are all we have.

Born and raised in Fords, I moved to Highland Park when I was 18 after high school, moved to Hightstown, then to Browns Mills, to Jackson, back to Browns Mills and wound up in Whiting. I now live in Crestwood Village 2 in Whiting and love it. I have been here three and a half years and thinking this will probably be my last move because it's very, very nice here.

*Q. When and why did you join the Outdoor Club?*

**FAYE:** I joined the club 28 years ago when I was 45. I hit a plateau at my exercise classes and decided to try something different. My first hike with the club was a fundraiser for Cedar Run Wildlife Refuge and AWA. Chris Denneler and Joe Trujillo led the hike. It was 5 or 10 miles and my daughter said, let's do the 10 miles and get more money raised. I thought I was going to die by the time I got back home, but I wound up joining the Outdoor Club because it was such a terrific hike.

I had been hiking, camping and biking in the Pines for years with my kids so the Outdoor Club was my cup of tea. My first hike leader was a wonderful man, Sam Breyer. He was my idol. I enjoyed the hike so much that I went on every hike that I could possibly go on after that.

*Q. When and why did you become a hike leader? Besides belonging to the Grand Mile Club, do you have any other hiking goals?*

**FAYE:** I was the sweep on other people's hikes for many years and decided maybe 10 years ago to become a hike leader. My one hiking goal was to do the Appalachian Trail after my kids were grown, but could never afford to take off from work for 6 months. So I'll just keep walking around the Pine Barrens.

*Q. What are some of your favorite hikes?*

**FAYE:** I have two favorite hikes. Wheatland is one, mostly because there are no deer flies during the summer and many fire cuts to go up and down. My second favorite is Whites Bog. I never get tired of the beauty of that place.

*Q. Have you gone on hiking vacations?*

**FAYE:** I have gone on hiking vacations from Washington, Oregon, Harriman, the Catskills up to the mountains in Maine. I spent most of my vacations in the White Mountains; it's one of my favorite hiking vacations, with so much to see and so many mountains to do.

*Q. Do you see any downside to hiking? Ever had any problems on a hike?*

**FAYE:** I don't think there is any downside to hiking including the 100 tick and chigger bites I just got a few days ago. It apparently isn't a downside, because I keep doing it. I've never had any problems with a hiker getting sick or hurt; at some point or another somebody always falls in water whether it be a puddle or something a little deeper.

*Q. Do you do most of your hiking on club hikes or mostly on your own?  
Has COVID interfered with your hiking?*

**FAYE:** I tried to lead as many club hikes as I can. I normally don't go on other people's hikes and most of the time it's just my dog and myself. I enjoy the quiet and the solitude. If I want to sit down I can, if I want to go back to the car I can. I like to bring other people to the woods, so they can enjoy it as much as I do, but I enjoy being alone very much. The virus has not affected my hiking at all. Nothing has changed for me, because I don't do anything other than hike, so I didn't miss going to the movies or going out to eat.

*Q. What are some of your other interests?*

**FAYE:** I come home from hiking, have lunch, relax in the sunroom and watch the birds, chipmunks, squirrels and whatever else happens to walk through the yard. I could sit there for hours watching everything.

I really don't have any other interests. I was an avid movie goer before I moved to Whiting, but not so much in the three and a half years that I've been here.

*Q. What's something about yourself that might surprise others to know?*

**FAYE:** I don't think there is anything that would surprise anybody to know about me except maybe that I used to ride with a motorcycle club many, many years ago. I used to have a 650 Triumph.

I love horror and action movies. I love to watch the MMA fights. I only read Stephen King and Dean Koontz. I love all animals!!!!

## **SOCIAL COMMITTEE**

**John Kerney - Coordinator**

Save The Date: November 20, 2021

2nd Annual OCSJ Fall Social

Riverton Country Club 1416 Highland Ave, Cinnaminson



Exciting news! Our Fall Social will be held on Saturday, November 20th from 5:30 to 8:30pm at Riverton Country Club. We will be enjoying a buffet dinner, DJ and dancing. All members are welcome and can bring a guest. Details on sign ups and pricing will be posted soon. Contact John Kerney for any questions or to volunteer to be on the Social Committee.

John Kerney Social Committee Chair [crewkern@live.com](mailto:crewkern@live.com)

## "THE OCSJ MARKETPLACE"

### **The Place to: BUY - SELL - GIVE - BORROW FOR SALE:**

2 SealLine Clear Dry Bags \$20 5 Liter and 30 Liter size. Quality bags. Used once. Looking for someone who will use them.

Contact Dan (OCSJ Member for 40+ years) call or text 609-923-9469

Mt Laurel for pick up near Laurel Acres

Women's Medium Dry Suit Top: \$175 or best offer.

Never worn. Like new condition. Sells new for \$250. Fits small to medium woman. Mindy Gumminger [mgummingermsn@gmail.com](mailto:mgummingermsn@gmail.com)

Inflatable Kayak \$50 Good for easy lake paddling.

Air pump \$25

Paddle \$50

Contact Fran: [Franhorn@aol.com](mailto:Franhorn@aol.com) or 856-287-6565

## TO GIVE:

### Free Car Bike Rack

Contact Barbara: [bberman96@gmail.com](mailto:bberman96@gmail.com)

## ISO:

In Search Of a used Honda CRV 2017 or newer. If you are selling or know of someone who is selling. Contact Janine: [j9padge@gmail.com](mailto:j9padge@gmail.com)

Submit your REQUESTS and OFFERS to: [j9padge@gmail.com](mailto:j9padge@gmail.com) for publication in the next Newsletter and on our Website. Include a description of the item you are requesting or offering, photos, price or terms of loan, and your contact information. All transactions will be conducted privately between the individuals.



## September Deadline for Taking Photos

Annual Calendar Contest: If you think you have a great photo, save it to your phone, camera or PC, so you can find it when it is time to submit your entries. Photos must be taken between September 2020 through September 2021 to be eligible for the 2021 contest.

Any questions, contact Mike Engel [ikemengel@hotmail.com](mailto:ikemengel@hotmail.com)

## ANNUAL MILEAGE CLUBS

Some of our members like to keep track of their annual mileage and have formed groups within the club. If you would like more information, please contact them.

**The Grand Mileage Club** - These hardy folks strive to hike 1000 miles per year. They report their mileage monthly to Jenny Buffington at [TotallyBuff@comcast.net](mailto:TotallyBuff@comcast.net)

**500 & 750 Mileage Club** - These folks strive to hike either 500 or 750 miles per year. They report their mileage monthly to Ann Palaitis at [ann.m.palaitis@gmail.com](mailto:ann.m.palaitis@gmail.com).

**Bicycling Mileage Club** - Bikers report their miles annually to Neil Kornhauser at [nkornhauser@gmail.com](mailto:nkornhauser@gmail.com).

**Kayaking Mileage Club** - Kayakers report their miles annually to Erika Blank at [powerofpink58@verizon.net](mailto:powerofpink58@verizon.net).

## VOLUNTEER OPPORTUNITIES

### We Need You

**Board of Trustees** - Interested in joining the OCSJ Board? The OCSJ Board meets on the 2nd Thursday of each month at 7 pm. Currently, our meetings are on ZOOM. To attend the meetings contact the OCSJ President, Joe Fabian, at [President@ocsj.org](mailto:President@ocsj.org)

**Publicity** - Are you an influencer? Love social media and publicity? We would like to get the word out and have the OCSJ appear in more places both in print and online. Contact Janine Padgett at [j9padge@gmail.com](mailto:j9padge@gmail.com) with any ideas or if you would like to help.

**Social Committee** - Seeking fun-loving people to help plan our social events. If you would like to join our Social Committee, contact John Kerney at [crewkern@live.com](mailto:crewkern@live.com)

**Website/Computer** - Help Wanted - We are actively seeking someone with website/database/computer experience. Contact the OCSJ President, Joe Fabian at [president@ocsj.org](mailto:president@ocsj.org)

## OCSJ MEMBERSHIP

**There are several ways you can join or renew your OCSJ membership.**

1. Go to **OCSJ.wildapricot.org** or download the Wild Apricot app to your mobile device. Click on the “**Join OCSJ Here**” button and follow the prompts.
2. Mail a check payable to: "OUTDOOR CLUB OF SOUTH JERSEY"

Our mailing address is:

Outdoor Club of South Jersey

PO Box 1681

200 Walt Whitman Ave

Mount Laurel, NJ 08054-9998

Membership Level:

- Family Member - **\$25.00** Subscription period: 1 year (No automatically recurring payments)
- Family Auto Renewal - **\$25.00** Subscription period: 1 year Automatic renewal (recurring payments)
- Single Member - **\$20.00** Subscription period: 1 year (No automatically recurring payments)
- Single Auto Renewal - **\$20.00** Subscription period: 1 year Automatic renewal (recurring payments)

Membership Questions: Please contact OCSJ at [membership@ocsi.org](mailto:membership@ocsi.org)

## TREKKER

The latest printed Trekker is available quarterly from Board Members and Leaders. The printed Trekker is also available at The Print Shop, White Horse Pike in Stratford, NJ.

Contact Doug Hillebrecht at 856-309-8817



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